

Order of Events H.B. Thomas Invitational

4:30 pm **Running events(timed finals)**

1. 3200

2. 400

20-30 minute break

3. 4x800

4. 100

5. 100HH

6. 110HH

7. 4x200

8. 1600

9. 300IH

10. 4x100

11. 800

12. 200

13. Shuttles

14. 4x400

3:45 pm

Field events

Girls Shot put, boys discus, girls high jump, boys long jump (first)