## **Meet Information**

**Concord University High School Invitational** 

Saturday April 13th, 2024

Entries: \$50.00 Per team, (men and women separate). \$100.00 Per school

Teams with less than 10 athletes will be \$5.00 per athlete.

Entry Deadline: Entry must be submitted by April 9th, 2023 (Tuesday) at 11:00 pm.

PLEASE MAKE CHECKS PAYABLE TO: Concord University Foundation Memo: Track

Mail Checks To: Attn: Coach B Or Hand Deliver to Mike or Andrew

P.O. Box 1000 the day of.

Campus Box 154 Athens WV 24712

All Entries Will be Done through **Athletic.net**:

-Questions about entries to **Shegele@k12.wv.us**Subject: "Concord University High School Invitational"

NO Limitations to Entries per Event

Track: Six lane, rubberized all-weather track
(Shot Put will Be located at the Backside of the Track, and Discus will be Located at
Witherspoon Park Across Campus- Transportation will be provided to athletes)

Rules: WVSSAC will govern the meet

Sanction: Meet will be sanctioned for WV and VA

**Awards:** Awards for top 3 individuals in each event. Scoring individual events and relays Top 8.

Trophies for top 2 Men's and Women's teams.

**Food:** A concession stand will be open for all athletes, coaches, and guests. Coaches will get one pass for the concession stand. (1 Soda, 1 Water, 1 Hot Food Item)

**Scratch Meeting**: We will have a scratch meeting at 9:45am. The meet will start at 10am. All events will be finals (No Prelims). Places will be awarded by distance, jumps, or heights in each event. (All field events will be 4 attempts, no finals)

**Results:** QR code with event results will be provided to coaches.

Results will be Printed after each event

**Operations:** Coaches will be expected to volunteer where needed! (Coaches will be fed!)

Spectators: Parking will be free, and entry to the meet will be **Donation Only**.

## Final Time Schedule:

------Single Session Meet-----

## 9:45am Coaches Meeting at the Starting Line

Running Events: HS Girls → HS Boys

(Rolling Schedule)

10:00am- 4x800m Relay

100m/110m Hurdles

100m Dash

4x200m Relay

1600m Run

400m Dash

300m Low/Intermediate Hurdles

4x100m Relay

800m Run

200m Dash

3200m Run

Shuttle Hurdle Relay

4x400m Relay

------Fi<mark>eld</mark> Event Schedule------

## Field Events:

10:00am- Boys Long Jump, Girls High Jump

10:00am- Girls Discus, Boys Shot Put

11:30am- Boys High Jump, Girls Long Jump

11:30am- Boys Discus, Girls Shot Put

(Race Director) Coach A. Barbera @ 681-238-3637 or wbarbera@concord.edu or

(Ass't Race Director) Coach M. Cox @ 304-952-9244 or coxm@concord.edu or

(Asso't Race Director) Coach M. Wilson @ 703-731-3887 mfwilson@concord.edu