



## 2013 Schedule

### Summer

|            |                                    |                  |
|------------|------------------------------------|------------------|
| April 22   | First day of practice              |                  |
| June 1     | WV USATF Association Championships | Charleston, WV   |
| June 7-8   | Capital City Striders Invitational | Charleston, WV   |
| June 25-30 | *USATF Youth Outdoor Championships | Edwardsville, IL |
| July 11-14 | *USATF Region 5 Meet               | Olivet, MI       |
| July 19-21 | *East Coast Invitational           | Durham, NC       |
| July 22-28 | *USATF National JO Championships   | Greensboro, NC   |

### Fall

|             |                                     |                 |
|-------------|-------------------------------------|-----------------|
| November 9  | WV USATF Association XC Meet        | Charleston, WV  |
| December 14 | *USATF National JO XC Championships | San Antonio, TX |

\*Must be qualified to by place and/or performance standard

**Subject to change. We are always looking for additional competitive opportunities for our athletes**