

CAPITAL CITY STRIDERS INVITATIONAL - 6/10/2016 to 6/11/2016

LAIDLEY FIELD, CHARLESTON, WV

Results

50 Meter Dash 4-6 Girls

Name	Yr	Team	Finals
Finals			
1 Robinson, Amiyah	10	Capital City	9.75
2 Clarkson, Kylie	10	Patch Pacers	10.80
3 Lewis, Zaniah	10	Capital City	14.26

100 Meter Dash 4-6 Girls

Name	Yr	Team	Finals
Finals			
1 Robinson, Amiyah	10	Capital City	18.59
2 Clarkson, Kylie	10	Patch Pacers	21.15
3 Lewis, Zaniah	10	Capital City	32.06

200 Meter Dash 4-6 Girls

Name	Yr	Team	Finals
Finals			
1 Robinson, Amiyah	10	Capital City	40.09
2 Clarkson, Kylie	10	Patch Pacers	48.69

50 Meter Dash 7-8 Girls

Name	Yr	Team	Finals
Finals			
1 Petty, Jyllian	08	Unattached	9.22
2 Howell, McKenzie	08	Glenarden Tr	9.45
3 Niewierowski, Eden	09	Capital City	10.08
4 Carlyle, Rylen	09	Unattached	10.13
5 Habershon, Bianca	09	Glenarden Tr	10.25
6 Bosse', Jilianna	09	Capital City	10.67
7 Gray, Mckenzie	09	Capital City	10.83
8 Moncrief, Jordyn	09	Capital City	11.00

100 Meter Dash 7-8 Girls

Name	Yr	Team	Finals
Finals			
1 Spencer, Syree	08	Future Stars	15.69
2 Petty, Jyllian	08	Unattached	18.27
3 Quinn, Olivia	09	Capital City	18.37
4 Howell, McKenzie	08	Glenarden Tr	19.39
5 Carlyle, Rylen	09	Unattached	19.57
6 Niewierowski, Eden	09	Capital City	19.89
7 Bosse', Jilianna	09	Capital City	20.59
8 Habershon, Bianca	09	Glenarden Tr	21.05
9 Gray, Mckenzie	09	Capital City	22.50
10 Moncrief, Jordyn	09	Capital City	23.73

200 Meter Dash 7-8 Girls

Name	Yr	Team	Finals
Finals			
1 Spencer, Syree	08	Future Stars	34.46
2 Breckenridge, Rayana	08	Capital City	37.99
3 Reese, Ajayla	08	Capital City	39.46
4 Fisher, Tiffany	08	Capital City	40.48
5 Howell, McKenzie	08	Glenarden Tr	40.85
6 Railey, Kieleigh	08	Tri-State At	41.90
7 Niewierowski, Eden	09	Capital City	42.89

---	Quinn, Olivia	09	Capital City	NT
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400 Meter Dash 7-8 Girls

Name	Yr	Team	Finals
Finals			
1 Reese, Ajayla	08	Capital City	1:27.88
2 Breckenridge, Rayana	08	Capital City	1:29.52
3 Spencer, Syree	08	Future Stars	1:30.50
4 Niewierowski, Eden	09	Capital City	1:32.40
5 Fisher, Tiffany	08	Capital City	1:32.85

800 Meter Run 7-8 Girls

Name	Yr	Team	Finals
Finals			
1 Fisher, Tiffany	08	Capital City	3:39.33
2 Winrow, L Reiah	08	Capital City	4:02.02

4x200 Meter Relay 7-8 Girls

Team	Relay	Finals
Finals		
1 Capital City	A	2:51.18
2 Capital City	B	3:07.94

Long Jump 7-8 Girls

Name	Yr	Team	Finals
Finals			
1 Petty, Jyllian	08	Unattached	9-07.00
2 Reese, Ajayla	08	Capital City	7-11.00
3 Railey, Kieleigh	08	Tri-State At	5-04.00
4 Breckenridge, Rayana	08	Capital City	4-10.25

Shot Put 7-8 Girls

Name	Yr	Team	Finals
Finals			
1 Allen, Oriah	08	Capital City	12-02.50
2 Habershon, Bianca	09	Glenarden Tr	11-10.75
3 Winrow, L Reiah	08	Capital City	9-03.00

Javelin Throw TURBO JAV 7-8 Girls

Name	Yr	Team	Finals
Finals			
1 Winrow, L Reiah	08	Capital City	22-11

100 Meter Dash 9-10 Girls

Name	Yr	Team	Finals
Finals			
1 Glass, Janiya	06	Glenarden Tr	14.90
2 Delisle, Mikayla	07	Glenarden Tr	16.01
3 Spencer, Taelor	06	Future Stars	16.10
4 McCutcheon, Katie	06	Patch Pacers	16.10
5 Wilkerson, Ashley	07	Glenarden Tr	16.25
6 Dyer, Alennie	07	Capital City	16.50
7 Branch, Nina	06	Glenarden Tr	16.65
8 Ridley, Kendall	06	Glenarden Tr	16.91
9 Black, Jillian	06	Glenarden Tr	16.93
10 Smith, Abaziah	07	Capital City	17.22
11 Benton, Zaniah	06	Glenarden Tr	17.23

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Finals ... (100 Meter Dash 9-10 Girls)

Name	Yr	Team	Finals
12 Rushworth, Mary	07	Capital City	17.94
13 Stephens, Gillian	07	Glenarden Tr	18.51
14 Herring, Ny-Yanaf	07	Glenarden Tr	19.97

200 Meter Dash 9-10 Girls

Name	Yr	Team	Finals
Finals			
1 Glass, Janiya	06	Glenarden Tr	30.10
2 Delisle, Mikayla	07	Glenarden Tr	32.99
3 Spencer, Taelor	06	Future Stars	33.74
4 Wilkerson, Ashley	07	Glenarden Tr	34.27
5 Branch, Nina	06	Glenarden Tr	34.34
6 Benton, Zaniah	06	Glenarden Tr	34.34
7 Dyer, Alennie	07	Capital City	36.18
8 Bailey, Kamilah	07	Glenarden Tr	36.48
9 Black, Jillian	06	Glenarden Tr	37.21
10 Smith, Abaziah	07	Capital City	37.60
11 Rushworth, Mary	07	Capital City	38.90
12 Stephens, Gillian	07	Glenarden Tr	41.07
13 Herring, Ny-Yanaf	07	Glenarden Tr	45.65

