

Middle School Season Opener

@Huntington High School

Huntington High School would like to invite your team to participate in our Middle School Season Opener. The meet will be held on March 29th at Huntington High School, right off of the Hal Greer exit of Interstate 64 in Huntington, WV. The facility is a 9-lane rubberized track, with rubberized areas for high jump, and long jump and regulation concrete areas for shot-put and discus. This meet would be a great early season opportunity to get a first look at your team. We are limiting the meet to eight schools, while each school will be allowed unlimited entries. **We will be having open events only**, with the a 4x400 meter relay to end the evening. All National Federation and WVSSAC rules will be in effect. *The meet is limited in teams so please email me*

When: Thursday, March 29th, 2012 Field events begin at 4:30, running events begin at 5:00

Where: Huntington High School Track

Cost: Entry fee of \$40/team. \$75/school (boys and girls team) Make Checks payable to Huntington High School

Awards: 1st, and 2nd team. 1st place individual medals, 2-6 ribbons. Boys, and Girls High point trophy.

Entries: complete entries must be received on Tuesday, March 27th by 2:30pm. Please mail checks by Tuesday, March 27th as well. Hy-Tek files will be on runwv.com

Mail Checks to:

Huntington High School
Attn: Justin Cox-Track Coach
1 Highlander Way
Huntington, WV 25701

Fax entries to: 304-528-5097
attn: Justin Cox

Email Hy-Tek entries to: Robert St. Clair
rlstclair@access.k12.wv.us

Any questions feel free to call: Justin Cox, 304-412-0507

ORDER OF EVENTS

Field Events

4:30 Boys: Shotput, Long Jump
 Girls: Discus, High Jump

Running Events

5:00 3200m run (girls)
 75m hurdles
 100m dash
 1600m run
 400 m dash
 200m low hurdles
 800m run
 200 m dash
 3200 m run (boys)
 4x400 m relay

The meet will run on a rolling schedule, so please have your athletes prepared, and listening to their calls.