

PARKERSBURG SOUTH HIGH SCHOOL

"A West Virginia School of Excellence"

1511 Blizzard Drive
Parkersburg, WV 26101

Phone: 420-9610
Fax: 420-9607

TO: Head Boys' and Girls' Track Coaches
FROM: Jason Jones & Megan Jones, Head Track Coaches
RE: ERICKSON INVITATIONAL

DATE: Friday, April 26, 2024

TIME: Coaches meeting at 3:30 PM near the finish line. Scratches due at 3:45 PM.

Field Events –	4:00 PM
Running –	5:00 PM
Break – after the 400m	6:00 PM (Approx.)
Resume –	6:30-7:00 PM (Approx.)

SCHEDULE: We will follow the order of events for a Two Session Meet as listed on the WVSSAC Interscholastic Website (2024). This will be a rolling schedule. There will be 3 throws in the shot and discus and 3 jumps in the long jump, with finals to follow (top 9 performers).

ENTRY FEE: **\$60.00 per Team or \$100.00 per School**
(Payable to PSHS Athletic Department – Due before the start of the meet)

ENTRIES: **Each team will be allowed 3 entries per individual event and A relays only.**

Entries will be made through athletic.net. The entry window will be open Monday, April 15th @ 12:00 PM through Thursday, April 25th @ 12:00 PM.
Emergency scratches can be made the day of the meet, but please keep them to a minimum.

AWARDS: Plaques for 1st place teams
Plaques for 2nd place teams
High Point plaques for Girls and Boys
Medals for 1st place
Ribbons for 2nd – 8th places

MEDICAL: A training area will be provided. Athletes must provide their own tape.

HOSPITALITY: Located in the football locker room (middle double doors) under the visitor's side bleachers.

CONCESSIONS: Located under the home (press box) side bleachers.

T-SHIRTS: Inspire111 will be on-site selling meet t-shirts.

TEAMS ATTENDING: Parkersburg South, Williamstown, Parkersburg, Tyler County, Magnolia, Wirt County, St. Marys, Elkins, Wahama, Lincoln, Ravenswood, Paden City, East Fairmont, Parkersburg Catholic

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Welcome to the Parkersburg South High School Erickson Invitational

Dear Track Coaches:

April 26, 2024

- All buses will be parked outside the track stadium in the parking lot next to the Erickson facility.
- Enclosed in your packet will be the schedule of events, records, sportsmanship statement, performance sheets, list of competitor numbers, and relay cards.
- **All tents must be on the visitor's side, opposite of the press box.**
- Emergency scratches need to be submitted by 3:45 PM.
- Scratch/adds for field events will be done at field events.
- Coaches will meet with the Referee near the finish line at 3:30 PM.
- The bull pen will be located near the finish line.
- Scoring will be 10, 8, 6, 5, 4, 3, 2, 1
- Throwing areas are located outside of the track up on the hill to the right of the facility.
- A training area will be provided near the finish line.
- Individual high point nominations are due to the press box by the end of the Shuttle Hurdle Relay.
- Results/Awards can be picked up in the press box at the conclusion of the meet.
- A concession stand will be open to serve your athletes and spectators. Located under the home side (press box) bleachers.
- Starting heights for field events will be announced at the coaches meeting.
- Warm-up for field events will start at 3:30, we will start promptly at 4:00.
- No one is permitted to park on the road by the shot put and discus area, or in that back entrance near the visitor's locker room.
- Stadium address: 4601 Camden Ave., Parkersburg, WV 26101

Questions, please contact:

Jason Jones – (304) 290-2142, jasonwv13@gmail.com

Megan Jones – (304) 290-2785, megan.c.jones@k12.wv.us

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ORDER OF EVENTS: Two Session Meet

100/110 Meter Hurdle Trials
100 Meter Dash Trials
3200 Meter Run – Girls
200 Meter Dash Trials
3200 Meter Run – Boys
400 Meter Dash – Finals
Break – 30-60 minutes
4x800 Meter Relay
100/110 Meter Hurdle – Finals
100 Meter Dash – Finals
4x200 Meter Relay
1600 Meter Run
300 Meter Low/Intermediate Hurdles
4x100 Meter Relay
800 Meter Run
200 Meter Dash – Finals
Shuttle Hurdle Relay
4x400 Meter Relay

Field Event Order

Girls Shot Put – Boys to follow
Boys Discus – Girls to follow
Girls High Jump – Boys to follow
Boys Long Jump – Girls to follow
Boys Pole Vault – Girls to follow