400 Meter Dash 9-10 Girls

Name	Yr	Team	Finals
Finals			
1 Glass, Janiya	06	Glenarden Tr	1:09.51
2 Branch, Nina	06	Glenarden Tr	1:16.52
3 Delisle, Mikayla	07	Glenarden Tr	1:19.04
4 Bailey, Kamilah	07	Glenarden Tr	1:19.78
5 Spencer, Taelor	06	Future Stars	1:22.28
6 Black, Jillian	06	Glenarden Tr	1:24.27
7 Wilkerson, Ashley	07	Glenarden Tr	1:24.35
8 Smith, Abaziah	07	Capital City	1:24.46
9 Stephens, Gillian	07	Glenarden Tr	1:26.54
10 Winrow, Shannon	07	Capital City	1:31.01
11 Dyer, Alennie	07	Capital City	1:33.43
12 Herring, Ny-Yanaf	07	Glenarden Tr	1:47.08

800 Meter Run 9-10 Girls

Name	Yr	Team	Finals
Finals			
1 McCutcheon, Kallie	06	Patch Pacers	2:51.20
2 Thomas, Mariska	07	Capital City	4:35.10

1500 Meter Run 9-10 Girls

Name	Yr	Team	Finals
Finals			
1 McCutcheon, Kallie	06	Patch Pacers	5:48.31
2 Thomas, Mariska	07	Capital City	9:29.02

4x200 Meter Relay 9-10 Girls

Team	Relay	Finals
Finals		
1 Glenarden Track Club	A	2:21.60
2 Capital City	A	2:36.36
3 Glenarden Track Club	B	2:49.82

High Jump 9-10 Girls

Name	Yr	Team	Finals
Finals			
1 McCutcheon, Kallie	06	Patch Pacers	3-10.00
2 Winrow, Shannon	07	Capital City	3-04.00

Long Jump 9-10 Girls

Name	Yr	Team	Finals
Finals			
1 McCutcheon, Katie	06	Patch Pacers	10-08.00
2 Winrow, Shannon	07	Capital City	8-04.50
3 Carroll, Norah	07	Capital City	3-08.25

Shot Put 6lb 9-10 Girls

Name	Yr	Team	Finals
Finals			
1 McCutcheon, Katie	06	Patch Pacers	20-02.00
2 Ridley, Kendall	06	Glenarden Tr	13-08.00
3 Hensley, Alyson	06	Capital City	11-08.00

Javelin Throw TURBO JAV 9-10 Girls

Name	Yr	Team	Finals
Finals			
1 Ridley, Kendall	06	Glenarden Tr	29-09
2 Hensley, Alyson	06	Capital City	16-08

1500 Meter Race Walk 9-10 Girls

Name	Yr	Team	Finals
Finals			
1 Hensley, Alyson	06	Capital City	13:24.97

100 Meter Dash 11-12 Girls

Name	Yr	Team	Finals
Finals			
1 Blackwell, Elizabeth	04	Future Stars	13.56
2 Morris, Candace	05	Capital City	14.01
3 Johns, Makaela	04	Future Stars	14.43
4 Addo, Rachel	04	Glenarden Tr	15.11
5 Petty, Nadya	04	Unattached	15.23
6 Bailes, Natalie	05	Unattached	15.29
7 Landis, Marissa	04	Patch Pacers	15.36
8 Parker, Ayana	04	Glenarden Tr	15.60
9 Keith, Kanijah	05	Glenarden Tr	15.73
10 Martin, Ashley	05	Unattached	15.98
11 Oduor, Maggie	04	Unattached	16.32
12 Clarkson, Mikalah	05	Patch Pacers	17.26
13 Clarkson, Kaitlyn	05	Patch Pacers	17.57
14 Johnson, Jocelyn	05	Tri-State At	22.63

200 Meter Dash 11-12 Girls

Name	Yr	Team	Finals
Finals			
1 Blackwell, Elizabeth	04	Future Stars	27.47
2 Morris, Candace	05	Capital City	29.02
3 Benton, NyAsia	04	Future Stars	29.52
4 Saunders, Jaela	05	Capital City	29.66

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Finals ... (200 Meter Dash 11-12 Girls)

Name	Yr	Team	Finals
5 Smith-dance, Demya	05	Glenarden Tr	30.40
6 Poston, Imani	05	Glenarden Tr	36.11
7 Martin, Ashley	05	Unattached	36.12
8 Clarkson, Mikalah	05	Patch Pacers	36.87
9 Clarkson, Kaitlyn	05	Patch Pacers	37.44

400 Meter Dash 11-12 Girls

Name	Yr	Team	Finals
Finals			
1 Bumbry, Trinity	04	Glenarden Tr	1:03.46
2 Lyons, Mikaela	04	Glenarden Tr	1:04.19
3 Stephens, Genelle	04	Glenarden Tr	1:05.67
4 Holyfield, Faith	04	Future Stars	1:06.32
5 Saunders, Jaela	05	Capital City	1:07.26
6 Morris, Candace	05	Capital City	1:08.75
7 Mobley, Karlee	04	Unattached	1:16.11
8 Keith, Kanijah	05	Glenarden Tr	1:16.20
9 Bradley, Elena	04	Unattached	1:17.77
10 Oduor, Maggie	04	Unattached	1:20.25
11 Poston, Imani	05	Glenarden Tr	1:22.79
12 Custer, Gabbie	05	Capital City	1:25.50
13 Martin, Ashley	05	Unattached	1:33.65

800 Meter Run 11-12 Girls

Name	Yr	Team	Finals
Finals			
1 Saunders, Jaela	05	Capital City	2:55.13
2 Landis, Marissa	04	Patch Pacers	3:02.65
3 Custer, Gabbie	05	Capital City	3:52.84

80 Meter Hurdles 30" 11-12 Girls

Name	Yr	Team	Finals
Finals			
1 Collins, Kayla	04	Glenarden Tr	13.87
2 Benton, NyAsia	04	Future Stars	14.74
3 Johns, Makaela	04	Future Stars	15.45
4 Franklin, Trinity	04	Glenarden Tr	15.51
5 Bailes, Natalie	05	Unattached	16.71
6 Lyons, Mikaela	04	Glenarden Tr	17.90

4x100 Meter Relay 11-12 Girls

Team	Relay	Finals
Finals		
1 Future Stars	A	53.18
1) Blackwell, Elizabeth 04	2) Holyfield, Faith 04	
3) Johns, Makaela 04	4) Benton, NyAsia 04	
2 Capital City	A	58.19

