

Ritchie County High School Track

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Subject: Ritchie County / WV Insurance Track Invitational

Friday, April 12, 2024

Starting time: 4:00

2 Session Meet: *Teams currently attending:* Doddridge, Ravenswood, Ritchie, Williamstown, Cameron, WC Christian, Park. South, South Harrison, Liberty Harrison, Park. Catholic, St. Marys, Calhoun, Magnolia, Belpre, Lincoln, Point Pleasant, Paden City, Wahama, Tyler Consolidated, RCB

Entry Fee: \$100.00 for boys and girls teams of each school (*combined*) (payable to Ritchie County High School)

Entries: Each team may enter 3 individuals per event and 1 relay team. Entry fees should be mailed prior to the meet to the school.

Coaches are to use Athletic.net for their entrees. The entry deadline will be **Friday, April 12th at 2:00 PM**

Awards: Team trophies for the 1st and 2nd place teams. High point awards for both boys and girls. Medals for individual winners. Ribbons given to places two through six in each event, along with all places in the relay events.

Scratches: Hopefully, using Athletic.net with late deadlines will eliminate the need for scratches. **Text any last-minute questions (after 2:00) to Coach Haught at 304-679-9899.** A coaches meeting will be held at 3:30 in front of the building located at the finish line. Check in here when you arrive to pick up a hard copy of your entrees which also allows us to know you have arrived.

Rules and Regulations

- Spikes are not permitted in the bleachers and are not to exceed ¼" for the surface
- Tape is not permitted on the track. Markers may be used for jumping events and relays.
- Use your own shot/discus and batons. Standard blocks will be provided.
- The pole vault weight verification form is to be turned in to the pole vault judge before warming up for the event.
- Team tents may be set up in the bleachers opposite the finishing line. Teams without a tent may remain on the press box side but are asked to **not** sit at the finish line end of the bleachers.

Extras

- A hospitality room provided for all coaches in the commons area of the school during the break.