

**WE'VE GOT THE OLYMPIANS!
AT THE 32ND ANNUAL
"ON THE ROAD"
TRACK & FIELD
WORLD TOUR**

A UNIQUE CAMP EXPERIENCE

2024 TOUR CITIES INCLUDE:
BRISBANE, AUSTRALIA PRAGUE, CZECH REPUBLIC PARIS, FRANCE
ST. GEORGE, GRENADA DOHA, QATAR
RIETI, ITALY OSLO, NORWAY SAN SEBASTIAN, SPAIN

PENNSAUKEN, NJ.....JULY 20 & 21, 2024
PENNSAUKEN HIGH SCHOOL



NOW YOU CAN LEARN THE SECRETS OF THE GREAT ONES!

**THE ONLY CAMP IN THE WORLD
STAFFED EXCLUSIVELY WITH OLYMPIANS
OF THE PAST, PRESENT & FUTURE!**

**THE OFFICIAL TRACK & FIELD CAMP OF THE
NJSIAA, NYSPHSAA, PIAA & LOUCKS GAMES**

****TRUTH IN ADVERTISING, PLEASE READ!****

VERTICAL ADVENTURES SHEDS LIGHT ON A FEW "SCAMS" THAT CAN RUIN A CAMP EXPERIENCE!

- 1) CAMPS ADVERTISING 4 OR 5 DAYS ARE REALLY 2 & 3 DAYS! LATE CHECK-IN ON DAY ONE & EARLY CHECK-OUT THE LAST DAY COUNT AS 2 OF "5" DAYS! ***OUR CAMP IS 2 FULL DAYS OF TRACK & FIELD WITH THE GREATEST STAFF EVER ASSEMBLED!**
- 2) MANY CAMPS EMPLOY "BAIT & SWITCH" TACTICS TO LURE CAMPERS. THEY PROMISE "NAME" CLINICIANS THEN SUBSTITUTE THEM WITH MEDIOCRE STAFF! THEY USE WORDS SUCH AS "FUNDAMENTALS" & "BASICS" TO DESCRIBE THEIR LEVEL OF INSTRUCTION, YET THEY CHARGE YOU PREMIUM PRICES. ****OUR STAFF TEACHES STATE-OF-THE-ART TECHNIQUES AT A CHAMPIONSHIP LEVEL. LEARN WHAT IT TAKES TO BE A CHAMPION, FROM THE CHAMPIONS!**
- 3) **COLLEGE SCAM ALERT:** MANY COLLEGE COACHES PROMISE HELP WITH ADMISSIONS TO THEIR SCHOOL IF YOU ATTEND THEIR CAMP! IT'S ACTUALLY A VERY SERIOUS RECRUITING VIOLATION THAT CAN RESULT IN YOUR CHILD BEING DECLARED INELIGIBLE BY THE NCAA! THIS IS AN EXTENSION OF THE RECENT SCANDALS YOU'VE READ ABOUT INVOLVING HOLLYWOOD CELEBRITIES AND FRAUDULENT ADMISSIONS. ****IF A COLLEGE HASN'T ALREADY RECRUITED YOU, ATTENDING THEIR CAMP WILL NOT HELP YOU WITH ADMISSIONS OR SECURING A SPOT ON THEIR ROSTER! LASTLY, MOST COLLEGES & UNIVERSITIES STAFF THEIR CAMPS WITH CURRENT ATHLETES WHO ARE ONLY A COUPLE OF YEARS OLDER THAN CAMPERS! WHEN CHOOSING A CAMP, STAFF IS THE PRIORITY AND NOT A COLLEGE'S FACILITIES OR DREAMS OF GAINING ADMISSION TO THE SCHOOL!**
- 4) "POLE VAULT ONLY" CAMPS ARE NOTORIOUSLY OVERCROWDED! THEY HAVE 4 TO 10 PITS & ONLY 1 "GURU" TO COACH EVERYONE. THEY WASTE YOUR TIME WITH ENDLESS DRILLS YOU CAN'T RE-CREATE AT YOUR FACILITY!



(LEFT TO RIGHT) ANDRE PHILLIPS WAVES THE AMERICAN FLAG AFTER WINNING THE OLYMPIC GOLD MEDAL IN THE 400 HURDLES, HOLLIS CONWAY ON THE PODIUM TO RECEIVE HIS OLYMPIC SILVER MEDAL IN THE HIGH JUMP, ROCHELLE STEVENS TAKES A VICTORY LAP AFTER WINNING GOLD IN THE 4 X 400M RELAY, CRAIG HUNTER IS THRILLED WITH HIS ALL-AMERICAN FINISH FOR UCONN AT THE NCAA CHAMPIONSHIPS, CAMP DIRECTOR MIKE PASCUZZO CELEBRATES A GREAT HIGH JUMP WIN IN ITALY & OLYMPIC DECATHLETE ROB MUZZIO CAN'T WAIT TO TAKE HIS LAP WITH THE AMERICAN FLAG AT THE BARCELONA OLYMPIC GAMES!



