

Mountaineer Showcase 2025

Hosted by: Friends of Track & Field, WVU and Morgantown HS

The Mountaineer Showcase is a combined college and high school event that displays the top track & field talent in West Virginia and the surrounding area. The meet is held at the Track & Field Facility at Mylan Park, featuring an eight-lane prefabricated, synthetic Mondo Track surface. Mondo is considered a world leader in track and field surfacing and is the surface of choice for the Olympic Games. The facility also features a grass infield for field events, multiple shot put rings and long jump runways, a warm-up area, public restrooms, a press box, and a state-of-the-art electronic scoreboard and timing system. Throwing events (shot put, discus, javelin, hammer, and weight throw) are held on the track's infield with nets that encase the entire throwing area to protect all competitors and spectators.

Dates: Friday, April 25 & Saturday, April 26, 2025. College events will be spread over both days, while the high school events will all be on Saturday. Field events for high school teams will begin at 10 a.m. Saturday with running events beginning at 11 a.m. The meet is scheduled to conclude at about 6 p.m.

Location: The Track Complex at Mylan Park, Morgantown, WV. Mylan Park Track is located about 2 miles off the 155 Exit of I-79. Address - 500 Mylan Park Ln., Morgantown WV 26501

Cost: High School - \$75 per team - \$150 for both boys and girls teams, \$10 for Individual entries. Make Checks Payable to Mylan Park Foundation, Memo: Friends of Track and Field. Mail Checks to Mylan Park Foundation, 500 Mylan Park Lane, Morgantown, WV 26501 OR bring the checks to the meet.

Entries: All high school and youth 1600m entries must be done via www.athletic.net Teams are allowed three (3) entries per individual event and one team per relay.

NFHS Sanctioning: The high school portion of the meet will be sanctioned through the NFHS and the WVSSAC for West Virginia and all surrounding states. Coaches from other states interested in attending, please contact Steve Blinco at blinco2003@yahoo.com

Live Results: www.mountaintiming.com

Admission: \$5.00 Admission for all spectators.

Concessions: Hot and Cold Concessions will be sold. Commemorative T-shirts will be sold.

Spike Specifications: Spike length is not to exceed 1/4 inch or 7mm, Spikes must be Compression Pyramid and Christmas Tree style, NO needles or pointy Pyramid style spikes will be allowed. (Omni-Lites 7 mm Christmas Tree Spikes that meet the Mondo and IAAF requirements will be sold on at the meet). Please purchase spikes before coming to the meet.

Tent City (Team area): Teams can set up tents in the grass area on the outside of the track. No team tents in the bleachers. Bleachers are available for spectators.

Contact: Mike Mosser (304) 685-9126 - mmosser72@comcast.net (Meet Founder and Organizer)
Steve Blinco (740) 310-6350 - blinco2003@yahoo.com (High School Meet Director)
Sean Cleary - scleary@wvu.edu (College Meet Director) or Coach Clara Santucci csantucci26@gmail.com

Order of Events Mountaineer Showcase 2025

Specific times may change slightly after events are seeded.

FRIDAY, APRIL 25

COLLEGE FIELD EVENTS

10 a.m.	Hammer Throw (Women followed by Men)
2 p.m.	Javelin (Women followed by Men)
3 p.m.	Long Jump (Women followed by Men)
6 p.m.	High Jump (Men followed by Women)
6 p.m.	Shot Put (Women followed by Men)
7 p.m.	Triple Jump (Women followed by Men)

COLLEGE RUNNING EVENTS

7 p.m.	Women's 5000M/Men's 5000M
7:45 p.m.	Women's 400M Hurdles/Men's 400M Hurdles
8 p.m.	Women's 1500M/Men's 1500M
8:30 p.m.	Women's 800M/Men's 800M
8:50 p.m.	Men's 3000M Steeplechase/Women's 3000M Steeplechase

SATURDAY, APRIL 26

COLLEGE/HIGH SCHOOL FIELD EVENTS

10 a.m.	College pole vault (Men followed by Women)
10 a.m.	High school first rotation (Girls shot put, high jump; Boys discus, long jump)
12 p.m.	High school second rotation (Boys shot put, high jump; Girls discus, long jump)
2 p.m.	High school pole vault (Boys then girls); College discus (Women then Men)

COLLEGE/HIGH SCHOOL RUNNING EVENTS

11 a.m.	100/110 Hurdle trials (HS girls, college women, HS boys, college men)
11:30 a.m.	100M trials (HS girls, college women, HS boys, college men)
12 p.m.	3200M (HS girls, HS boys)
12:40 p.m.	400M (HS girls, college women, HS boys, college men)

BREAK (1600 Open youth run)

2 p.m.	4x800M Relay (HS girls, HS boys)
2:30 p.m.	100/110 Hurdle finals (HS girls, college women, HS boys, college men)
2:50 p.m.	100M finals (HS girls, college women, HS boys, college men)
3:15 p.m.	4x200M Relay (HS girls, HS boys)
3:30 p.m.	1600M (HS girls, HS boys)
3:50 p.m.	300M Hurdles (HS girls, HS boys)
4:15 p.m.	4x100M Relay (HS girls, college women, HS boys, college men)
4:45 p.m.	800M (HS girls, HS boys)
5 p.m.	200M (timed finals; HS girls, college women, HS boys, college men)
5:30 p.m.	Shuttle hurdle relay (HS girls, HS boys)
6 p.m.	4x400M Relay (HS girls, college women, HS boys, college men)