

Mylan Park Select Invitational

April 12, 2025

Monongalia County and Mylan Park are excited to invite you to an exciting early-season event! Now in its second year, this competition is dedicated to showcasing standout middle school athletes. Qualifying athletes will have the opportunity to compete at Mylan Park's world-class facility against some of the region's top talent. With a convenient noon start time, we look forward to hosting your team and to a day of outstanding competition!

To ensure a high level of competition, we are accepting entries based on the following qualifying standards. Please note that all marks must have been achieved **outdoor** after **May 1, 2024**:

Girls	Event	Boys
15.30	100m	14.00
32.00	200m	29.00
1:15.00	400m	1:05.00
3:05.00	800m	2:45.00
6:40.00	1600m	6:05.00
15:00.00	3200m	13:30.00
21.50	100m H	21.00
38.00	200m H	35.00
52.00	4x60 Shuttle H	48.50
1:05.00	4x100m Relay	1:00.00
2:15.00	4x200m Relay	2:05.00
5:15.00	4x400m Relay	4:55.00
13:20.00	4x800m Relay	12:15.00
22'	Shot Put	26'
45'	Discus	68'
4'02"	High Jump	4'10"
6'	Pole Vault	6'06"
12'	Long Jump	14'6"

The meet is held at the Track & Field Facility at Mylan Park, featuring an eight-lane prefabricated, synthetic Mondo track surface. Mondo is considered a world leader in track and field surfacing and is the surface of choice for the Olympic Games. The facility also features a grass infield for field events, multiple shot put rings and long jump runways, a warm-up area, public restrooms, a press box, and a state-of-the-art electronic scoreboard and fully automated timing. Throwing events (shot put and discus) are held on the track's infield with nets that encase the entire throwing area to protect all competitors and spectators.

When: Saturday, April 12, 2025 – Field Events begin at 12:00 p.m., Track Events at 1:00 p.m.

Where: The Track Complex at Mylan Park, 1135 Fitness Way, Morgantown WV 26501. The Mylan Park Track is located about 2 miles West of I-79, Exit 155.

Cost: \$75 per team - \$150 for both boys and girls teams, \$10 for Individual entries. **Make Checks**

Payable to: Mylan Park Properties. Mail Checks to Mylan Park Properties, 1847 Fitness Way, Morgantown, WV 26501; or bring the checks to the meet.

Awards: 1st and 2nd Place Team; Custom medals for individual places 1-3, ribbons for places 4-6; Medals will be awarded to 1st and 2nd place teams in relay events.

Entries: All team sign-ups and entries for this meet will be processed through Athletic.net. Please note the following:

- **Eligibility:** Entries are restricted to official seed marks from outdoor competitions held after May 1, 2024, and must meet or exceed the standards above.
- **Seed Verification:** Seed marks will be accepted from results posted on Athletic.net or from published meet results. If using published results, you can provide a URL to the results within Athletic.net.
- **Entry Limits:** There are no limits on the number of athletes you may enter, as long as they meet the qualifying standards.
- **Relay Teams:** Each school is allowed **one relay team per event**. Your school must have a qualifying relay seed time, though individual runners do not need to be the same as in previous meets.

Results: We use Athletic.net software to run a live online scoreboard and heat sheets. You can follow the live updates at montiming.anet.live or on X @[@mon_timing](https://twitter.com/mon_timing).

Admission: \$5.00 Admission for all spectators. Free admission for 12 and under. In addition to entry, parking is \$5 per vehicle.

Concessions: Hot and Cold Concessions will be sold. Commemorative T-shirts will be sold.

Spike Specifications: Spike length is not to exceed 1/4 inch or 7mm, Spikes must be Compression Pyramid and Christmas Tree style, NO needles or pointy Pyramid style spikes will be allowed. Please plan to purchase spikes before coming to the meet.

Tent City (Team Area): Teams can set up tents in the grass area on the outside of the track. No team tents in the bleachers. Bleachers are available for spectators only.

Contacts:

Jennifer Lainhart - jlainhart@mylanpark.org (Mylan Park/Facilities)

Emily Black – emily.black@k12.wv.us (Mon County Middle School Track Coordinator)

Clayton Amsler – monongaliatiming@gmail.com (Entries/Meet Management)

Meet Official with be Mr. Dave Hickman

Interested in Volunteering or helping run a field event? Please contact Ms. Black!

Time Line:

- 11:00a – Throwing Implement Weigh-In Opens in Garage
- 11:20a – Coaches Meeting at Start/Finish Line
- 12:00p – Field Events Begin
- 1:00p – Track Events Begin and will continue on a rolling basis

Order of Track Events (Middle School Two Session Meet) – Girls followed by Boys.

- 100m 30" Hurdles (Trials) (Girls 30", Boys 33")
- 100m Dash (Trials)
- 3200m Run
- 200m Dash (Trials)
- 400m Dash

Break (30-45 minutes)

- 4x800m Relay
- 100m 30" Hurdles (Finals)
- 100m Dash (Finals)
- 4x200m Relay
- 1600m Run
- 200m Hurdles (Girls and Boys 30")
- 4x100m Relay
- 800m Run
- 200m Dash (Finals)
- 60m Shuttle Hurdle Relay
- 4x400m Relay

Order of Field Events

- Shot Put Prelims/Finals – Girls followed by Boys
- High Jump – Girls followed by Boys; **Opening Heights - Girls 4'00 & Boys 4'8***
- Pole Vault – Girls followed by Boys; **Opening Heights - Girls 5'06 & Boys 6'00***
- Discus Prelims/Finals – Boys followed by Girls
- Long Jump Prelims/Finals – Boys followed by Girls

*Subject to change based on entries.