Daily Camp Schedule

Saturday, July 20
7:30am ALL Campers Check-In At The Track @ Pennsauken High School
8:30am Staff Introduction
9am-12 Camp Instruction
12-1pm Lunch
1-4pm Camp Instruction

Sunday, July 21
8:45am Camp Day 2 Introduction
9am-12 Camp Instruction
12-1pm Lunch
1-4pm Camp Instruction
*Camp Ends @ 4pm and ALL Campers Are To Be Picked Up At Pennsauken High School

HIGH JUMP

HOLLIS CONWAY

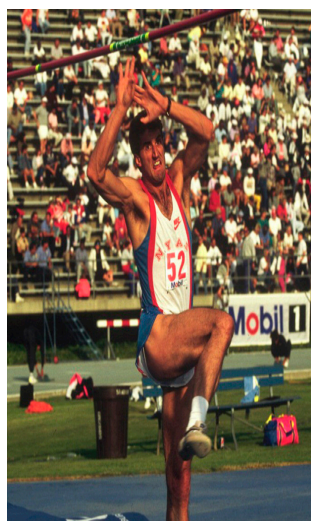
**MIKE VUKOVICH MIKE PASCUZZO
BETH SIMMONS**

THE GREATEST STAFF EVER HAS COMPETED AND COACHED IN 12 OLYMPIC GAMES & OLYMPIC TRIALS!



HOLLIS CONWAY

OLYMPIC SILVER MEDALIST
OLYMPIC BRONZE MEDALIST
WORLD CHAMPS GOLD MEDALIST
2-TIME #1 RANKED IN THE WORLD
AMERICAN RECORD HOLDER
10-TIME USA NATIONAL CHAMPION
3-TIME NCAA CHAMP (SW LA)
2-TIME NCAA RECORD HOLDER
USA TRACK & FIELD HALL OF FAME
PERSONAL BEST OF 7'10 1/2"

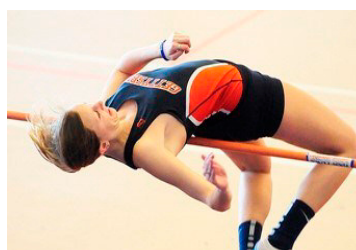


MIKE PASCUZZO

3-TIME USA OLYMPIC TRIALS COMPETITOR
4-TIME USA NATIONAL TEAM
2-TIME ACC CHAMPION
6-TIME ALL-AMERICAN (MARYLAND)
COACHED OLYMPIAN PRISCILLA FREDERICK
285 STATE CHAMPIONS FROM 13 STATES
13 HIGH SCHOOL NATIONAL CHAMPIONS
PERSONAL BEST OF 7'5 1/4"

BETH SIMMONS

USA OLYMPIC TRIALS FINALIST
2-TIME OLYMPIC TRIALS COMPETITOR
NCAA D-III NATIONAL CHAMPION
6-TIME ALL-AMERICAN (WHEATON)
INSTRUCTOR-VERTICAL ADVENTURES
PERSONAL BEST OF 6'1"



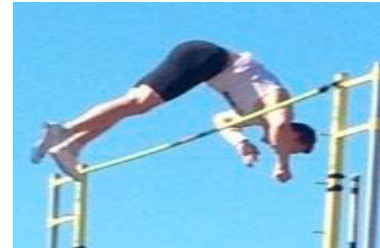
MIKE VUKOVICH

2-TIME OLYMPIC TRIALS COMPETITOR
2-TIME BIG 10 CHAMPION
2-TIME ALL-AMERICAN (MINNESOTA)
PERSONAL BEST OF 7'5 1/4"

POLE VAULT

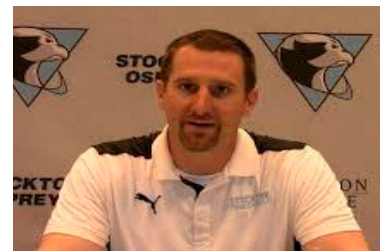
BRENNER ABBOTT

CRAIG HUNTER TODD CURLL
NUMEROUS HIGH SCHOOL/COLLEGE CHAMPIONS COACHED



BRENNER ABBOTT

VAULT COACH @ HARVARD UNIVERSITY
USA OLYMPIC DEVELOPMENT TEAM
2-TIME AMERICA EAST CHAMP (MAINE)
2-TIME NORTHEAST USATF CHAMPION
2-TIME ALL-IC4A TEAM MEMBER
COACH OF SEVERAL ALL AMERICANS
PERSONAL BEST OF 17'2"



TODD CURLL

VAULT COACH @ STOCKTON UNIVERSITY
COACHED 2-TIME NCAA CHAMPION
COACHED DOZENS OF POLE VAULT
& HEPTATHLETE ALL-AMERICANS
DECATHLETE AT SHIPPENSBURG U.

