

South Charleston High School

1 Eagle Way
South Charleston, WV 25309
Phone (304) 766-0352

January 7, 2020

High School Track Coaches:

It is our privilege to invite you to participate in the Inaugural Black Eagle Invitational. The meet will be held on Friday April 10, 2020 at the University of Charleston Stadium in Charleston, WV. Reserve your spot now, since the number of teams is limited to 15 schools. Dinner will be provided for all coaches. (No athletes please)

Time Schedule: We will follow the order of events of the attached schedule. This will be a rolling schedule. The coaches meeting will be at 4:30PM at the start/finish line, the meet will begin with the field events starting at 4:45 PM and the running events starting at 5:00 PM. All times are final and there will be 3 throws in shot and discus and 3 jumps in long jump.

Awards: Team Trophies for 1st and 2nd Places. Medals for 1st place. Ribbons for 2nd – 6th places. High Point Trophy for both boys and girls.

Entry Sheets: You may enter 5 athletes in each event and 2 relays. Only 3 athletes can score per event and 1 relay. You may substitute, but not add. Hy-Tek entries are mandatory. Event file can be found on www.runwv.com. Send entries to Meet Director Shawn Wheeler at gwtrackmeets@gmail.com.

Scratch Sheets: Turn in a scratch sheet by 4:00 PM or sooner.

Deadline: Tuesday April 7, 2020 by 12:00PM

Entry Fee: \$60 Varsity Team \$100/for both a Boys and Girls Varsity Team.

Make Check Payable to South Charleston High School

Sincerely,

Shawn Wheeler
Meet Director
(304)610-7046 (cel)
e-mail: gwtrackmeets@gmail.com

A Tradition of Excellence

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BLACK EAGLE INVITATIONAL

Schedule of Events

4:30PM Coaches Meeting at the Start/Finish Line

4:45PM Field Events

Long Jump (B/G)

High Jump (G/B)

Pole Vault (B/G)

Shot Put (G/B)

Discus (B/G)

5:00PM Running Events

3200m Run

400m Dash

30 Minute Break

4x800m Relay

100/110m Hurdles

100m Dash

4x200m Relay

1600m Run

200m Hurdles

4x100m Relay

800m Run

200m Dash

Shuttles

4x400m Relay

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