4x200 Meter Relay 11-12 Girls

Team	Relay	Finals
Finals		
1 Glenarden Track Club	A	2:02.06
2 Glenarden Track Club	C	2:02.09
3 Glenarden Track Club	B	2:06.99

4x400 Meter Relay 11-12 Girls

Team	Relay	Finals
Finals		
1 Glenarden Track Club	A	4:20.23
2 Glenarden Track Club	B	5:11.88

High Jump 11-12 Girls

Name	Yr	Team	Finals
Finals			
1 Collins, Kayla	04	Glenarden Tr	5-03.00
2 Franklin, Trinity	04	Glenarden Tr	4-04.00
3 Petty, Nadya	04	Unattached	4-02.00
3 Landis, Marissa	04	Patch Pacers	4-02.00
5 Smith-dance, Demya	05	Glenarden Tr	3-10.00

Long Jump 11-12 Girls

Name	Yr	Team	Finals
Finals			
1 Franklin, Trinity	04	Glenarden Tr	13-07.50
2 Holyfield, Faith	04	Future Stars	13-05.50
3 Bailes, Natalie	05	Unattached	11-10.00
4 Clarkson, Kaitlyn	05	Patch Pacers	9-05.50
5 Clarkson, Mikalah	05	Patch Pacers	8-07.25

Shot Put 6lb 11-12 Girls

Name	Yr	Team	Finals
Finals			
1 Franklin, Trinity	04	Glenarden Tr	30-11.00
2 Collins, Kayla	04	Glenarden Tr	23-00.00
3 Carney, Brooklyn	04	Unattached	16-05.50
4 Johnson, Jocelyn	05	Tri-State At	16-02.00

Discus Throw 1K 11-12 Girls

Name	Yr	Team	Finals
Finals			
1 Carney, Brooklyn	04	Unattached	44-09
2 Johnson, Jocelyn	05	Tri-State At	39-02

100 Meter Dash 13-14 Girls

Name	Yr	Team	Finals
Finals			
1 Sharps, Sanaa	03	Glenarden Tr	13.33
2 Addo, Rakyia	03	Glenarden Tr	13.39
3 Johnson, Cayla	02	Glenarden Tr	13.60
4 Charity, Mayah	03	Future Stars	13.95
5 Starkey, Diana	03	Glenarden Tr	14.08
6 Jackson, Bethany	02	Glenarden Tr	14.25
7 James, Christian	03	Glenarden Tr	15.21
8 Solomon, Zada	03	Future Stars	15.87
9 Popson, Chaniya	03	Glenarden Tr	16.03
10 Stewart, Jade	03	Tri-State At	16.56
11 Johnson, Haven	02	Tri-State At	16.66
12 Bailey, Megan	02	Capital City	17.50
13 Meade, Ayrazzelia	03	Tri-State At	22.13

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200 Meter Dash 13-14 Girls

Name	Yr	Team	Finals
Finals			
1 Addo, Rakyia	03	Glenarden Tr	27.54
2 Johnson, Cayla	02	Glenarden Tr	27.65
3 Sharps, Sanaa	03	Glenarden Tr	27.67
4 Murray, Amiyah	02	Glenarden Tr	28.04
5 Charity, Mayah	03	Future Stars	28.89
6 Jackson, Bethany	02	Glenarden Tr	29.73
7 Stephens, Gabrielle	03	Glenarden Tr	30.69
8 Walden, Alisa	02	Tri-State At	35.12
9 Johnson, Haven	02	Tri-State At	39.31

400 Meter Dash 13-14 Girls

Name	Yr	Team	Finals
Finals			
1 Charity, Mayah	03	Future Stars	1:05.09
2 Starkey, Diana	03	Glenarden Tr	1:07.23
3 Stephens, Gabrielle	03	Glenarden Tr	1:07.60
4 Adkins, Baylee	02	Capital City	1:07.65
5 Jones, Safiyah	02	Glenarden Tr	1:09.16
6 Popson, Chaniya	03	Glenarden Tr	1:14.02
7 James, Christian	03	Glenarden Tr	1:19.58
8 Walden, Alisa	02	Tri-State At	1:20.91
9 Butler, Niara	03	Glenarden Tr	1:22.27
10 Gray, Audrie	03	Tri-State At	1:26.22

800 Meter Run 13-14 Girls

Name	Yr	Team	Finals
Finals			
1 Trippett, Madison	02	Unattached	2:27.56
2 Adkins, Baylee	02	Capital City	2:53.34
3 Fisher, Tori	03	Capital City	2:55.40
4 Custer, Abrie	03	Capital City	2:57.83
5 Rushworth, Elizabeth	03	Capital City	3:17.12
6 Gray, Audrie	03	Tri-State At	3:28.28

1500 Meter Run 13-14 Girls

Name	Yr	Team	Finals
Finals			
1 Custer, Abrie	03	Capital City	5:46.39
2 Adkins, Baylee	02	Capital City	5:53.90
3 Fisher, Tori	03	Capital City	5:57.50
4 Rushworth, Elizabeth	03	Capital City	5:58.24

3000 Meter Run 13-14 Girls

Name	Yr	Team	Finals
Finals			
1 Custer, Abrie	03	Capital City	13:25.58
2 Fisher, Tori	03	Capital City	15:15.59

100 Meter Hurdles 30" 13-14 Girls

Name	Yr	Team	Finals
Finals			
1 Reynolds, Jessica	02	Capital City	18.55
2 Wood, Elicia	03	Unattached	19.31

3 Smith, Faith	03	Capital City	19.69
4 Hightower, Taylor	02	Capital City	21.94

200 Meter Hurdles 30" 13-14 Girls

Name	Yr	Team	Finals
Finals			
1 Trippett, Madison	02	Unattached	32.65
2 Murray, Amiyah	02	Glenarden Tr	32.69
3 Reynolds, Jessica	02	Capital City	34.05
4 Smith, Faith	03	Capital City	35.70
5 Wood, Elicia	03	Unattached	36.10
6 Hightower, Taylor	02	Capital City	38.91

4x100 Meter Relay 13-14 Girls

Team	Relay	Finals
Finals		
1 Tri-State At	A	1:05.83
1) Walden, Alisa 02	2) Gray, Audrie 03	
3) Johnson, Haven 02	4) Stewart, Jade 03	

4x200 Meter Relay 13-14 Girls

Team	Relay	Finals
Finals		
1 Glenarden Track Club	B	1:53.84
2 Glenarden Track Club	A	2:06.15