CRAIG HUNTER

3-TIME ALL AMERICAN (UConn)
IC4A POLE VAULT CHAMPION
UConn SCHOOL RECORD HOLDER
NJ H.S. STATE CHAMPION 16'6"
POLE VAULT & JUMPS COACH @
MONTANA STATE
COACHED ALL-AMERICANS &
BIG SKY CHAMPIONS
FORMER COACH @ U. OF ALABAMA
PERSONAL BEST OF 17'11"

DAN INGRUM

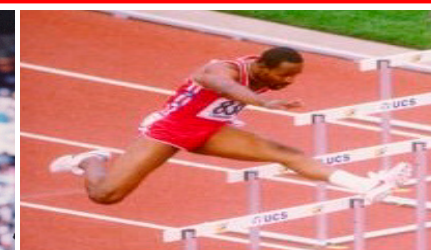
FORMER VAULTER @
STOCKTON UNIVERSITY
POLE VAULT & HEAD COACH
@ ABSEGAMI HIGH SCHOOL
POLE VAULT INSTRUCTOR
@ VERTICAL ADVENTURES

HURDLES

ANDRE PHILLIPS

OLYMPIC GOLD MEDALIST!

ONLY MAN RANKED TOP 3 IN THE WORLD IN BOTH RACES.
THE GREATEST ALL-AROUND HURDLER IN WORLD HISTORY!



ANDRE PHILLIPS

OLYMPIC GOLD MEDALIST (400 IM)
#1 RANKED HURDLER IN WORLD HISTORY
3-TIME #1 RANKED IN THE WORLD
2-TIME WORLD CUP GOLD MEDALIST
ONLY MAN RANKED TOP 3 IN THE
WORLD IN BOTH THE 110H & 400IM
PERSONAL BESTS OF 47.19 (400 IM),
13.25 (110 HH), 44.71 (400 M)

SHOT PUT & DISCUS

ROB MUZZIO

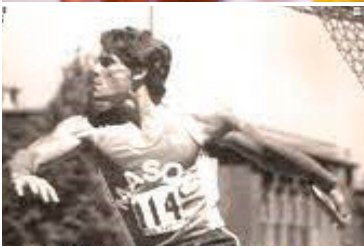
JON KALNAS **BRIAN WETHEY**

LEARN FROM SOME OF THE MOST PROLIFIC THROWERS OF ALL-TIME! OLYMPIC DECATHLETE ROB MUZZIO IS A THROWS SPECIALIST WITH EXPERTISE TO TRAIN EFFECTIVELY FOR BOTH EVENTS. A TRUE "MULTI-THROWS" EXPERIENCE!



JON KALNAS

2-TIME OLYMPIC TRIALS COMPETITOR
3-TIME ALL-AMERICAN (MONMOUTH)
4-TIME IC4A CHAMPION
6-TIME NE CONFERENCE CHAMPION
PERSONAL BEST OF 66'3" (SHOT)



ROB MUZZIO

USA OLYMPIC TEAM MEMBER
3-TIME WORLD CHAMPS. TEAM (1ST DECATHLETE IN HISTORY)
2-TIME NCAA CHAMPION
CAPTAIN OF THE VISA/USA TEAM
CURRENT NCAA DECATHLON
SHOT PUT RECORD HOLDER
PERSONAL BEST OF 8237

BRIAN WETHEY

4 PENN RELAYS CHAMPIONS (SP)
2 PENN RELAYS CHAMPIONS (DISCUS)
14 PA STATE CHAMPIONS (SHOT)
7 PA STATE CHAMPIONS (DISCUS)
2-TIME NATIONAL CHAMPION (SHOT)
THROWS COACH @ RUSTIN H.S.

