

2025 WVSSAC Region 1 Class A Informational Letter

Region 1 Class A Team List:

Cameron,	Clay-Battelle,	Hundred,	Madonna,
Magnolia,	Paden City,	Parkersburg Catholic,	Ritchie County,
St. Marys,	Tyler Consolidated,	Valley Wetzel,	Wood County Christian

When/Where: Friday, May 16, 2025, Peak Health Track & Field Complex at Mylan Park

Key Times:

- **Fri. May 16 - 12:00 pm:** All entries must be entered on Athletic.net by this time. If you have changes before then please do so on Athletic.net. If you have any scratches/substitutions after the entry deadline you can do them on site.
 - **Please be sure to include all of your relay alternates in athletic.net** and confirm that all of your registered athletes are up to date on your WVSSAC eligibility roster.
- **1:30pm – 2:30pm:** Weights & Measures of implements
- **2:30pm:** Coaches meeting at the 100-meter start line/garage area (also deadline for all scratches and substitutions)
- **3:00 pm:** Field events begin (Boys: Discus, Long Jump, & Pole Vault, & Girls: High Jump & Shot Put)
- **4:15 pm:** Running events begin (using the WVSSAC format for a two-session meet as listed in the February Interscholastic, which can be found on the WVSSAC website under the sport of Track & Field). There will be a 30-minute break between the 1st and 2nd sessions.

Admission: Adults - \$7 & Students - \$5

Awards: 1st place team plaques provided by WVSSAC

Other Notes:

- Live results will be available on live.mountaintiming.com
- Please list six athletes on your relay cards upon arrival, with the top 4 being the athletes competing at the regional and the last two will be alternates for the state meet.
- **In running events, only the top two places in each regional are automatic qualifiers plus the next eight fastest times from ALL regionals will make up the 9-16 qualifying spots for the state meet.**
- Spikes can only be ¼" Christmas tree or shorter & spike checks will occur.
- In field events, each legal throw or jump will be measured.
- In the throws and long jump the top 9 will advance to finals.
- All throwing implements must be weighed and verified prior to the start of field events.
- **In the shot, discus, and long jump, the top two from each will qualify for the state meet plus the next best eight distances. (Field series will be used for all field events)**
- **In high jump and pole vault the top four places qualify for the state meet plus anyone who meets the qualifying standards.** If there is a tie for 4th place, it will be broken using the procedure for first place tie breaking.
 - One more attempt at height failed, bar lowered or raised in increments of 1 inch in high jump and 3 inches in pole vault. If both contestants clear or fail, bar will raise or lower by 1 inch in high jump and 3 inches in pole vault. Each competitor involved in the tie shall attempt one trial at each height until a qualifier is determined.
- **Qualifying Standards in vertical events:**
 - **Boys Pole Vault: 11'6" & Girls Pole Vault 8'6"**
 - **Boys High Jump: 5'10" & Girls High Jump: 5'0"**

Questions:

- **General Meet Info:** J.R. Kraft 304-517-8400
- **Competition Questions:** Dave Hickman 304-685-1543
- **Entries:** Mike Smith 304-998-8681