



IHS Middle School Relays

Thursday, March 23rd

Coaches meeting at 4:00

First event at 4:30

Relay teams and field events

Open to all middle schools

\$50.00 per male or female team and \$90 for both male/female teams. (For both

A-TEAM and B-TEAM entrants)

ONLY ONE A-TEAM and ONE B-TEAM allowed per relay

ONLY 3 THROWERS ALLOWED PER A TEAM AND 3 THROWERS ON B TEAM (shot
and disc)

ONLY 3 JUMPERS ALLOWED PER A TEAM AND 3 JUMPERS ALLOWED ON B
TEAM (high and long jump)

Concessions will be held at meet

Trophies and Ribbons 1st-3rd

ABSOLUTLEY NO SPIKES TO BE WORN ON THE FIELD

