

BGS, Inc.
HB Thomas Invitational
Track Meet Results
Shady Spring High School

Boys

Shady Spring (SS)	-----	161
Oak Hill (OH)	-----	113
Liberty (L)	-----	59
Bluefield (B)	-----	48
Independence (I)	-----	45
Princeton (P)	-----	43
Pikeview (PV)	-----	30
Williamson (W)	-----	24
Shady Spring B (S)	-----	18

Girls

Shady Spring (SS)	-----	163
Oak Hill (OH)	-----	124
Independence (I)	-----	73
Princeton (P)	-----	45
Pikeview (PV)	-----	45
Bluefield (B)	-----	20
Shady B (S)	-----	13
Greenbrier West (GW)	-----	11
Williamson (W)	-----	10
Liberty (L)	-----	6

High Point

Boys – Tim Patterson 32 points Oak Hill

Girls – Morgan Bryant 32 points Independence

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Girls

4x800 ----	Shady Spring (SS)	10.31.5
	Pikeview (P)	12.01.43
	Independence (I)	12:18.47
Long Jump ----	Bryant (I)	15' 8"
	Jones (OH)	15' 3"
	Jarrell (L)	14' 9"
	Robertson (OH)	14' 8"
	Farley (PV)	14' 4"
	Serna (SS)	14' 1"
100M High ---	Bryant (I)	17.40
	Farley (PV)	17.56
	Boyd (SS)	17.70
	McQuain (GW)	18.19
	Culicerto (SS)	18.33
	Williams (SS)	18.68
100M ---	Jones (OH)	12.69
	Borsyles (P)	13.31
	Hudak (B)	13.44
	Brown (I)	13.55
	Jackson (P)	13.57
	Surface (P)	13.65
4x200 ----	Oak Hill (OH)	1:51.59
	Princeton (P)	1:54.10
	Independence (I)	1:57.01
	Williamson (W)	2:01.90
	Pikeview (P)	2:09.68
	Greenbrier West (GW)	2:09.74
Shot ----	Thomas (OH)	31' 1"
	Shamblin (SS)	27' 2 ½"
	Hughes (P)	26' 26' 5"
	Long (S)	25' 3 ½"
	Ham (PV)	24' 8 ½"
	Vooth (GW)	24' 6"

Girls (Cont)

1600m	----	Roseberry (SS)	5:49.58
		Miller (OH)	6:05.66
		Serna (SS)	6:05.78
		Osborne (SS)	6:15.32
		Koch (OH)	6:25.44
		Wiley (PV)	6:28.37
High Jump	----	Coleman (I)	4'8"
		Williams (SS)	4'8"
		Paine (SS)	4'6"
		Bryant (I)	4'6"
		McQuain (GW)	4'6"
		Coomer (PV)	4'6"
400m	----	Cosby (OH)	1:02.13
		Hudak (B)	1:03.32
		Kelsey Paine (SS)	1:04.24
		Blackburn (I)	1:06.10
		Backus (SS)	1:06.69
		Katic Paine (SS)	1:08.37
Shuttles	----	Shady Spring (SS)	1:14.56
		Shady Spring B (S)	1:20.66
		Independence (I)	1:21.18
		Oak Hill (OH)	1:22.83
		Pikeview (PV)	1:26.65
4x100	----	Princeton (P)	54.16
		Independence (I)	54.98
		Shady Spring (SS)	56.93
		Williamson (W)	58.15
		Oak Hill (OH)	59.74
		Greenbrier West (GW)	1:00.46
800 M	----	Calloway (SS)	2:29.00
		Miller (OH)	2:30.00
		Roseberry (SS)	2:37.94
		Backus (SS)	2:46.90
		East (PV)	2:50
		Pysz (I)	3:04.61
200M	----	Jones (OH)	26.04
		Cosby (OH)	26.42

	Hudak (B)	27.04
	Painc (SS)	28.08
	Stone (SS)	28.43
	Farley (PV)	28.72
3200M ----	Callaway (SS)	13:12.23
	Serna (SS)	13:22.55
	Osborne (SS)	13:49.47
	Koch (PV)	13:58.17
	Wiley (PV)	14:01.64
	Galligher (PV)	14:31.33
300 L ----	Farley (PV)	51.03
	Bryant (I)	51.61
	Williams (SS)	54.21
	Culicerto (SS)	56.02
	Robinette (W)	57.20
	Turschmann (S)	57.49
4x400 ----	Shady Spring (SS)	4:32.84
	Oak Hill (OH)	4:37.78
	Independence (I)	4:56.85
	Princeton (P)	5:01.52
	Pikeview (PV)	5:12.90
Discus ---	Thomas (OH)	107'2"
	Settle (OH)	93'9"
	Hughes (P)	86'9"
	Keller (SS)	84'8"
	Vooth (GW)	81'0"
	Ham (PV)	77'0"

