

Saturday, April 26, 2025

2025 Running with the RAMS

Monarch Stadium - Moundsville, WV

EVENT LOCATION

223 Tomlinson Ave - Moundsville, WV 26041

Field Events Begin
at 10am

Running Events
Begin at approximately 10:45am

Equipment

Starting blocks will be provided by Meet Management
1/8" pyramid spikes **ONLY**

Open to **ALL** middle school grade levels! Each athlete is permitted to compete in **4 events**. (maximum of 3 running and maximum of 2 field events) You will be permitted to enter

2 athletes per event and 1 relay team per relay event.

Boys shot 4.4 kg, girls shot 6lb., discus for all 1K

Shot put , long jump, and discus

There will be **FOUR ATTEMPTS**, no final

Concessions will be available

Submit your entries by

April 24, 2025

@ Events near West Virginia (athletic.net)

Entry Fee

\$60 a Team (\$120 for Boys & Girls)

Checks payable to

Sherrard Middle School

1000 Fairmont Pike

Wheeling, WV 26003

Please contact Ashley West @ ashleywest002@gmail.com or 304 - 312 - 16666

Awards

1st place Teams and High Scorers
1st - 3rd individual and Relays (Medals)
4th - 8th Individual and Relays (Ribbons)