

PARENTAL CONSENT AND WAIVER:

I hereby grant permission for my child to attend the Gravity is a Myth Pole Vault Camp. I verify that my child has had a physical exam in the past year and is capable of participating in the activities related to the camp. I agree to indemnify, hold harmless, and defend Doak Markley, Keyser HS, and or their agents or employees from any and all liability for injury to my child, as well as any injury or damage caused by my child. Should emergency medical treatment for my child be necessary, I hereby authorize EMS or ED physicians to order and conduct procedures necessary.

HEALTH AND ACCIDENT INSURANCE CO.

POLICY# _____

PARENT/GUARDIAN SIGNATURE

EMERGENCY PHONE # _____

LOCATION:
Keyser High School
1 Tornado Way
Keyser, WV 26726
304-788-4230

Please call KHS Coach, Scott Furey
304-790-1085
for information or questions.

FROM RT 68 EAST –
TAKE EXIT 40 (VOCKE ROAD) AND TURN RIGHT OFF OF THE RAMP. GO THROUGH ONE LIGHT AND TAKE LEFT AT THE SECOND. FOLLOW THIS ROAD FOR 5 MILES AND TURN RIGHT ON-TO RT. 220 SOUTH.

FOLLOW 220 SOUTH THROUGH THE TOWN OF KEYSER. TURN RIGHT AT THE LIGHT AFTER YOU PASS WAL-MART.
SCHOOL IS ½ MILE UP THE ROAD ON THE LEFT.

FROM RT 68 WEST—
TAKE EXIT 42 (GREENE ST.) TOWARD MCCOOLE / KEYSER. TURN LEFT ONTO RT. 220 SOUTH.

FOLLOW 220 SOUTH THROUGH THE TOWN OF KEYSER (APPROX 21 MILES). TURN RIGHT AT THE LIGHT AFTER YOU PASS WAL-MART.
SCHOOL IS ½ MILE UP THE ROAD ON THE LEFT.

LOCAL HOTEL ACCOMODATIONS:
*The Keyser Inn
304-788-0913

*MicroTel
304-597-1400

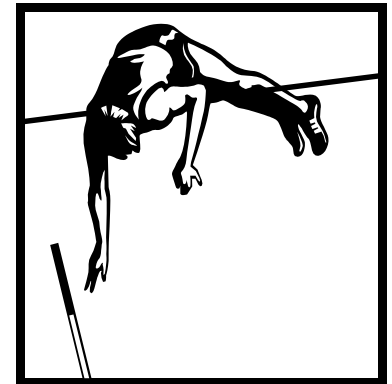
10TH ANNUAL
GRAVITY IS A MYTH!
POLE VAULT CAMP

JUNE 18th & 19th, 2015

KEYSER HIGH SCHOOL

Doak Markley—DIRECTOR
407 W 4TH ST
Williamstown, WV 26187
304-375-5959
markleyd@suddenlink.net

**VAULTING FROM THE
GROUND *UP!***



**GRAVITY IS A MYTH!
POLE VAULT CAMP**

is for vaulters from beginner to advanced. We teach a system from the ground up, which follows a progression of drills that may be utilized career long.

This system has produced numerous State Champions and 4 State Record Holders including the last 15 consecutive WV Class A girls State Champions.

WHEN? Check-in will be Thursday, June 18th at 9am. There will be three vaulting sessions per day. We will finish at 7pm.

CONTENT:

- *Vaulting drills from pole carry to over the bar.
- *Video sessions.
- *Safety and equipment discussions.

WHO?

Williamstown High School Pole Vault Coach Doak Markley will instruct.

WHAT TO BRING:

- *Running Shoes
- *Spikes
- *Poles
- *Water Bottle
- *Lunch (Dinner will be provided)
- *Poles will be available but it helps to get accustomed to the ones you will use. Check with your school's coach for poles.
- *Coaches may come and observe the system for free.

COST:

\$100 per camper.
 *Each camper will receive a camp T-Shirt and drill booklet. Dinner will be provided and ice water will always be available.

COACH MARKLEY

Has worked Jan Johnson's Sky Jumpers Camp in Kutztown, PA and Dayton, OH for 16 years and the Ohio State winter and summer track camps for 12 years.

APPLICATION:

Mail application and consent form to:

DOAK MARKLEY
407 W 4TH ST
WILLIAMSTOWN, WV 26187
 (H) 304-375-5959
markleyd@suddenlink.net

***GRAVITY IS A MYTH! PV CAMP is:
June 18th and 19th***

NAME

ADDRESS

ADDRESS

HOME PHONE _____

CELL _____

EMAIL

SCHOOL

GRADE _____

T SHIRT SIZE S M L XL

**PLEASE MAKE CHECKS
 PAYABLE TO:
 GIAM PV CAMP**