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4x800 ----	Shady Spring (SS)	8:54.56
	Independence (I)	9:13.87
	Oak Hill (OH)	9:21.71
	Pikeview (PV)	9:22.58
	Princeton (P)	10:39.60
110 High ----	Okes (SS)	16.45
	Castro (OH)	17.94
	Legg (SS)	18.51
	Campbell (S)	18.53
	Setliff (S)	18.91
	Gunnoe (SS)	19.01
100M ----	Patterson (OH)	11.36
	Wilkerson (W)	11.47
	Casey (B)	11.57
	Ponder (B)	11.58
	Allen (P)	11.68
	Ellis (L)	12.02
4x200 ----	Princeton (P)	1:35.47
	Shady Spring (SS)	1:37.22
	Williamson (W)	1:40.81
	Independence (I)	1:42.59
	Pikeview (P)	1:43.41
	Shady B (S)	1:47.50
1600M ----	Lucento (SS)	4:53.83
	Naley (I)	5:03.10
	Roark (PV)	5:08.41
	Adkins (L)	5:12.83
	Swafford (OH)	5:13.86
	Cantley (SS)	5:16.89
Long Jump -	Ponder (B)	21' 1"
	Johnson (P)	19' 5"
	Oaks (SS)	18' 11"
	Flack (B)	18' 8"
	Snuffer (I)	18' 3"

	Sargent (S)	17'7"
400M ----	Patterson (OH)	52.13
	Syvertson (SS)	53.55
	Clifton (I)	54.65
	Ledford (OH)	55.35
	Gunnoe (SS)	56.91
	Nelson (SS)	56.94
Shot ----	Cangemi (L)	42' 1/2"
	Carpenter (L)	41'
	Maddow (P)	40'3"
	Fox (L)	39'5 1/2"
	Mcguire (I)	38'2"
	Peyton (P)	35'6"
High Jump -	Casey (B)	6'0"
	Mullins (SS)	5'10"
	Humphrey (OH)	5'8"
	Gunnoe (SS)	5'6"
	Sargent (S)	5'6"
	Legg (SS)	5'4"
Shuttle ----	Shady Spring (SS)	1:02.63
	Oak Hill (OH)	1:07.54
	Shady B (S)	1:09.82
	Pikeview (P)	1:16.16
4x100 ----	Princeton (P)	44.85
	Shady Spring (SS)	46.1
	Williamson (W)	47.25
	Pikeview (P)	51.31
	Shady B (S)	52.43
	Oak Hill (OH)	54.92
800M ----	Stepkowski (SS)	2:07.79
	Lucento (SS)	2:10.50
	Ledford (OH)	2:12.95
	Wood (I)	2:16.56
	Swafford (OH)	2:18.53
	Cantley (SS)	2:22.08
200M ----	Patterson (OH)	22.40
	Ponder (B)	22.50

	Casey (B)	22.86
	Wilkerson (W)	23.85
	Ellis (L)	24.07
	Mitchell (PV)	24.67
3200M ---	Lucento (SS)	10:33.53
	Naley (I)	10:58.10
	Roark (PV)	10:59.89
	Cantley (SS)	11:37.28
	Garrett (OH)	12:39.91
	Dishner (PV)	12:42.56
300 Int ---	Okes (SS)	43.56
	Lucas (SS)	43.72
	Legg (SS)	46.49
	Allen (OH)	46.88
	Humphrey (OH)	47.63
	Ponce (PV)	54.39
4x400 ----	Shady Spring (SS)	3:41.14
	Oak Hill (OH)	3:43.10
	Liberty (L)	3:48.70
	Princeton (P)	3:55.77
	Independence (I)	3:56.00
	Pikeview (PV)	3:59.10
Discus ---	Cangemi (L)	128'6"
	Carpenter (L)	117'11"
	Fox (L)	109'3"
	Taylor (OH)	108'3"
	Mcguire (I)	105'0"
	Kidd (I)	103'1"