JAVELIN

JOHN TAYLOR



JOHN TAYLOR

3-TIME USA OLYMPIC TRIALS COMPETITOR
2-TIME IC4A CHAMPION
2-TIME HEPTAGONAL CHAMPION
3-TIME ALL-AMERICAN (PENN)
USATF EAST REGION CHAMPION
THROWS COACH AT
BISHOP McDEVITT HIGH SCHOOL
PRESIDENT/FOUNDER, JAVELIN USA
PERSONAL BEST OF 241'6"

A FUN, FRESH LOOK AT THE JAVELIN FROM THE MOST EXCITING & DYNAMIC COACHES IN THE EVENT!

LONG JUMP & TRIPLE JUMP

NORM TATE **LEROY SOLOMON**

COREY CRAWFORD

LEARN TO TRAIN FOR LONG JUMP & TRIPLE JUMP OR BOTH!



NORM TATE

USA OLYMPIC TEAM MEMBER (TJ)
FORMER AMERICAN RECORD (TJ)
7-TIME USA NATIONAL TEAM MEMBER
3-TIME USA NATIONAL CHAMPION (TJ)
3-TIME USA NATIONAL CHAMPION (LJ)
USA NATIONAL TEAM COACH: '14, '15
'16, '18 & '19 WORLD CHAMPIONSHIPS
USA HEAD COACH '17 PAN AM GAMES
PERSONAL BESTS: 55'11 1/2" (TJ),
27' 1" 1/4" (LJ)

LEROY SOLOMON

OLYMPIC TEAM MEMBER-GUYANA (TJ)
NCAA NATIONAL CHAMPION-D. III
NCAA D-3 NATIONAL RECORD (TJ)
JUMPS & HURDLES COACH AT FDU
COACHED JAMAICA'S WORLD JR.
4 x 100 RELAY TO A SILVER MEDAL
JUMPS COACH-FAIRLEIGH DICKINSON
COACH OF 25 NCAA ALL AMERICANS
PERSONAL BESTS: 25'6" (LJ),
54'8" (TJ)

COREY CRAWFORD

2-TIME OLYMPIC TRIALS COMPETITOR
TOP 10 IN THE WORLD IN 2014, 2018, 2019 & 2021
2-TIME BIG 10 CHAMPION (LONG JUMP)
3-TIME IC4A CHAMPION (LONG JUMP)
COACHED 6 ALL AMERICAN & 6 BIG TEN CHAMPIONS AT RUTGERS
SWEPT THE BIG 10 LONG JUMP IN 2022 (BOTH WOMEN & MEN)
PERSONAL BEST OF 27'3"

SPRINTS & RELAYS

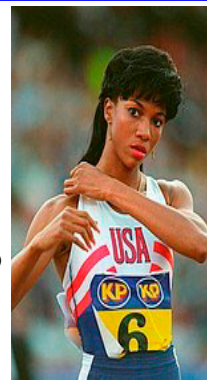
ROCHELLE STEVENS

ONE OF THE MOST VERSATILE SPRINTERS IN THE WORLD!
EXCELLENT RANGE FROM 100M-400M!



ROCHELLE STEVENS

OLYMPIC GOLD MEDALIST (4 x 400)
OLYMPIC SILVER MEDALIST (4 x 400)
WORLD CHAMPIONSHIPS GOLD MEDALIST
WORLD CHAMPIONSHIPS SILVER MEDALIST
4-TIME USA NATIONAL CHAMPION (400)
NCAA NATIONAL CHAMPION (400)
11-TIME ALL-AMERICAN (MORGAN STATE)
PERSONAL BESTS OF
11.37 (100), 22.84 (200),
50.06 (400)



MIDDLE DISTANCE & DISTANCE

RINGO ADAMSON

NOT A CROSS-COUNTRY CAMP! THIS IS A "RACING" CAMP TO TEACH THE EFFECTIVE SECRETS TO WIN ON THE TRACK!



RINGO ADAMSON

2-TIME OLYMPIC TEAM MEMBER (JAMAICA)
6-TIME WORLD CROSS-COUNTRY TEAM MEMBER
NCAA DIVISION III TRACK & FIELD HALL OF FAME
NCAA DIVISION III NATIONAL CHAMPION (STEEPLECHASE)
2-TIME PHILADELPHIA MARATHON CHAMPION
8-TIME ALL-AMERICAN (GLASSBORO STATE)
FORMER HEAD TRACK & FIELD & CROSS COUNTRY COACH (ROWAN UNIVERSITY)
NJAC CROSS COUNTRY CHAMPIONS (2019)
NJAC XC COACH OF THE YEAR (2019)
COACHED 26 ALL-AMERICANS @ ROWAN U.

