



MARSHALL UNIVERSITY TRACK & FIELD CLINICS

JANUARY 2-3, 2015

MARSHALL UNIVERSITY INDOOR TRACK

**** OPEN TO GRADES 6 AND UP ****



Clinic #1—January 2nd 9:00am—12:00pm

- Sprints/Block Starts/General Training
- Shot Put (Glide & Rotation)

Clinic #2—January 2nd 1:00pm—4:00pm

- Hurdles /Block Starts/Hurdle Specific Training
- Discus/Throws Specific Training

Clinic #3—January 3rd 9:00am—12:00pm

- Long Jump/Jump Drills/Jump Specific Training
- Pole Vault (Must Bring Personal Poles)

Clinic #4—January 3rd 1:00pm—4:00pm

- High Jump/Jump Drills/High Jump Training
- Weight/Hammer Throw

Athlete Pricing

- \$75 Single Clinic
- \$125 Two Clinics
- \$175 Three Clinics
- \$200 Four Clinics

Camp T-Shirt Included***

Coaches Pricing

- \$50 Per Day

Coaches clinic includes

- Access to track during all clinic sessions
- Coaching explanation of techniques and what to look for during practice and competition
- Q&A sessions with coaching staff to aid in retention of material taught during sessions
- Direct contact information for coaching staff for future questions and concerns



***Contact Information**

For more information email Travis Coleman at colemant@marshall.edu or by phone at 304-696-2920



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MEET THE STAFF

DON YENTES

- Began Coaching @ Marshall in 2013
- Former Head Coach @ Wyoming '00-'12
- 4x Coach Of The Year
- 7 Olympic Participants
- 50 Olympic Trials Participants (Multiple Countries)
- Multiple Junior National Qualifiers
- 1 NCAA Champion
- 29 NCAA All-Americans
- 93 NCAA Qualifiers
- 66 Conference Champions
- 20 Sub 14 Second Short Hurdlers
- 7 Men's 25 Foot Long Jumpers
- 9 Women 20 Foot Long Jumpers
- 15 Sub 55 Second Women's 400m
- 10 Sub 47 Second Men's 400m

TRAVIS COLEMAN

- Began Coaching @ Marshall in 2014
- 23 Conference Scorers
- 14 Broken School Records
- 2 NCAA Qualifiers
- 1 Canadian Olympic Trial Qualifier
- 1 Junior National Qualifier
- 2x NCAA Participant
- 7x All Big South Conference Selection
- Big South Conference Shot Put Champion

JAYMES TALKINGTON

- Current Graduate Assistant Coach @ Marshall
- Former Athlete @ Wyoming Under Coach Yentes
- All Mountain West Performer @ Wyoming
- Top 10 All Time Triple Jumper @ Wyoming
- Nebraska Class D State Record Holder In Triple Jump
- 7x Mountain West Conference Scorer