

Shady Spring High School

Vince Culicerto, Head Coach P.O. Box 2001 Shady Spring, WV 25918 (304) 256-4647 Fax: (304) 256-4711

Coach,

Welcome: To the H.B. Thomas Invitational at Shady Spring H.S. The meet will be held on April 24th at 4:00P.M.

Awards: Trophies will be given to top 2 place team finishers in both Boys and Girls divisions. Ribbons will be given to top 6 places in individual events. High point for boys and girls will also be awarded.

Entry Fee: \$60 per team - \$100 for both girls and boys teams- No B teams allowed!!

Entry: Entries will be done through Athletic.net. Entry deadline 2:00pm April 24. Scratch Meeting: Will be at 3:30 P.M. Email or text any scratches, if after meet entry deadline (2:00pm April 24), if you know them ahead of time. (Email and cell # below). We will not download entries till 2:00pm on the day of the event. If you have changes before then, go to Athletic.net and make changes!

Assistance: Coaches will be asked to help with running of meet (field events, back-up timers, bullpen, etc.).

Dinner: Coaches will be fed.

Rules: There will be no <u>pole vault</u> due to not having the equipment for that. All other events will be held according to the "Order of Events: High School One Session Meet" listed in *The Interscholastic*. Field events: 4 throws in shot and disc and 4 jumps in long jump.

Contact: Coach <u>Culicerto 304-573-6484 or vculicerto@netscape.net</u> Betsy Hegele 304-712-0711 or shegele@k12.wv.us.