4x400 Meter Relay 13-14 Girls

Team	Relay	Finals
Finals		
1 Glenarden Track Club	A	5:42.12

High Jump 13-14 Girls

Name	Yr	Team	Finals
Finals			
1 Wood, Elicia	03	Unattached	4-06.00
2 Thornton, Lillie	03	Glenarden Tr	4-00.00

Pole Vault 13-14 Girls

Name	Yr	Team	Finals
Finals			
1 Goodman, Dianna	02	Capital City	9-00.00
2 Bailey, Megan	02	Capital City	8-00.00
3 Smith, Faith	03	Capital City	7-00.00

Long Jump 13-14 Girls

Name	Yr	Team	Finals
Finals			
1 Johnson, Cayla	02	Glenarden Tr	16-03.75
2 Trippett, Madison	02	Unattached	14-02.00
3 Thornton, Lillie	03	Glenarden Tr	11-07.00
4 Walden, Alisa	02	Tri-State At	11-03.00
5 Stewart, Jade	03	Tri-State At	10-09.75
6 Gray, Audrie	03	Tri-State At	9-07.50

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Triple Jump 13-14 Girls

Name	Yr	Team	Finals
Finals			
1 Wood, Elicia	03	Unattached	26-00.00

Shot Put 6lb 13-14 Girls

Name	Yr	Team	Finals
Finals			
1 O'Leary, Colleen	03	Capital City	30-01.50
2 Thornton, Lillie	03	Glenarden Tr	24-09.00
3 Solomon, Zada	03	Future Stars	21-01.00
4 Johnson, Haven	02	Tri-State At	19-09.00
5 Meade, Ayrazzelia	03	Tri-State At	19-03.00

Discus Throw 1K 13-14 Girls

Name	Yr	Team	Finals
Finals			
1 O'Leary, Colleen	03	Capital City	64-04
2 Meade, Ayrazzelia	03	Tri-State At	45-02

Javelin Throw 13-14 Girls

Name	Yr	Team	Finals
Finals			
1 O'Leary, Colleen	03	Capital City	59-04
2 Bailey, Megan	02	Capital City	33-11

100 Meter Dash 15-16 Girls

Name	Yr	Team	Finals
Finals			
1 Glass, Jon	00	Glenarden Tr	13.00
2 Hall, Malina	01	Future Stars	13.44
3 Hefner, Raegan	01	Capital City	13.65
4 Fox, Kelly	01	Capital City	14.60
5 Martin, Cherokee	00	Unattached	18.65

200 Meter Dash 15-16 Girls

Name	Yr	Team	Finals
Finals			
1 Hall, Malina	01	Future Stars	27.83
2 Hefner, Raegan	01	Capital City	28.46
3 Legros, Nadia	01	Capital City	29.93

400 Meter Dash 15-16 Girls

Name	Yr	Team	Finals
Finals			
1 Hall, Malina	01	Future Stars	1:03.84
2 Hefner, Raegan	01	Capital City	1:03.87
3 Fox, Kelly	01	Capital City	1:29.74

100 Meter Hurdles 33" 15-16 Girls

Name	Yr	Team	Finals
Finals			
1 Martin, Cherokee	00	Unattached	28.23

High Jump 15-16 Girls

Name	Yr	Team	Finals
Finals			
1 Legros, Nadia	01	Capital City	5-02.00

Shot Put 4Kg 15-16 Girls

Name	Yr	Team	Finals
Finals			
1 Harmon, Nevaeh	01	Capital City	25-05.00

Discus Throw 1K 15-16 Girls

Name	Yr	Team	Finals
Finals			
1 Harmon, Nevaeh	01	Capital City	75-04

Javelin Throw 15-16 Girls

Name	Yr	Team	Finals
Finals			
1 Harmon, Nevaeh	01	Capital City	0.75

200 Meter Dash 17-18 Women

Name	Yr	Team	Finals
Finals			
1 Houston, Malika	98	Capital City	26.35

100 Meter Hurdles 33" 17-18 Women

Name	Yr	Team	Finals
Finals			
1 Houston, Malika	98	Capital City	15.06

400 Meter Hurdles 30" 17-18 Women

Name	Yr	Team	Finals
Finals			
1 Houston, Malika	98	Capital City	1:07.12

2000 Meter Steeplechase 17-18 Women

Name	Yr	Team	Finals
Finals			
1 Bradley, Sophia	99	Unattached	9:04.50

High Jump 17-18 Women

Name	Yr	Team	Finals
Finals			
1 Hinkle, Carly	98	Capital City	5-04.00

Pole Vault 17-18 Women

Name	Yr	Team	Finals
Finals			
1 Snodgrass, Haley	99	Capital City	10-08.00
2 Riley, Shannon	99	Capital City	9-06.00

Long Jump 17-18 Women

Name	Yr	Team	Finals
Finals			
1 Houston, Malika	98	Capital City	17-03.25

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100 Meter Dash Open Women

Name	Yr	Team	Finals
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Finals

1	Petty, Tyanna	96	Unattached	12.90
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200 Meter Dash Open Women

Name	Yr	Team	Finals
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Finals

1	Shavers, Sage	95	Capital City	39.25
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High Jump Open Women

Name	Yr	Team	Finals
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Finals

1	Petty, Tyanna	96	Unattached	5-04.00
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100 Meter Hurdles 33" Sub-Masters Women

Name	Yr	Team	Finals
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Finals

1	Lett, Mandie	84	Capital City	27.21
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Javelin Throw Sub-Masters Women

Name	Yr	Team	Finals
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Finals

1	Lett, Mandie	84	Capital City	0.50
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3000 Meter Race Walk Sub-Masters Women

Name	Yr	Team	Finals
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Finals

1	Lett, Mandie	84	Capital City	24:30.31
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100 Meter Dash Masters Women

Name	Yr	Team	Finals
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Finals

1	Stephens, Tiamoya	74	Glenarden Tr	14.72
2	Shavers, Zoe	71	Capital City	16.78

200 Meter Dash Masters Women

Name	Yr	Team	Finals
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Finals

1	Shavers, Zoe	71	Capital City	39.51
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4x100 Meter Relay Masters Women