CAMPERS TUITION

\$319 (\$299 BY JUNE 1)

INCLUDES:

- 2 DAY ELITE CAMP
- LUNCH DAILY
- CAMP T-SHIRT
- CAMP INSURANCE

COACHES TUITION

\$99

INCLUDES:

- 2 DAY ELITE CAMP
- LUNCH DAILY
- CAMP T-SHIRT
- CAMP INSURANCE

*COACHES \$99 TUITION WAIVED WITH 3 PAID CAMPERS!

OVERNIGHT CAMPERS

WE HAVE ARRANGED AN INCREDIBLY LOW RATE AT TWO BRAND NEW LOCAL HOTELS, BUT YOU MUST BOOK BEFORE JULY 3RD! BOTH INCLUDE FREE HOT BREAKFAST & WIFI

SPRINGHILL SUITES
MOUNT LAUREL, NJ
CALL (856) 234-2009
RATE CODE: OTR

LAQUINTA HOTEL
MOUNT LAUREL, NJ
CALL (856) 548-8448
BLOCK CODE: 071924SUM

CAMP TUITION 2024

HealthGoals
Chiropractic Center

MARLTON, NJ (856) 983-5422

ELITE SPINE AND SPORT CENTER

MARLTON, NJ (856) 983-4499

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SUNSHINE NEW JERSEY

DigitalAcumen

*THE CAMP IS A CO-ED EVENT FOR AGES 13 & UP, ALL SKILL LEVELS!
HIGH SCHOOL, COLLEGE, OPEN & MASTERS ATHLETES WELCOME!*

2024 CAMP ENTRY FORM

NAME _____ AGE _____ GRADE _____ SCHOOL _____

ADDRESS _____ TOWN & STATE _____ ZIP CODE _____

PHONE (_____) _____ T-SHIRT SIZE (CIRCLE) S M L XL XXL

E-MAIL (MANDATORY, PRINT CLEARLY) _____

PLAN SELECTED: _____ \$319 CAMPERS *\$299 IF PAYMENT RECEIVED BEFORE JUNE 1ST!

_____ \$99 COACH *COACH: FREE TUITION WITH 3 PAID CAMPERS. MUST PROVIDE PAID CAMPER NAMES!

**ATTENTION: OVERNIGHT CAMPERS PROVIDE THEIR OWN TRANSPORTATION TO & FROM THE HOTEL & TRACK!*

EVENT(S): (CAMPERS MAY PARTICIPATE IN 1 OR 2 EVENTS) *MAXIMUM OF TWO (2) EVENTS ONLY!*

HIGH JUMP___ POLE VAULT___ LONG JUMP___ TRIPLE JUMP___ HURDLES___ SPRINTS/RELAYS___

SHOT PUT___ DISCUS___ JAVELIN___ DISTANCE/MIDDLE DISTANCE___

PARENTAL CONSENT/PARTICIPATION WAIVER (2024 CAMP): \$100 PROCESSING FEE FOR ALL CANCELLATIONS!

I HEREBY GRANT PERMISSION FOR MY CHILD TO ATTEND THE "ON THE ROAD" TRACK & FIELD WORLD TOUR SUMMER CAMP. I VERIFY THAT MY CHILD HAS HAD A PHYSICAL EXAM IN THE PAST YEAR AND IS ABLE TO PARTICIPATE IN THE ACTIVITIES RELATED TO THE CAMP. I AGREE TO INDEMNIFY, HOLD HARMLESS AND DEFEND MICHAEL PASCUZZO, VERTICAL ADVENTURES, PENNSAUKEN HIGH SCHOOL DISTRICT, ALL CAMP CLINICIANS & STAFF, ALL CAMP SPONSORS AND/OR THEIR AGENTS OR EMPLOYEES FROM ANY AND ALL LIABILITY FOR INJURY TO MY CHILD, MYSELF & ANY OTHER PERSONS, AS WELL AS ANY INJURY OR DAMAGE CAUSED BY MY CHILD. SHOULD MEDICAL TREATMENT FOR MY CHILD BE NECESSARY, I HEREBY AUTHORIZE ANY PHYSICIAN/TRAINER SELECTED BY CAMP PERSONNEL TO ORDER & CONDUCT MEDICAL OR SURGICAL PROCEDURES NECESSARY.

PARENT OR GUARDIAN SIGNATURE: _____ DATE: _____

MAIL ENTRY FORM AND PAYMENT PAYABLE TO:

VERTICAL ADVENTURES
1 SHEFFIELD LANE
MOUNT LAUREL, NJ 08054
**PAYPAL AVAILABLE ON OUR WEBSITE*

FOR ADDITIONAL INFORMATION:

PHONE: (856) 231-0769
E-MAIL: MPSCOORZE@AOL.COM
WWW.VERTICALADVENTURES.ORG