

Morgantown Invitational

Two Session Meet Schedule

(Estimated Times of course)

11:00 AM - Coaches Meeting

11:30 AM - Field Events Begin

12:30 PM - Running Events Begin

3:00 PM – Break (MHS Senior Recognition)

7:00ish (Hopefully Earlier) – Award Presentation

Field Event Rotations:

(G) Shot Put, (B) Discus, (B) Pole Vault, (B) Long Jump, (G) High Jump

Followed By:

(B) Shot Put, (G) Discus, (G) Pole Vault, (G) Long Jump, (B) High Jump

4x800 Meter Relay

100 / 110 Meter High Hurdle Trials

100 Meter Dash Trials

3200 Meter Run - Girls

200 Meter Dash Trials

3200 Meter Run - Boys

400 Meter Dash

BREAK

MHS Senior Recognition

100 / 110 Meter High Hurdle Finals

100 Meter Dash Finals

4x200 Meter Relay

1600 Meter Run

300 Meter Low / Intermediate Hurdles

4x100 Meter Relay

**4x100 Meter Throwers Relay*

800 Meter Run

200 Meter Dash Finals

Shuttle Hurdle Relay

4x400 Meter Relay