Team	Relay	Finals
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Finals

1	Glenarden Track Club	A	1:05.14
2	Capital City	A	1:08.67

50 Meter Dash 4-6 Boys

Name	Yr	Team	Finals
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Finals

1	Branch, Amir	10	Glenarden Tr	9.63
2	Larry-Parker, Tyron	10	Glenarden Tr	11.09
3	Habershon, Devin	10	Glenarden Tr	11.14
4	Carroll, Liam	11	Capital City	12.46
5	Niewierowski, John	12	Capital City	14.28

100 Meter Dash 4-6 Boys

Name	Yr	Team	Finals
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Finals

1	Branch, Amir	10	Glenarden Tr	18.76
2	Wilkerson, Ashton	10	Glenarden Tr	19.23
3	Habershon, Devin	10	Glenarden Tr	21.15
4	Larry-Parker, Tyron	10	Glenarden Tr	21.35
5	Barbee, Alex	10	Patch Pacers	21.41
6	Washington, James	11	Capital City	24.59
7	Niewierowski, John	12	Capital City	29.94

200 Meter Dash 4-6 Boys

Name	Yr	Team	Finals
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Finals

1	Wilkerson, Ashton	10	Glenarden Tr	40.97
2	Branch, Amir	10	Glenarden Tr	42.42
3	Larry-Parker, Tyron	10	Glenarden Tr	48.95
4	Barbee, Alex	10	Patch Pacers	54.65
5	Washington, James	11	Capital City	1:02.82

400 Meter Dash 4-6 Boys

Name	Yr	Team	Finals
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Finals

1	Wilkerson, Ashton	10	Glenarden Tr	1:33.78
2	Hankins, La Davion	10	Capital City	1:48.65
3	Carroll, Liam	11	Capital City	2:01.60
4	Barbee, Alex	10	Patch Pacers	2:13.26

4x200 Meter Relay 4-6 Boys

Team	Relay	Finals
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Finals

1	Capital City	A	4:37.65
---	Glenarden Track Club	A	DNF

50 Meter Dash 7-8 Boys

Name	Yr	Team	Finals
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Finals

1	Borders, Franklin	08	Capital City	9.14
2	Lewis, Zane	08	Capital City	9.64

100 Meter Dash 7-8 Boys

Name	Yr	Team	Finals
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Finals

1	Thompson, Roman	08	Future Stars	16.41
2	Smith, Amar	08	Glenarden Tr	16.63
3	Franklin, Daniel	08	Glenarden Tr	17.28
4	Stevens, Asher	08	Unattached	18.40
5	Borders, Franklin	08	Capital City	18.71
6	Lewis, Zane	08	Capital City	19.82
7	Clark, Ari	09	Unattached	20.12
8	Stevens, Jude	09	Unattached	22.87

200 Meter Dash 7-8 Boys

Name	Yr	Team	Finals
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Finals

1	Thompson, Roman	08	Future Stars	33.69
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Finals ... (200 Meter Dash 7-8 Boys)

Name	Yr	Team	Finals
2 Smith, Amar	08	Glenarden Tr	33.94
3 Stephens, Grant	08	Glenarden Tr	34.24
4 Spencer, Demayaih	09	Capital City	35.13
5 Porter, Takye	09	Capital City	37.26
6 Stevens, Asher	08	Unattached	39.00
7 Franklin, Daniel	08	Glenarden Tr	40.69
8 Clark, Ari	09	Unattached	43.01
9 Jones, Stephen	08	Tri-State At	43.24
10 Stevens, Jude	09	Unattached	52.92

400 Meter Dash 7-8 Boys

Name	Yr	Team	Finals
1 Ruffin, Dwayne	08	Capital City	1:17.58
2 Stephens, Grant	08	Glenarden Tr	1:17.59
3 Spencer, Demayaih	09	Capital City	1:20.86
4 Porter, Takye	09	Capital City	1:27.86
5 Stevens, Asher	08	Unattached	1:31.40
6 Clark, Ari	09	Unattached	1:37.87

800 Meter Run 7-8 Boys

Name	Yr	Team	Finals
1 Ruffin, Dwayne	08	Capital City	3:20.33

4x200 Meter Relay 7-8 Boys

Team	Relay	Finals
1 Glenarden Track Club	A	2:45.58
2 Capital City	A	2:48.92

Long Jump 7-8 Boys

Name	Yr	Team	Finals
1 Jones, Stephen	08	Tri-State At	5-00.50

Shot Put 7-8 Boys

Name	Yr	Team	Finals
1 Borders, Franklin	08	Capital City	14-04.00

100 Meter Dash 9-10 Boys

Name	Yr	Team	Finals
1 Butler, Nahzri	06	Glenarden Tr	15.03
2 George, Xavier	06	Glenarden Tr	15.03
3 Duckett, Jaden	06	Future Stars	15.11
4 Petty, Qwentyn	06	Unattached	15.26
5 Bryant, Marcus	06	Glenarden Tr	15.27
6 Kellum, Roman	06	Capital City	15.38
7 Benton, Eddie	06	Future Stars	15.58
8 Reese, Jarell	06	Capital City	16.24
9 Rainey, Lonnell	07	Glenarden Tr	16.74
10 Quinn, Quincy	07	Capital City	16.87
11 Lewis, Zavier	07	Capital City	17.56

12 ash, brayden	06	Patch Pacers	19.00
13 Bush, Cameron	07	Capital City	19.32
14 Barber, Kieron	07	Glenarden Tr	19.74
15 Lambert, Gus	07	Tri-State At	25.44

200 Meter Dash 9-10 Boys

Name	Yr	Team	Finals
1 George, Xavier	06	Glenarden Tr	30.91
2 Butler, Nahzri	06	Glenarden Tr	31.44
3 Duckett, Jaden	06	Future Stars	31.49
4 Petty, Qwentyn	06	Unattached	31.61
5 Benton, Eddie	06	Future Stars	32.48
6 Legros, Sean	07	Capital City	33.81
7 Howell, Jaden	07	Future Stars	34.09
8 Bryant, Marcus	06	Glenarden Tr	34.17
9 Quinn, Quincy	07	Capital City	34.90
10 Higginbotham, Isiah	07	Capital City	35.21
11 Woodson, Michael	06	Future Stars	35.37
12 Woodson, Donnell	07	Future Stars	35.63
13 Reese, Jaylon	06	Capital City	35.75
14 Haynes, Lincoln	07	Unattached	36.28
15 Lewis, Zavier	07	Capital City	36.48
16 Cremeans, Jacob	07	Tri-State At	41.00

