

“Mama” & “Papa” Parsons Middle School Memorial At Cabell Midland High School

When: April 9th (Saturday)

Where: “Chris Parsons Track” at Cabell Midland High School

Time: 10:15am Coaches & Team Captain meeting in Hospitality room
10:30am **Field Events**

Girls (High Jump, & Shot) Boys follow

Boys (Pole Vault, Long Jump & Discus) Girls follow

11:45am

Running events (Timed Finals)

1.	3200	G/B	8.	1600	G/B
2.	400	G/B	9.	200H	G/B
20-30 minute break					
3.	4x800	G/B	10.	4x100	G/B
4.	100	G/B	11.	800	G/B
5.	100H	G/B	12.	200	G/B
7.	4x200	G/B	13.	Shuttles	G/B
			14.	4x400	G/B

Meet will be on a rolling schedule

Entry: All schools must enter in Hytek Team Manager. Team Manager Lite can be downloaded from runwv.com in the news & note section at the top. The Mama / Papa Parsons Memorial Hytek file can be found on www.runwv.com this week or can be emailed to you. Also, for coaches unsure of how to enter using the Hytek system, a tutorial can be found on runwv that will make it simple.

Please enter grade levels for each athlete. Also, enter a time or mark for each athlete per their event. Do NOT leave the space blank, so athletes will be placed in the proper heats.

Entry deadline is April 7th (Thursday) by 7pm. Email your Hytek file to Marshall Cavender mecavender62@outlook.com

Scratches: Scratches/Substitutions are due no later than 10:00am on meet day.

Cost: \$60 per team or \$90 for both girls & boys teams
Make checks payable to “**Cabell Midland Boosters**”

Mail checks to: *Chris Parsons*
Cabell Midland High School
2300 Route 60east
Ona, WV 25545

Awards: Individual 1-6
Teams 1st & 2nd

Concession stand will be open

All WVSSAC Rules will be in effect

Email Coach Chris Parsons at coachparsons@yahoo.com for additional info