

29th Annual "Vertical Club" 2024 Fall High Jump Clinics
The MOST Successful High Jump Clinic Series In The World!

Presented by.....Vertical Adventures Track & Field Club

ALL Clinics held Indoors @ Pivotal Training, 133 Eayrestown Road, Southampton, NJ 08088

The High Jump with Coaches Mike Pascuzzo & Beth Simmons

Mike Pascuzzo: *3-time Olympic Trials Competitor *4-time USA National Team Member *9-time All-American
*2-time ACC Champion *Coach Of More Than 315 State Champions *Personal Best of 7'5 1/4"
Beth Simmons: *2-time Olympic Trials Finalist *NCAA National Champion
*4-time All-American @ Wheaton College *Personal Best of 6'1"

Vertical Club High Jumpers In The News in 2023-2024:

Aidan Clark:

*2024 US Olympic Trials Competitor *2024 Atlantic Coast Conference Champion
*#2 All-Time @ Virginia Tech University *Personal Best of 7'2 1/2"

Hannah Riolo:

*2024 Virginia State Champion *New Balance Nationals 2024 (2nd Place on Misses @ 5'10") *Personal Best of 5'10"

Alysa Carrigan:

*2023 Virginia State Champion *National High School Champion-2023 Indoor *Personal Best of 5'8"

David Godbolt:

*2024 NJSIAA Group 4 State Champion-Indoor & Outdoor *Personal Best of 6'8 1/4"

Dahlia Beasley:

*2024 NJSIAA Group 4 Outdoor State Champion *Personal Best of 5'6"

Sunday Semi-Private Sessions: #1 10am-12pm #2 12-2pm

September 29 October 20 27 November 3 10 17

Tuesday / Thursday Semi-Private Sessions: 7-9pm

September 19 26 October 15 24 November 7 14 21

Registration: MUST Pre-Register & Pre-Pay! Who Can Participate: Boys/Girls/Men/Women, Ages 8 & Up

Mail To / Payable To: Mike Pascuzzo, 1 Sheffield Lane, Mt. Laurel, NJ 08054

MPScooze@aol.com / www.VerticalAdventures.org / Facebook @ Vertical Adventures Track & Field

Name _____ Age _____ School _____

Telephone (Cell #) (_____) & (_____)

Parent E-Mail (mandatory, please print): _____

Athlete E-Mail (optional, please print): _____

Private 1-Hour Sessions Available By Appointment!

Sunday Clinics: (circle dates & write-in Session Time & back-up Time)

***NO Sunday Volume Discounts!**

September 29 (___ or ___) October 20 (___ or ___) 27 (___ or ___)

November 3 (___ or ___) 10 (___ or ___) 17 (___ or ___)

Tuesday / Thursday Clinics: (circle dates)

***Weeknight Volume Discounts: 1-2 Weeknights \$75 each / 3-5 Weeknights \$65 each / 6-7 Weeknights \$60 each**

September 19 26 October 15 24 November 7 14 21

ALL High Jump Sessions Are \$75 Each, Unless Volume Discount Applies: Total Due \$ _____

Have Questions? Call Mike @ (609) 304-5393 *NO Refunds or Credits for missed sessions!

I hereby grant permission for my child to attend the Vertical Adventures 2024 Vertical Club Fall Clinic Series. I verify that my child has had a physical exam in the past year and is able to participate in the activities related to the meet series. I agree to indemnify, hold harmless and defend Vertical Adventures, Michael Pascuzzo, Dan Ingrum, Todd Curll, Chelsea Oxley, Beth Simmons & Pivotal Training and/or their agents or employees from any and all liability for injury to my child, as well as any injury or damage caused by my child.

Parent or Guardian Signature _____ Date _____