

George Washington High School
1522 Tennis Club Road
Charleston, WV 25314
Phone (304) 348-7729 Fax (304) 344-GWHS
<http://gwhs.kcs.kana.wv.us>

March 7, 2010

High School Track Coaches:

It is our privilege to invite you to participate in the 1st George Washington High School Invitational. The meet will be held on Tuesday April 13th, 2010 at the University of Charleston Stadium in Charleston, WV.

Reserve your spot now since the number of teams is limited.

Dinner will be provided for all coaches. (No athletes please)

Time Schedule: We will follow the order of events for a “One Session” format as listed in the WVSSAC Interscholastic. This will be a rolling schedule. The meet will begin with the field events starting at 4:30 PM and the running events starting at 4:45 PM. All times are final and there will be 4 throws in shot and discus and 4 jumps in long jump.

Awards: Team Trophies for 1st and 2nd Places.
Ribbons for 1st – 6th places.
High Point Trophy for both boys and girls

Entry Sheets: You may enter 3 contestants in each event. You may substitute, but not add. Hy-Tek entries are preferred. Event file can be found on www.runwv.com or be e-mailed to you from gwcoachwheeler@gmail.com.

Scratch Sheets: Turn in a scratch sheet by 3:30 PM or sooner.

Deadline: Paper – Friday April 9, 2010 by 4:00 PM.
Hy-Tek – Friday April 9, 2010 by 4:00 PM.

Entry Fee: Make Check Payable to **GW Track**
\$45 Varsity Team
\$80/for both a Boys and Girls Varsity Team
\$20/ “B” Team or \$10/Individual

Sincerely,

Shawn Wheeler
Head Track & Field Coach
George Washington High School
610-7046 (cel)
e-mail: gcoachwheeler@gmail.com or swheeler@kcs.kana.k12.wv.us

A Tradition of Excellence