## Track Coaches

## RE: Kanawha Valley Track & Field Officials Association High School Warm-Up Meet

It is our privilege to extend to you an invitation to participate in the KVT & FOA High School Warm-Up Meet. The meet will be held Monday, April 12, 2021 at Laidley Field in Charleston, West Virginia. We will be hosting a limited number of teams due to the fact we are allowing multiple entries per event. We will take teams on a first contact basis. This meet will allow coaches to enter as many athletes as possible per event if they stay within the WVSSAC guideline of no more than four individual events per athlete. No scoring will be done. This meet allows coaches to get FAT times and distances for their athletes.

- Awards: No awards will be given.
- Entries: Entries are to be submitted via Hy-tek Team Lite. The event file will be emailed to you once your wish to attend has been confirmed. You may enter as many contestants as possible in each event. On meet day, you may make scratches only. The deadline for entries is Friday, April 9, 2021. Entry files must be emailed to mecavender62@suddenlink.net by 10:00 p.m.
- Time Schedule:Order of Events will follow the "One Session" format as listed in the WVSSAC<br/>interscholastic. This will be a rolling time schedule. The track meet will begin at 5:00<br/>p.m.
- COVID Protocol: All WVSSAC protocol will be followed. Masks must be worn by all athletes unless they are physically competing. Teams must provide their own batons and implements. All teams must provide their own water. Laidley Field is not permitted to provide water to the athletes. All spectators will sit in the Press Box side bleachers and will follow all COVID protocol. No athletes will be allowed in those bleachers. All teams will sit in the Interstate side bleachers and follow the WVSSAC guidelines regarding team seating. Parents and spectators are not allowed in the team areas. All parents and spectators must always wear a mask properly.

## **Regulations sent to us by Laidley Field:**

- 1. <sup>1</sup>/<sub>4</sub>" spikes required, NO SPIKES ON THE FOOTBALL FIELD OR IN THE BLEACHERS. Individuals will be disqualified if violating this rule.
- 2. Only Track Participants will be allowed on the track.
- 3. Tennis ball halves may be used to mark exchange zones for relays.
- 4. No smoking or tobacco use.
- 5. Spectators are not allowed to bring outside food or drink into the stadium.
- Scratches: Scratches can be email to <u>mecavender62@suddenlink.net</u> by 1:00 p.m. on Monday, April 12, 2021. All other scratches are due by 4:00 p.m. at Laidley Field, Monday, April 12th.

**Entry Fee**:

\$50.00 per team or \$90.00 for both male/female team. Make checks payable to Laidley Field with KVT & FOA on the memo line. The entry fee is to offset the cost of Laidley Field rental.

On behalf of the KVT & FOA,

Marshall Cavender Meet Director Email: mecavender62@suddenlink.net Phone: 304-382-4662