

Complete and mail registration to:
(You may also sign up the day of the clinic)

Jon Buchanan
307 Elizabeth St.
Proctorville, OH 45669

Vaulter's Grade _____

Name: _____

Address _____

City _____

Zip Code _____

Parent (s) Name: _____

Emergency Contact: _____ Phone: _____

The Southeast District Track Coaches Association is proud to offer a Pole Vault Skills Camp/Clinic at the University of Rio Grande on Sunday, March 8th, 2009.

The event is designed for athletes at all levels, and is open to parents and coaches as well. If you want to learn more about the pole vault, we will have a great staff on hand to accommodate your needs.

The cost of the camp/clinic is \$5 per person.

Event Schedule

- 8:30-9:15 Registration in the Lynne Center
- 9:30-11:00 Instruction groups in large gym
- 11:00-12:30 Practice vaulting in the pool
- 12:30-1:30 Lunch (pizza provided)
- 1:30-3:30 Outdoor vaulting (weather permitting)
or film/video instruction/analysis and
additional gym instruction

Important Notes:

Please bring swim apparel! (We are in the pool)
All athletes must be accompanied by a coach or parent.

Please refer questions to:

Jon Buchanan
President SEOTCA
304-634-3294
jonathan.buchanan@fairland.k12.oh.us

**SEOTCA and
The University
of Rio Grande**

**2009 Pole Vault
Skills Clinic**



**Sunday March 8th, 2009
9:00-3:00PM
Lynne Center, University of
Rio Grande**

All Athletes, Parents, and Coaches Welcome.
Bring your pole. All athletes must bring supervision.