

Meet Information

Concord University High School Invitational

Saturday April 15th, 2023

Entries: \$50.00 Per team, (men and women separate). \$100.00 Per school

Teams with less than 10 athletes will be \$5.00 per athlete.

Entry Deadline: Entry must be submitted by April 12th, 2022 (Wednesday) at 11:00 pm.

PLEASE MAKE CHECKS PAYABLE TO: *Concord University Foundation Memo: Track*

Mail Checks To:

Attn: Mike Cox
P.O. Box 1000
Campus Box 77
Athens WV 24712

Or Hand Deliver to Mike or Andrew
the day of.

All Entries Will be Done through Hytech Meet Manager:

-Event File is on Run WV

-Email all Entries to Shegele@k12.wv.us

Subject: "Concord University High School Invitational"

NO Limitations to Entries per Event

Track: Six lane, rubberized all-weather track

(Shot Put will Be located at the Backside of the Track, and Discus will be Located at Witherspoon Park Across Campus- Transportation will be provided to athletes)

Rules: WVSSAC will govern the meet

Sanction: Meet will be sanctioned for WV and VA

Awards: Awards for top 3 individuals in each event.

Scoring individual events and relays (10-8-6-4-2-1)

Trophies for top 2 Men's and Women's teams.

Food: A concession stand will be open for all athletes, coaches, and guests. Coaches will get one pass for the concession stand. (1 Soda, 1 Water, 1 Hot Food Item)

Scratch Meeting: We will have a scratch meeting at 9:45am. The meet will start at 10am. All events will be finals (No Prelims). Places will be awarded by distance, jumps, or heights in each event.

Results: No Live Results will be available.

Results will be Printed after each event

Operations: Coaches will be expected to volunteer where needed! (Coaches will be fed!)

Spectators: Parking will be free, and entry to the meet will be **Donation Only**.

Tentative Time Schedule:

9:45am- Coaches Information Meeting at Timing Booth

High School Girls will Compete First then High School Boys

10:00am- Women's 3200M Run

10:20am- Men's 3200M Run

11:00am- Women's 4x800 Meter Relay

11:15am Men's 4x800 Meter Relay

12:00pm- Rolling Schedule

Women's 100M Dash
Men's 100M Dash

Women's 100M Hurdles
Men's 110M Hurdles

Women's 4x200 Meter Relay
Men's 4x200 Meter Relay

Women's 1600M Run
Men's 1600M Run

Women's 4x100 Meter Relay
Men's 4x100 Meter Relay

Women's Shuttle Hurdle Relay
Men's Shuttle Hurdle Relay

Women's 400M Dash
Men's 400M Dash

Women's 300M Hurdles
Men's 300m Hurdles

Women's 800M Run
Men's 800M Run

Women's 200M Dash
Men's 200M Dash

Women's 4x400M Relay
Men's 4x400M Relay

10:00am- Field Events

-Men's Long Jump, Followed by Women's

-Women's Discus, Followed by Men

11:00am- Field Events

-Men's Shot Put, Followed by Women

-Women's High Jump, Followed by Men

Questions:

(Race Director) Coach M. Cox @ 304-952-9244 or cox@concord.edu or
(Ass't Race Director) Coach A. Barbera @ 681-238-3637 or wbarbera@concord.edu or
(Asso't Race Director) Coach J. Gore @ 304-731-5736 or gorej08@mycu.concord.edu