400 Meter Dash 9-10 Boys

Name	Yr	Team	Finals
1 George, Xavier	06	Glenarden Tr	1:11.33
2 Legros, Sean	07	Capital City	1:11.35
3 Bryant, Marcus	06	Glenarden Tr	1:14.17
4 Benton, Eddie	06	Future Stars	1:16.59
5 Reese, Jaylon	06	Capital City	1:17.86
6 Haynes, Lincoln	07	Unattached	1:19.04
7 Reese, Jarell	06	Capital City	1:20.57
8 Woodson, Donnell	07	Future Stars	1:20.97
9 Howell, Jaden	07	Future Stars	1:24.02
10 Woodson, Michael	06	Future Stars	1:24.34
11 Kellum, Roman	06	Capital City	1:25.50
12 Brown, Malcolm	07	Capital City	1:28.77
13 Hankins, Xzavion	07	Capital City	1:30.98
14 Cremeans, Jacob	07	Tri-State At	1:33.47
15 Harper, Payton	06	Patch Pacers	1:39.58

800 Meter Run 9-10 Boys

Name	Yr	Team	Finals
1 Legros, Sean	07	Capital City	3:09.83
2 Reese, Jaylon	06	Capital City	3:12.18
3 Haynes, Lincoln	07	Unattached	3:15.32

4x200 Meter Relay 9-10 Boys

Team	Relay	Finals
1 Glenarden Track Club	A	2:19.91
2 Capital City	A	2:26.84

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High Jump 9-10 Boys

Name	Yr	Team	Finals
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Finals

1	Kellum, Roman	06	Capital City	3-06.00
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Long Jump 9-10 Boys

Name	Yr	Team	Finals
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Finals

1	Petty, Qwentyn	06	Unattached	11-08.50
2	Harper, Payton	06	Patch Pacers	9-03.00
3	Cremeans, Jacob	07	Tri-State At	7-02.25
4	Lambert, Gus	07	Tri-State At	2-10.00

Shot Put 6lb 9-10 Boys

Name	Yr	Team	Finals
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Finals

1	Rainey, Lonnell	07	Glenarden Tr	17-03.00
2	Reese, Jarell	06	Capital City	14-07.00
3	ash, brayden	06	Patch Pacers	14-06.00
4	Lambert, Gus	07	Tri-State At	12-01.00
5	Barber, Kieron	07	Glenarden Tr	11-07.00

Javelin Throw TURBO JAV 9-10 Boys

Name	Yr	Team	Finals
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Finals

1	Harper, Payton	06	Patch Pacers	64-01
2	Rainey, Lonnell	07	Glenarden Tr	38-09
3	Barber, Kieron	07	Glenarden Tr	33-11

100 Meter Dash 11-12 Boys

Name	Yr	Team	Finals
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Finals

1	Williams, Tai Shaan	04	Glenarden Tr	15.46
2	Bell, Desmond	05	Glenarden Tr	16.71
3	Quinn, Dashawn	05	Capital City	16.75
4	Moncrief, Isaiah	05	Capital City	19.72

200 Meter Dash 11-12 Boys

Name	Yr	Team	Finals
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Finals

1	Mosley, Michael	04	Future Stars	28.82
2	McCaskill, Keyshawn	04	Future Stars	29.21
3	Solomon, Shawn	05	Future Stars	29.27
4	Branch, Kindrik	05	Glenarden Tr	30.71
5	Williams, Tai Shaan	04	Glenarden Tr	31.73
6	Thompson, Cooper	05	Future Stars	32.27
7	Quinn, Dashawn	05	Capital City	34.70
8	Shanks, Braxton	04	Patch Pacers	37.06
9	Franklin, William	05	Glenarden Tr	39.20

400 Meter Dash 11-12 Boys

Name	Yr	Team	Finals
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Finals

1	Solomon, Shawn	05	Future Stars	1:06.59
2	Thompson, Cooper	05	Future Stars	1:08.75
3	McCaskill, Keyshawn	04	Future Stars	1:09.20

4	Branch, Kindrik	05	Glenarden Tr	1:10.98
5	Hairston, Tyrone	04	Capital City	1:14.56
6	Black, Kelton	05	Patch Pacers	1:22.93
7	Bell, Desmond	05	Glenarden Tr	2:10.24

800 Meter Run 11-12 Boys

Name	Yr	Team	Finals
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Finals

1	Shanks, Braxton	04	Patch Pacers	2:42.36
2	Hairston, Tyrone	04	Capital City	2:48.65
3	Black, Kelton	05	Patch Pacers	3:14.62

1500 Meter Run 11-12 Boys

Name	Yr	Team	Finals
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Finals

1	Hairston, Tyrone	04	Capital City	6:03.51
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80 Meter Hurdles 30" 11-12 Boys

Name	Yr	Team	Finals
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Finals

1	Branch, Kindrik	05	Glenarden Tr	17.70
2	Jackson, Marc	05	Glenarden Tr	17.85
3	Quinn, Dashawn	05	Capital City	27.05

4x100 Meter Relay 11-12 Boys

Team	Relay	Finals
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Finals

1	Future Stars	A	56.95
1)	Thompson, Cooper 05	2)	McCaskill, Keyshawn 04
3)	Mosley, Michael 04	4)	Solomon, Shawn 05
2	Capital City	A	1:09.40
1)	Legg, Ayden 04	2)	Hall, Christopher 05
3)	Quinn, Dashawn 05	4)	Moncrief, Isaiah 05

4x200 Meter Relay 11-12 Boys

Team	Relay	Finals
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Finals

1	Glenarden Track Club	A	2:16.12
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High Jump 11-12 Boys

Name	Yr	Team	Finals
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Finals

1	Shanks, Braxton	04	Patch Pacers	4-00.00
2	Wood, Ian	05	Unattached	3-10.00
2	Jackson, Marc	05	Glenarden Tr	3-10.00

Long Jump 11-12 Boys

Name	Yr	Team	Finals
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Finals

1	Jackson, Marc	05	Glenarden Tr	11-10.50
2	Wood, Ian	05	Unattached	10-09.00
3	Black, Kelton	05	Patch Pacers	8-05.00

Shot Put 6lb 11-12 Boys

Name	Yr	Team	Finals
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Finals

1	Jackson, Marc	05	Glenarden Tr	20-04.00
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Finals ... (Shot Put 6lb 11-12 Boys)

