



## 2013 All-Comers Meets

Tuesday, June 18<sup>th</sup> and Tuesday, July 9 beginning at 6pm

South Point High School

983 County Road 60

South Point, OH 45680

### Order of Events

100/110H

50 yd Dash (Ages 6 & under – on football field)

100m

400m

1600m

4x100m@

800m

200m

3000m

4x400m@

@ - relays can be mixed age/gender

Jason Lea (Tri-State Athletic Club) 304-617-3044 or [jasonhlea@hotmail.com](mailto:jasonhlea@hotmail.com)

Or

Randy Smith (South Point HS) [rsmith@southpoint.k12.oh.us](mailto:rsmith@southpoint.k12.oh.us)

Shot Put\*

Discus\*

Long Jump\*

High Jump

Pole Vault\*\*

\* - 6 attempts each

\*\* - if we have enough interest in advance

