

# *George Washington High School*

1522 Tennis Club Road  
Charleston, WV 25314  
Phone (304) 348-7729  
<http://gwhs.kcs.kana.wv.us>

March 15, 2015

Middle School Track Coaches:

It is our privilege to invite you to participate in the Annual Jimmy Johns Middle School Invite. The meet will be held on Tuesday April 23, 2015 at the University of Charleston Stadium in Charleston, WV. Reserve your spot now since the number of teams is limited to 12 schools. Dinner will be provided for all coaches. (No athletes please)

**Time Schedule:** We will follow the order of events for a “One Session” format as listed in the WVSSAC Interscholastic. This will be a rolling schedule. The meet will begin with the field events starting at 4:45 PM and the running events starting at 5:00 PM. All times are final and there will be 3 throws in shot and discus and 3 jumps in long jump.

**Awards:** Team Trophies for 1st and 2nd Places. Medals for 1st place. Ribbons for 2nd – 6th places. High Point Trophy for both boys and girls.

**Entry Sheets:** You may enter 5 athletes in each event and 2 relays. Only 2 athletes can score per event per event and 1 relay. You may substitute, but not add. Hy-Tek entries are mandatory. Event file can be found on [www.runwv.com](http://www.runwv.com). Send entries to Meet Director Shawn Wheeler at [gwtrackmeets@gmail.com](mailto:gwtrackmeets@gmail.com).

**Scratch Sheets:** Turn in a scratch sheet by 4:00 PM or sooner.

**Deadline:** Monday April 20, 2015 by 4:00PM

**Entry Fee:** \$45 Varsity Team \$80/for both a Boys and Girls Varsity Team. Make Check Payable to George Washington High School

Sincerely,

Shawn Wheeler  
Athletic Director  
George Washington High School  
(304)348-7729 ext 123 (Work)  
(304)610-7046 (cel)  
e-mail: [gwtrackmeets@gmail.com](mailto:gwtrackmeets@gmail.com)

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