

GWHS Invitational  
Time Schedule  
March 25, 2011

4:00 PM                      Scratch Meeting

4:30 PM                      Field Events

Pole Vault	Girls followed immediately by Boys
High Jump	Girls followed immediately by Boys
Long Jump	Boys followed immediately by Girls
Shot Put	Boys followed immediately by Girls
Discus	Girls followed immediately by Boys

5:00 PM                      Running Events

4x800m Relay	G/B
100m High Hurdles 33"	G
110m High Hurdles 39"	B
100m Dash	G/B
4x200m Relay	G/B
1600m Run	G/B
400m Dash	G/B
BREAK	
300m Low Hurdles 30"	G
300m Intermediate Hurdles 36"	B
4x100m Relay	G/B
800m Run	G/B
200m Dash	G/B
3200m Run	G/B
102.5m Shuttle Hurdle Relay	G
110m Shuttle Hurdle Relay	B
4x400m Relay	G/B

**THIS IS A ROLLING TIME SCHEDULE**