

Wednesday, November 15, 2023

Track Coaches

RE: Kanawha Valley Track & Field Officials Association Middle School Invitational Track Meet

It is our privilege to extend to you an invitation to participate in the KVT & FOA MS Invitational Track Meet. The track meet will be held Tuesday, May 7, 2024, at Laidley Field in Charleston, West Virginia.

Awards: Team trophies for 1st and 2nd place teams
Individual Ribbons for 1st place – 6th place.
High point trophy for boys and girls.

Entries: Hy-Tek Team Lite will be utilized for meet entries. The event file will be emailed to you once your request to participate has been confirmed. **You may enter three contestants in each event and one team per relay.** **You may enter a “B Team”.** You may only **scratch and substitute on meet day. No Additions.** **The deadline for entries is Sunday, May 5, 2024, at 8:00 p.m.** Send entry files to Marshall Cavender at mecavender62@outlook.com. As I receive your entry files, I will be posting your entries to www.kvtfoa.net for you to verify. Please double check your entries.

Time Schedule: Order of Events will follow the “Modified One Session” format often used at Laidley Field. It will involve the shuffling of the hurdles. This will be a rolling time schedule. The track meet will begin at 4:30 p.m. Coaches meeting will be at 4:15 p.m.

Regulations sent to us by Laidley Field:

1. ¼” spikes required, NO SPIKES ON THE FOOTBALL FIELD OR IN THE BLEACHERS. Individuals will be disqualified if violating this rule.
2. NO FOOD OR DRINKS ALLOWED ON THE TRACK OR TURF. **WATER ONLY**. This has become a problem for Laidley Field.
3. Only Track Participants will be allowed on the track.
4. Tennis ball halves may be used to mark exchange zones for relays.
5. No smoking or tobacco use.
6. Spectators are not allowed to bring outside food or drink into the stadium.

Scratches: Turn in scratches/substitutions **no later** than 3:30 p.m. Tuesday afternoon. *Your best bet is to email your scratches/substitutions to Marshall Cavender by 1:00 p.m. on Tuesday, May 7th.*

Entry Fee: \$60.00 per male or female and \$110 for both male/female teams. **“B” teams-\$30.00 per male or female team and \$55.00 for both male/female “B” teams.**

Make checks payable to Kanawha Valley Track & Field Officials Association. (KVT & FOA)

Please bring your entry fee check to the track meet. Plan ahead with your school financial person. Having to get checks post meet is an issue.

Laidley Field can no longer accept checks made out to them for other host teams.

If your county or school financial people need the KVT & FOA to complete a vendor's license application or require a W-9, please ask for it now.

Sincerely,

Marshall Cavender, KVT & FOA
Meet Director
Email: mecavender62@outlook.com
Phone: 304-382-4662

Meet entries, heat sheets, and results can be found on www.kvtfoa.net.