

PARENTAL CONSENT AND WAIVER

I hereby grant permission for my child to attend the Gravity is a Myth Pole Vault Camp. I verify that my child has had a physical exam in the past year and is capable of participating in the activities related to the camp. I agree to indemnify, hold harmless, and defend Tyler George, Williamstown HS, and or their agents or employees from any and all liability for injury to my child, as well as any injury or damage caused by my child. Should emergency medical treatment for my child be necessary, I hereby authorize EMS or ED physicians to order and conduct procedures necessary.

HEALTH AND ACCIDENT
INSURANCE CO.

POLICY# _____

PARENT/GUARDIAN SIGN

EMERGENCY PHONE #

LOCATION:

WILLIAMSTOWN HIGH SCHOOL

FROM I-77 TAKE EXIT 185, RT 14 PAST THE WELCOME CENTER INTO TOWN (1.5 MILES) TURN LEFT ON 8TH STREET (AT THE PARK) TURN RIGHT AT THE FOOTBALL FIELD.

FROM RT-14 SOUTH GO TO THE SECOND STOP LIGHT IN WILLIAMSTOWN (AT DIVINCI'S) AND TURN RIGHT. GO THROUGH THE STOP LIGHT AND TURN RIGHT ON 8TH JUST PAST THE PARK.

**13TH ANNUAL
GRAVITY IS A MYTH!
POLE VAULT CAMP**

JUNE 22ND AND 23RD
WILLIAMSTOWN HIGH SCHOOL

TYLER GEORGE DIRECTOR

703 W 6TH STREET
WILLIAMSTOWN, WV 26187

304-588-4726
tyler.george@k12.wv.us

VAULTING FROM THE GROUND
UP!

GRAVITY IS A MYTH!

POLE VAULT CAMP IS FOR VAULTERS FROM BEGINNER TO ADVANCED. WE TEACH A SYSTEM FROM THE GROUND UP, WHICH FOLLOWS A PROGRESSION OF DRILLS THAT MAY BE UTILIZED CAREER LONG. THIS SYSTEM HAS PRODUCED NUMEROUS STATE CHAMPIONS AND STATE RECORD HOLDERS.

WHEN? CHECK IN WILL BE FRIDAY JUNE 22ND AT 9:00 A.M. WITH THREE VAULTING SESSIONS PER DAY. WE WILL FINISH AT 4:00 P.M.

CONTENT—VAULTING DRILLS FROM POLE CARRY TO OVER THE BAR.

SAFETY AND EQUIPMENT DISCUSSIONS.

WHO—WILLIAMSTOWN VAULT COACH TYLER GEORGE. FORMER WHS AND COLLEGE VAULTERS WILL INSTRUCT.

FACILITIES—PITS AND STAFF WILL BE ADDED TO PROVIDE NO MORE THAN 12—14 VAULTERS TO A PIT.

WHAT TO BRING—

RUNNING SHOES, SPIKES, POLES, WATER BOTTLE. THERE WILL BE POLES AVAILABLE, BUT IT HELPS TO GET ACCUSTOMED TO THE ONES YOU WILL BE USING. CHECK WITH YOUR SCHOOLS COACH FOR POLES.

COACHES MAY COME TO OBSERVE THE SYSTEM FOR FREE.

COST- \$80 PER CAMPER

* IF ATHLETE WILL PARTICIPATE IN MULTIPLE EVENTS IT WILL BE \$60 + \$20 PER EACH EVENT.

EACH CAMPER WILL RECEIVE A CAMP T-SHIRT. PIZZA WILL BE PROVIDED AT LUNCH. ICE WATER WILL ALWAYS BE AVAILABLE.

WILLIAMSTOWN HS HAS PRODUCED NUMEROUS STATE CHAMPIONS AND HAS SET FIVE STATE RECORDS. WHS ALSO HOLDS A NATIONAL RECORD OF 15 CONSECUTIVE YEARS WITH A GIRL STATE CHAMPION .

- THE SECOND DAY WE WILL HAVE INSTRUCTION IN EVERY HIGH SCHOOL FIELD EVENT. CIRCLE ALL EVENTS THE ATHLETE IS INTERESTED IN DOING.

PV LG HJ SP DISCUS

APPLICATION

MAIL APPLICATION AND PARENTAL CONSENT TO:

TYLER GEORGE
507 CHERRY AVE.
WILLIAMSTOWN, WV 26187
304-588-4726

GRAVITY IS A MYTH PV CAMP IS
JUNE 22ND AND 23RD

NAME

ADDRESS

HOME PHONE

EMAIL

SCHOOL & GRADE

T-SHIRT SIZE S M L XL

**MAKE CHECKS PAYABLE TO:
GIAM PV CAMP**