

George Washington High School

1522 Tennis Club Road
Charleston, WV 25526
(304) 348-7729

March 19, 2023

High School Track Coaches:

It is our privilege to invite you to participate in the Annual Patriot Classic hosted by George Washington High School. The meet will be held on Friday April 7, 2023, at the University of Charleston Stadium in Charleston, WV. Dinner will be provided for all coaches. (No athletes please)

Time Schedule: The meet will begin with the field events starting at 4:45 PM and the running events starting at 5:00 PM. All times are final and there will be 3 throws in shot and discus and 3 jumps in long jump. Schedule is listed below.

Awards: Team Plaques for 1st and 2nd Places.
 Medals for 1st place. Ribbons for 2nd – 6th places.
 High Point Plaques for both boys and girls.

Entries: Due by Tuesday April 4, 2023, at Noon. You may enter 5 athletes in each event and 2 relays. Only 2 athletes can score per event and 1 relay. You may substitute. Hy-Tek entries are mandatory. Event file can be found on www.runwv.com. Send entries to Meet Director Shawn Wheeler at trackmeetdirector@gmail.com.

Scratch Sheets: Email a scratch sheet by 2:00 PM or sooner the day of the meet.

Entry Fee: \$55 Varsity Team
 \$100/for both a Boys and Girls Varsity Team.
 Make Check Payable to George Washington High School

Sincerely,

Shawn Wheeler
Meet Director
trackmeetdirector@gmail.com

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HIGH SCHOOL SCHEDULE OF EVENTS

COACHES MEETING 4:30PM

FIELD EVENTS 4:45PM

HIGH JUMP(G/B)

LONG JUMP (B/G)

POLE VAULT (B/G)

SHOT PUT (G/B)

DISCUS (B/G)

RUNNING EVENTS 5:00PM

4X800M RELAY

100/110M HURDLES

100M DASH

4X200M RELAY

1600M RUN

400M RUN

BREAK

300M HURLDES

4X100M RELAY

800M RUN

200M DASH

3200M RUN

SHUTTLE HURDLE RELAY

4X400M RELAY

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Scratch Sheet

Event	Scratch	Add
4x800m Relay		
100/110 Hurdles		
100m Dash		
4x200m Relay		
1600m Run		
400m Run		
300m Hurdles		
4x100m Relay		
800m Run		
200m Dash		
3200m Run		
Shuttles		
4x400m Relay		

** Scratch and Substitute all field events at the venue.