

# Middle School Season Opener

@Huntington High School

Huntington High School would like to invite your team to participate in our Middle School Season Opener. The meet will be held on March 14<sup>th</sup> at Huntington High School, right off of the Hal Greer exit of Interstate 64 in Huntington, WV. The facility is a 9-lane rubberized track, with rubberized areas for high jump, and long jump and regulation concrete areas for shot-put and discus. This meet would be a great early season opportunity to get a first look at your team. We are limiting the meet to eight schools, while each school will be allowed unlimited entries. **We will be having open events only**, with the a 4x400 meter relay to end the evening. All National Federation and WVSSAC rules will be in effect. *The meet is limited in teams so please email me*

**When:** Thursday, March 14<sup>th</sup>, 2013 Field events begin at 4:30, running events begin at 5:00

**Where:** Huntington High School Track

**Cost:** Entry fee of \$40/team. \$75/school (boys and girls team) Make Checks payable to Huntington High School

**Awards:** 1<sup>st</sup>, and 2<sup>nd</sup> team. 1<sup>st</sup> place individual medals, 2-6 ribbons.

**Entries:** Unlimited entries per event/3 entries per athlete (Because we are doing unlimited entries, each athlete is limited to three events)

Complete entries must be received on Tuesday, March 12th by 2:30pm. Please mail checks by Tuesday, March 12<sup>th</sup> as well

Mail Checks to:

Huntington High School  
Attn: Justin Cox-Track Coach  
1 Highlander Way  
Huntington, WV 25701

Fax entries to: 304-528-5097  
attn: Justin Cox

Email Hy-Tek entries to: Robert St. Clair  
[rstclair@access.k12.wv.us](mailto:rstclair@access.k12.wv.us)

Any questions feel free to call: Justin Cox, 304-412-0507



## ORDER OF EVENTS

### Field Events

4:30                      Boys: Discus, High Jump  
                                 Girls: Shotput, Long Jump

### Running Events

5:15                      1600m run  
                                 75m hurdles  
                                 100m dash  
                                 400 m dash  
                                 Break----  
                                 200m low hurdles  
                                 800m run  
                                 200 m dash  
                                 4x400 m relay

The meet will run on a rolling schedule, so please have your athletes prepared, and listening to their calls.