

***PARENTAL CONSENT AND WAIVER:***

I hereby grant permission for my child to attend the Get Inverted Pole Vault Camp. I verify that my child has had a physical exam in the past year and is capable of participating in the activities related to the camp. I agree to indemnify, hold harmless, and defend Scott Furey, Keyser HS, and or their agents or employees from any and all liability for injury to my child, as well as any injury or damage caused by my child. Should emergency medical treatment for my child be necessary, I hereby authorize EMS or ED physicians to order and conduct procedures necessary.

***HEALTH AND ACCIDENT INSURANCE CO.***

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POLICY# \_\_\_\_\_

PARENT/GUARDIAN SIGNATURE

\_\_\_\_\_

EMERGENCY PHONE #

\_\_\_\_\_

**LOCATION:**

Keyser High School  
328 One Tornado Way  
Keyser, WV 26726  
304-788-4230

Please call KHS Coach, Scott Furey  
304-790-1085  
for information or questions.

**FROM RT 68 EAST –**

TAKE EXIT 40 (VOCKE ROAD) AND TURN RIGHT OFF OF THE RAMP. GO THROUGH ONE LIGHT AND TAKE LEFT AT THE SECOND. FOLLOW THIS ROAD FOR 5 MILES AND TURN RIGHT ON-TO RT. 220 SOUTH.

FOLLOW 220 SOUTH THROUGH THE TOWN OF KEYSER. TURN RIGHT AT THE LIGHT AFTER YOU PASS WAL-MART. SCHOOL IS ½ MILE UP THE ROAD ON THE LEFT.

**FROM RT 68 WEST—**

TAKE EXIT 42 (GREENE ST.) TOWARD MCCOOLE / KEYSER. AT THE END OF THE RAMP, TURN LEFT ONTO RT. 220 SOUTH.

FOLLOW 220 SOUTH THROUGH THE TOWN OF KEYSER (APPROX 21 MILES). TURN RIGHT AT THE LIGHT AFTER YOU PASS WAL-MART. SCHOOL IS ½ MILE UP THE ROAD ON THE LEFT.

**LOCAL HOTEL ACCOMODATIONS:**

\*The Keyser Inn (locally owned)  
304-788-0913

\*Sure Stay Plus by Best Western Hotel  
304-597-1400

***5th Annual  
GET INVERTED!  
POLE VAULT CAMP***

**JUNE 30 & July 1, 2023**

**KEYSER HIGH SCHOOL**

Scott Furey—DIRECTOR

57 Pender Lane  
Keyser, WV 26726  
304-790-1085  
[djwise50@hotmail.com](mailto:djwise50@hotmail.com)



**VAULTING FROM THE  
GROUND *UP!***

**POLE VAULT CAMP**

is for vaulters from beginner to advanced. We teach a system from the ground up as learned from Doak Markley at Williamstown High School in WV, which follows a progression of drills that may be utilized career long.

This system has produced numerous State Champions and 4 State Record Holders including 15 consecutive WV Class A Girls State Champions (a national record).

**WHEN?** Check-in will be Friday, June 30th at 9am at the finish line building at the track. There will be three vaulting sessions per day. We will finish at 5pm each day.

**CONTENT:**

- \*Vaulting drills from pole carry to over the bar.
- \*Video sessions.
- \*Safety and equipment discussions.

**WHO?**

Dave and Ethen Whitlock will instruct.

**WHAT TO BRING:**

- \*Running Shoes
- \*Spikes
- \*Poles
- \*Water Bottle
- \*Lunch
- \*Poles will be available but it helps to get accustomed to the ones you will use. Check with your school’s coach for poles.
- \*Coaches may come and observe the system for free.

**COST:**

\$100 per camper.

\*Each camper will receive a camp T-Shirt and drill booklet. Dinner will be provided and ice water will always be available.

**APPLICATION:**

Mail application and consent form to:

**SCOTT FUREY**  
**57 PENDER LANE**  
**KEYSER, WV 26726**  
**304-790-1085**  
**djwise50@hotmail.com**

**CAMP is: June 30 & July 1, 2023 9am-5pm**

NAME \_\_\_\_\_

\_\_\_\_\_

ADDRESS \_\_\_\_\_

PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

SCHOOL \_\_\_\_\_

GRADE \_\_\_\_\_

T SHIRT SIZE    S    M    L    XL    2X

**PLEASE MAKE CHECKS  
PAYABLE TO:**

**KHS TRACK & FIELD**