

# WVSSAC Region 1 AAA Track

## Field Event Order

## Round

**1:00pm Start  
First Session**

Shot Put	Girls	Final
High Jump	Girls	Final
Long Jump	Boys	Final
Discus	Boys	Final
Pole Vault	Boys	Final

**Second  
Session**

Long Jump	Girls	Final
Discus	Girls	Final
Pole Vault	Girls	Final
Shot Put	Boys	Final
High Jump	Boys	Final

## Running Event Order

## Round

**1:30pm  
Start**

100 Meter High Hurdles	Girls	Trials
110 Meter High Hurdles	Boys	
100 Meter Dash	Girls	Trials
	Boys	
3,200 Meter Run	Girls	Final
200 Meter Dash	Girls	Trials
	Boys	
3,200 Meter Run	Boys	Final
400 Meter Dash	Girls	Final
	Boys	

## 15 Minute Break

**Next Event Starts  
Immediately  
Following  
Preceding Event**

4x800 m Relay	Girls	Final
	Boys	
100 Meter High Hurdles	Girls	Final
110 Meter High Hurdles	Boys	
100 Meter Dash	Girls	Final
	Boys	
4x200 Meter Relay	Girls	Final
	Boys	
1,600 Meter Run	Girls	Final
	Boys	
300 Meter Low Hurdles	Girls	Final
300 Meter I. Hurdles	Boys	
4x100 Meter Run	Girls	Final
	Boys	
800 Meter Run	Girls	Final
	Boys	
200 Meter Run	Girls	Final
	Boys	
4x100 Shuttle Hurdle Relay	Girls	Final
	Boys	
4x400 Meter Relay	Girls	Final
	Boys	