

**28th Annual "Vertical Club" 2024 Summer High Jump Clinics**  
**The MOST Successful High Jump Clinic Series In The World!**

Presented by.....Vertical Adventures Track & Field Club

**ALL Clinics held Indoors @ Pivotal Training, 133 Eayrestown Road, Southampton, NJ 08088**

**The High Jump with Coaches Mike Pascuzzo & Beth Simmons**

\*3-time Olympic Trials Competitor (PR 7'5 1/4")

\*4-time USA National Team Member (Coach Pascuzzo)

\*2-time USA Olympic Trials Finalist (PR 6'1")

\*NCAA National Champion (Coach Simmons)

**Vertical Club High Jumpers In The News in 2022-2024:**

**Amina Smith:**

\*#2 Ranked Woman In The USA-2020

\*#10 Ranked Woman In The World-2020

\*USA National Team Member-2019 (USA vs Europe)

\*USA National Team Member-2020 (Indoor World Championships)

\*USA Olympic Trials Finalist 2016-4th Place (PR of 6'3 1/4")

\*3-time All American (U. of Maryland)

**Tim Watson:**

\*Connecticut State Champion-2022

\*Connecticut State Record Holder (PR of 7'0 3/4")

\*National High School Champion-2022

**Alysa Carrigan:**

\*Virginia Indoor State Champion-2023

\*National High School Champion (2023 Indoor-PR 5'8")

**Sunday Semi-Private Sessions:**

**#1 10am-12pm      #2 12-2pm**

**July 14      August 4      11      18**

**Tuesday/Thursday Semi-Private Sessions:**

**7-9pm**

**July 2 9 11 30      August 1 8 15 20 22**

**\*\*PRIVATE SESSIONS AVAILABLE BY APPOINTMENT!\*\***

**PRIVATE SESSIONS TYPICALLY HELD SATURDAYS 12-4PM OR WEEKNIGHTS 7-9PM!**

**Registration: MUST Pre-Register & Pre-Pay! Who Can Participate: Boys/Girls/Men/Women, Ages 8 & Up**

**Mail To / Payable To: Mike Pascuzzo, 1 Sheffield Lane, Mt. Laurel, NJ 08054**

**MPScooze@aol.com / www.VerticalAdventures.org / Facebook @ Vertical Adventures Track & Field**

Name \_\_\_\_\_ Age \_\_\_\_\_ School \_\_\_\_\_

Telephone (Cell # Preferred) ( \_\_\_\_\_ ) \_\_\_\_\_

Athlete or Parent(s) E-Mail (mandatory, please print): \_\_\_\_\_

**Sunday Clinics: (circle dates & write-in Session Time & back-up Session Time)**

**JULY 14 (\_\_\_\_or\_\_\_\_)      AUGUST 4 (\_\_\_\_or\_\_\_\_)      11 (\_\_\_\_or\_\_\_\_)      18 (\_\_\_\_or\_\_\_\_)**

**Tuesday/Thursday Clinics: (circle dates)**

**JULY 2 9 11 30      AUGUST 1 8 15 20 22**

**ALL High Jump Sessions Are \$75 Each:      Total Due: \$ \_\_\_\_\_**

**Have Questions? Call Mike @ (609) 304-5393      \*No Refunds or Credits for missed sessions!**

I hereby grant permission for my child to attend the Vertical Adventures 2024 Vertical Club Summer Clinic Series. I verify that my child has had a physical exam in the past year and is able to participate in the activities related to the meet series. I agree to indemnify, hold harmless and defend Vertical Adventures, Michael Pascuzzo, Todd Curl, Dan Ingrum, Beth Simmons, Chelsea Oxley & Pivotal Training and/or their agents or employees from any and all liability for injury to my child, as well as any injury or damage caused by my child.

Parent or Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_