

29th Annual "Vertical Club" 2025 Early-Winter High Jump Clinics
The MOST Successful High Jump Clinic Series In The World!

Presented by.....Vertical Adventures Track & Field Club

ALL Clinics held Indoors @ Pivotal Training, 133 Eayrestown Road, Southampton, NJ 08088

The High Jump with Coaches Mike Pascuzzo & Beth Simmons

Mike Pascuzzo:

*3-time Olympic Trials Competitor (PR 7'5 1/4") *4-time USA National Team Member *Coached Two Olympians (2008-2016)
*Coach Of More Than 285 State Champions *Coach Of More Than 20 NCAA All-Americans

Beth Simmons:

*2-time Olympic Trials Finalist (PR 6'1") *NCAA National Champion *4-time All-American @ Wheaton College

Vertical Club High Jumpers In The News in 2023-2024:

Aidan Clark:

*2024 US Olympic Trials Competitor *2024 Atlantic Coast Conference Champion
*#2 All-Time @ Virginia Tech University *Personal Best of 7'2 1/2"

Hannah Riolo:

*2024 Virginia State Champion *New Balance Nationals 2024 (2nd Place on Misses @ 5'10") *Personal Best of 5'10"

Alysa Carrigan:

*2021-2024 Virginia State Champion *National High School Champion-2023 Indoor *Personal Best of 5'9"

David Godbolt:

*2024 NJSIAA Group 4 State Champion-Indoor & Outdoor *Personal Best of 6'8 1/4"

Dahlia Beasley:

*2024 NJSIAA Group 4 Outdoor State Champion *Personal Best of 5'6"

Sunday Semi-Private Sessions: Session #1 10am-12pm Session #2 12-2pm

December 8, 22, 29 January 12, 19, 26

Tuesday & Thursday Semi-Private Sessions: 7-9pm

December 5, 10, 17, 19 January 7, 9, 16, 21, 30

****PRIVATE SESSIONS AVAILABLE BY APPOINTMENT****

Registration: MUST Pre-Register & Pre-Pay! Who Can Participate: Boys/Girls/Men/Women, Ages 8 & Up

Mail To / Payable To: Mike Pascuzzo, 1 Sheffield Lane, Mt. Laurel, NJ 08054
MPScooze@aol.com / www.VerticalAdventures.org / Facebook @ Vertical Adventures Track & Field

Name _____ Age _____ School _____

Address _____ City _____ State _____ Zip Code _____

Telephone (Cell # Preferred) (_____) _____

Athlete or Parent(s) E-Mail (mandatory, please print): _____

Sunday Clinics: (Write-in session #, first choice AND back-up)

December 8 (session# _____ or _____) 22 (# _____ or _____) 29 (# _____ or _____)

January 12 (# _____ or _____) 19 (# _____ or _____) 26 (# _____ or _____)

Tuesday & Thursday Clinics: (Check Off Desired Dates)

December 5 (_____) 10 (_____) 17 (_____) 19 (_____)

January 7 (_____) 9 (_____) 16 (_____) 21 (_____) 30 (_____)

Each Session Is \$75 Total Enclosed For All Sessions: \$ _____

Have Questions? Call Mike @ (609) 304-5393 *No Refunds or Credits for missed sessions!

I hereby grant permission for my child to attend the Vertical Adventures 2025 Vertical Club Early-Winter Clinic Series. I verify that my child has had a physical exam in the past year and is able to participate in the activities related to the meet series. I agree to indemnify, hold harmless and defend Vertical Adventures, Michael Pascuzzo, Beth Simmons, Dan Ingram, Todd Curll, Matt Carter, Craig Hunter & Pivotal Training and/or their agents or employees from any and all liability for injury to my child, as well as any injury or damage caused by my child.

Parent or Guardian Signature _____ Date _____