

## Hurricane HS Invitational Meet Sheet

Date: Saturday, April 13, 2024

Coaches Meeting – 10:10 AM | Field Events – 10:30 AM | Running Events – 11:30 AM

Location: Hurricane High School, 3350 Teays Valley Road, Hurricane, WV

We will follow the one-session schedule for high school meets with girls running first, followed by the boys:

- 4x800m Relay
- 100m/110m Hurdles
- 100m Dash
- 4x200m Relay
- 1600m Run
- 400m Dash
- BREAK ---
- 300m Hurdles
- 4x100m Relay
- 800m Run
- 200m Dash
- 3200m Run
- Shuttle Hurdle Relay
- 4x400m Relay

Field Events – Long Jump (B then G), Discus (B then G), Pole Vault (B then G), High Jump (G then B), Shot Put (G then B)

All events will be finals by time. Long Jump, Discus, and Shot Put athletes will be allowed 4 attempts.

Entry Fee: \$65/team or \$125 per school. Make checks payable to Hurricane High School Track & Field and please mail to Hurricane High School 3350 Teays Valley Road, Hurricane, WV 25526.

All entries will be done on athletic.net.

Please limit entries to 5/ individual event and 2/relay.

As a heads up, I am trying to set up a fast boys and girls 1600m as a featured event for a “Mountaineer Mile” with a special award for the winner.

Questions can be directed to Jonathan Fee ([jonfee1996@gmail.com](mailto:jonfee1996@gmail.com)) or Athletic Director Jeff Null ([jbnnull@k12.wv.us](mailto:jbnnull@k12.wv.us))