

Hurricane HS Invitational

Sponsored by Hurricane Trophy



When: Saturday, April 23rd
Where: Hurricane High School
Time: 10:30 Coaches Meeting / Scratches

11:00 **Field Events**

Boys (Discus, Long Jump, Pole Vault) Girls follow
Girls (Shot Put, High Jump) Boys follow

12:00 **Running Events** – One Session Meet, Timed Finals

- | | |
|-------------------|--------------------------|
| 1. 4 x 800m Relay | 8. 300m IH |
| 2. 100m HH | 9. 4 x 100m Relay |
| 3. 110m HH | 10. 800m Run |
| 4. 100m Dash | 11. 200m Dash |
| 5. 4 x 200m Relay | 12. 3200m Run |
| 6. 1600m Run | 13. Shuttle Hurdle Relay |
| 7. 400m Dash | 14. 4 x 400m Relay |

Cost: \$65 per team or \$125 for both boys & girls teams
Make checks payable to ***“Hurricane High School”***
Mail checks to: Hurricane High School
3350 Teays Valley Road
Hurricane, WV 25526

Entries: Coaches may enter up to 5 athletes per individual event (only top 3 will score) and 2 relay teams. All teams must enter using Hy-Tek Team Manager. Entries can be e-mailed to Marshall Cavender at mecavender62@outlook.com **Entry deadline is 6:00pm on Wednesday, April 20th.** The event file will be posted on RunWV. Please specify that your entries are for the Hurricane HS Invitational in your email to Marshall.

A tutorial on how to enter using the Hy-Tek system can be found at <http://www.midlandrunning.com/hy-tek.html>.

Awards: 1st & 2nd place team trophy (Boys & Girls)
High Point Award (Boys & Girls)
Individual 1st – 6th Ribbons

Teams Entered as of March 31st - Cabell Midland, Huntington, Hurricane, Ripley, Riverside, Winfield

If you have any questions or to reserve your spots, please contact:
Jimmy Cunningham at CoachJimmylc@gmail.com or
Dru Bora at dbora@suddenlink.net