Name	Yr	Team	Finals
2 Franklin, William	05	Glenarden Tr	16-03.00

Discus Throw 1K 11-12 Boys

Name	Yr	Team	Finals
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Finals

1 Burnside, Adam	05	Unattached	63-06
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100 Meter Dash 13-14 Boys

Name	Yr	Team	Finals
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Finals

1 Daniels, Niles	02	Glenarden Tr	14.32
2 Boone, Dylan	03	Glenarden Tr	14.48
3 Tawney, Wade	02	Patch Pacers	15.35

200 Meter Dash 13-14 Boys

Name	Yr	Team	Finals
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Finals

1 Burnett, Dray	02	Glenarden Tr	25.31
2 Roach, Giancarlo	03	Glenarden Tr	25.87
3 Bethune, Michael	03	Glenarden Tr	27.42
4 Boone, Dylan	03	Glenarden Tr	30.19
5 Stewart, Zane	03	Tri-State At	30.25

400 Meter Dash 13-14 Boys

Name	Yr	Team	Finals
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Finals

1 Burnett, Dray	02	Glenarden Tr	55.39
2 Roach, Giovanni	03	Glenarden Tr	55.84
3 Bailey, Kymani	02	Glenarden Tr	57.30
4 Burton, Razjae	02	Glenarden Tr	1:02.82
5 Bethune, Michael	03	Glenarden Tr	1:03.73
6 Colbert, Laurenz	03	Glenarden Tr	1:04.64
7 Stewart, Zane	03	Tri-State At	1:06.55
8 Daniels, Niles	02	Glenarden Tr	1:07.21
9 Hefner, Keaton	03	Capital City	1:13.71

800 Meter Run 13-14 Boys

Name	Yr	Team	Finals
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Finals

1 Stevenson, Christopher	02	Glenarden Tr	2:21.73
2 Bailey, Kymani	02	Glenarden Tr	2:30.33
3 Burton, Razjae	02	Glenarden Tr	2:30.36
4 McCutcheon, Cael	03	Patch Pacers	2:42.13
5 Hefner, Keaton	03	Capital City	2:53.06

1500 Meter Run 13-14 Boys

Name	Yr	Team	Finals
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Finals

1 Hensley, Trenton	03	Capital City	7:10.35
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100 Meter Hurdles 33" 13-14 Boys

Name	Yr	Team	Finals
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Finals

1 Tawney, Wade	02	Patch Pacers	19.28
2 Roach, Giancarlo	03	Glenarden Tr	19.48

3 Hensley, Trenton	03	Capital City	22.99
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200 Meter Hurdles 30" 13-14 Boys

Name	Yr	Team	Finals
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Finals

1 Roach, Giovanni	03	Glenarden Tr	30.24
2 Tawney, Wade	02	Patch Pacers	34.39
3 Roach, Giancarlo	03	Glenarden Tr	40.59
4 Hensley, Trenton	03	Capital City	41.41

4x200 Meter Relay 13-14 Boys

Team	Relay	Finals
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Finals

1 Glenarden Track Club	A	1:42.31
2 Glenarden Track Club	B	1:54.99

Pole Vault 13-14 Boys

Name	Yr	Team	Finals
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Finals

1 Burnside, Reese	03	Unattached	9-06.00
2 Call, Christian	02	Capital City	8-00.00
--- McCutcheon, Cael	03	Patch Pacers	NH
--- Pepper, Chase	03	Capital City	NH

Long Jump 13-14 Boys

Name	Yr	Team	Finals
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Finals

1 McCutcheon, Cael	03	Patch Pacers	14-02.50
2 Boone, Dylan	03	Glenarden Tr	13-02.25

Shot Put 4Kg 13-14 Boys

Name	Yr	Team	Finals
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Finals

1 Hartley, Caleb	02	Capital City	47-02.00
2 Taylor, Zach	03	Patch Pacers	20-09.00

Discus Throw 1K 13-14 Boys

Name	Yr	Team	Finals
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Finals

1 Hartley, Caleb	02	Capital City	133-06
2 Taylor, Zach	03	Patch Pacers	52-09

Javelin Throw 13-14 Boys

Name	Yr	Team	Finals
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Finals

1 McCutcheon, Cael	03	Patch Pacers	86-03
2 Tawney, Wade	02	Patch Pacers	49-03
3 Taylor, Zach	03	Patch Pacers	39-10

100 Meter Dash 15-16 Boys

Name	Yr	Team	Finals
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Finals

1 Fletcher, Malcolm	00	Capital City	11.44
2 Ridley, Dashon	00	Glenarden Tr	12.07
3 Freashour, Zion	00	Capital City	12.66
4 Dawson, Jadan	01	Tri-State At	16.71
5 Walden, Zack	01	Tri-State At	18.27

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200 Meter Dash 15-16 Boys

Name	Yr	Team	Finals
Finals			
1 Fletcher, Malcolm	00	Capital City	22.88
2 Fleming, Aligah	01	Capital City	23.69
3 Ridley, Dashon	00	Glenarden Tr	24.65
4 Elder, Devin	01	Unattached	27.83

400 Meter Dash 15-16 Boys

Name	Yr	Team	Finals
Finals			
1 Carson, Trevor	01	Capital City	54.05
2 Murphy, Gabe	01	Glenarden Tr	54.93
3 Fleming, Aligah	01	Capital City	57.07

800 Meter Run 15-16 Boys

Name	Yr	Team	Finals
Finals			
1 Carson, Trevor	01	Capital City	2:16.36
2 Elder, Devin	01	Unattached	2:33.09
3 Jarrett, Evan	01	Capital City	2:46.87

1500 Meter Run 15-16 Boys

Name	Yr	Team	Finals
Finals			
1 Jarrett, Evan	01	Capital City	5:46.41

3000 Meter Run 15-16 Boys

Name	Yr	Team	Finals
Finals			
1 Carroll, Russell	01	Capital City	9:59.32
2 Middaugh, Brian	00	Unattached	10:47.14
3 Jarrett, Evan	01	Capital City	13:30.21

110 Meter Hurdles 39" 15-16 Boys

Name	Yr	Team	Finals
Finals			
1 Elder, Devin	01	Unattached	24.82

2000 Meter Steeplechase 15-16 Boys

Name	Yr	Team	Finals
Finals			
1 Middaugh, Brian	00	Unattached	7:29.47
2 Kilbourne, Thoreau	00	Unattached	9:48.55

