



Shady Spring High School
Vince Culicerto, Head Coach
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Coach,

Welcome: To the H.B. Thomas Invitational at Shady Spring H.S. The meet will be held **on May 18th at 4:30P.M.**

Awards: Trophies will be given to top 2 place team finishers in both Boys and Girls divisions. Ribbons will be given to top 6 places in individual events. High point for boys and girls will also be awarded.

Entry Fee: \$50 per team - \$90 for both girls and boys teams- **No B teams allowed!!**

Entry: Entries will be done through Hy-Tek. Event files will be posted on Runwv.com at a later date. Deadline will be **May 14th.**

Scratch Meeting: Will be at **3:45 P.M.** **Email or text any scratches before meet if you know them ahead of time. (Email and cell # below)**

Assistance: Coaches will be asked to help with running of meet (field events, back-up timers, bullpen, etc.).

Dinner: Coaches will be fed.

Rules: There will be no pole vault due to not having the equipment for that. All other events will be held according to the "Order of Events: High School One Session Meet" listed in *The Interscholastic*. Field events: 4 throws in shot and disc and 4 jumps in long jump. **All recommended Covid guidelines will be followed!!**

Contact: Coach Culicerto [304-573-6484](tel:304-573-6484) or vculicerto@netscape.net

Send Entries To: Betsy Hegele email: Shegele@k12.wv.us

