

# HHS Middle School Invitational

Huntington High School would like to invite your team to participate in our Middle School Season Opener. The meet will be held on March 14<sup>th</sup> at Huntington High School, right off the Hal Greer exit of Interstate 64 in Huntington, WV. The facility is a 9-lane rubberized track, with rubberized areas for high jump and long jump and regulation concrete areas for shot-put and discus. All National Federation and WVSSAC rules will be in effect. The number of teams will be limited, so please respond in a timely manner to secure a spot for your team.

**When:** Thursday, March 14th, 2024

Field events and running events begin at 4:30

**Where:** Huntington High School Track

**Cost:** Entry fee of \$70/team or \$125/school (boys and girls team)

Make Checks payable to Huntington High School

**Awards:** 1<sup>st</sup> and 2<sup>nd</sup> place team, 1<sup>st</sup> place individual **medals**, 3<sup>rd</sup> -8<sup>th</sup> place ribbons.

**Entries:** We ask that you keep entries to 3 per event. If you need additional spots there is a hard max of 5 per event. You may have A, B, and C relays. This should allow you to get everyone in.

**Order of Events:** Middle School one session as found in the WV Interscholastic

**Mail Checks to:**

Huntington High School  
Attn: Justin Cox-Track Coach  
1 Highlander Way  
Huntington, WV 25701

Entries will be finalized at 3pm on Thursday, March 14<sup>th</sup>.

**Entries** must be completed on [www.athletic.net](http://www.athletic.net)

Any questions feel free to call:

Justin Cox, 304-412-0507 or email [jtcox@k12.wv.us](mailto:jtcox@k12.wv.us)

Meet Notes:

**Minimum Marks:**

	<u>Girls</u>	<u>Boys</u>
Shotput	18-00ft	20-00ft
Discus	35-00ft	45-00ft
Long Jump	10-00ft	15-00ft
High Jump	3-10ft	4-4ft

**Entry Marks:**

Please make an effort to include times/distances for each athlete so that the meet can be seeded and run efficiently.

**Relay Teams:**

If you have multiple relays teams please make sure your athletes know which relay (A, B, C) they are on.

**Check-In:**

Check-in will be at the start line of the 100m dash for all events, unless otherwise announced. Athletes in events 400m and below will get a hip number and a section number.

**Hospitality Room:**

There will be a hospitality room for coaches, officials, and volunteers at the break