4x200 Meter Relay 15-16 Boys

Team	Relay	Finals
Finals		
1 Capital City	A	1:35.94

Pole Vault 15-16 Boys

Name	Yr	Team	Finals
Finals			
1 Eaton, Steven	01	Capital City	11-00.00

Shot Put 12lb 15-16 Boys

Name	Yr	Team	Finals
Finals			
1 Dawson, Jadan	01	Tri-State At	28-11.00
2 Walden, Zack	01	Tri-State At	19-06.00

Discus Throw 1.6K 15-16 Boys

Name	Yr	Team	Finals
Finals			
1 Whaley, William	01	Unattached	77-06
2 Dawson, Jadan	01	Tri-State At	76-04
3 Walden, Zack	01	Tri-State At	58-08

100 Meter Dash 17-18 Men

Name	Yr	Team	Finals
Finals			
1 Pongsugher, Trenton	99	Capital City	11.52

200 Meter Dash 17-18 Men

Name	Yr	Team	Finals
Finals			
1 Pongsugher, Trenton	99	Capital City	23.41

110 Meter Hurdles 39" 17-18 Men

Name	Yr	Team	Finals
Finals			
1 Lee, Austin	99	Unattached	15.54
2 Coon, Haden	99	Patch Pacers	15.55

400 Meter Hurdles 36" 17-18 Men

Name	Yr	Team	Finals
Finals			
1 Lee, Austin	99	Unattached	1:02.23
2 Coon, Haden	99	Patch Pacers	1:04.11

High Jump 17-18 Men

Name	Yr	Team	Finals
Finals			
1 Nichols, Luke	99	Capital City	6-08.00
2 Shawn, Arthur	98	Capital City	6-04.00

Pole Vault 17-18 Men

Name	Yr	Team	Finals
Finals			
1 Garrett, Austin	98	Capital City	14-06.00
2 Griffith, Zane	97	Capital City	13-06.00
3 Coon, Haden	99	Patch Pacers	13-00.00

Shot Put 16lb 17-18 Men

Name	Yr	Team	Finals
Finals			
1 Dotson, Samuel	98	Capital City	52-00.00
2 Garnett Jr, Ramone	98	Capital City	39-04.00

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Discus Throw 1.6K 17-18 Men

Name	Yr	Team	Finals
Finals			
1	Dotson, Samuel	98 Capital City	161-09
2	Garnett Jr, Ramone	98 Capital City	99-10.50

Javelin Throw 17-18 Men

Name	Yr	Team	Finals
Finals			
1	Garnett Jr, Ramone	98 Capital City	1

100 Meter Dash Open Men

Name	Yr	Team	Finals
Finals			
1	Taylor, Nate	92 Unattached	10.84
2	Kacor, Brendan	92 Unattached	10.93
3	McAllister, Daniel	97 Unattached	11.47
4	Pryor, Michael	95 Glenarden Tr	11.91
5	Thompson, Zachary	95 Capital City	12.20

200 Meter Dash Open Men

Name	Yr	Team	Finals
Finals			
1	Kacor, Brendan	92 Unattached	22.17
2	McAllister, Daniel	97 Unattached	23.41
3	Thompson, Zachary	95 Capital City	24.94
4	Craft, Alex	97 Unattached	28.76

800 Meter Run Open Men

Name	Yr	Team	Finals
Finals			
1	Craft, Alex	97 Unattached	2:42.01

110 Meter Hurdles 39" Open Men

Name	Yr	Team	Finals
Finals			
1	Martin, Dustin	95 Unattached	24.83

400 Meter Hurdles 36" Open Men

Name	Yr	Team	Finals
Finals			
1	Martin, Dustin	95 Unattached	59.63

4x200 Meter Relay Open Men

Team	Relay	Finals
Finals		
1	Glenarden Track Club A	1:44.67
2	Capital City A	1:53.18
3	Glenarden Track Club B	1:54.54

Shot Put 16lb Open Men

Name	Yr	Team	Finals
Finals			
1	Moss, Alexander	94 Capital City	34-11.00

Discus Throw 1.6K Open Men

Name	Yr	Team	Finals
Finals			
1	Moss, Alexander	94 Capital City	112-03

Javelin Throw Open Men

Name	Yr	Team	Finals
Finals			
1	Moss, Alexander	94 Capital City	144-05

100 Meter Dash Sub-Masters Men

Name	Yr	Team	Finals
Finals			
1	Branch Jr, Richard	78 Glenarden Tr	13.01

1500 Meter Run Sub-Masters Men

Name	Yr	Team	Finals
Finals			
1	Harrison, Donald	81 Glenarden Tr	5:19.24

110 Meter Hurdles 39" Sub-Masters Men

Name	Yr	Team	Finals
Finals			
1	Lett, Travis	81 Capital City	20.10

400 Meter Hurdles 36" Sub-Masters Men

Name	Yr	Team	Finals
Finals			
1	Lett, Travis	81 Capital City	1:27.04

Javelin Throw Sub-Masters Men

Name	Yr	Team	Finals
Finals			
1	Lett, Travis	81 Capital City	0.75

800 Meter Run Master-Master Men

Name	Yr	Team	Finals
Finals			
1	Daugherty, John	66 Unattached	2:38.45

High Jump Master-Master Men

Name	Yr	Team	Finals
Finals			
1	Daugherty, John	66 Unattached	5-08.00
2	Murray, Marshall	58 Capital City	5-00.00
3	Harris, Maurice	61 Capital City	4-10.00

Long Jump Master-Master Men

Name	Yr	Team	Finals
Finals			
1	Daugherty, John	66 Unattached	15-07.25
2	Harris, Maurice	61 Capital City	7-03.00

Triple Jump Master-Master Men

Name	Yr	Team	Finals
Finals			
1	Murray, Marshall	58 Capital City	24-11.75

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3000 Meter Race Walk Master-Master Men			
Name	Yr	Team	Finals
Finals			
1 Stadler, Christopher	59	Unattached	17:22.82
100 Meter Dash Grand Master Men			
Name	Yr	Team	Finals
Finals			
1 Jones, Thomas	53	Glenarden Tr	12.72
2 Hamrick, Ed	56	Glenarden Tr	14.45
3 Colbert, Larry	37	Glenarden Tr	16.06
200 Meter Dash Grand Master Men			
Name	Yr	Team	Finals
Finals			
1 Hamrick, Ed	56	Glenarden Tr	29.92
400 Meter Dash Grand Master Men			
Name	Yr	Team	Finals
Finals			
1 Jones, Thomas	53	Glenarden Tr	59.85
2 Hamrick, Ed	56	Glenarden Tr	1:11.11