

# Tri-State Athletic



Club

It is my pleasure to announce the beginning of the 2006 Summer season for the Tri-State Athletic Club. It is my hope that in year three we continue to grow and build off our success last year. Last year, we saw membership double from our initial campaign and our number of Regional qualifiers increased from one to six and we also had our first relay make the Regional as well. Additionally, we in conjunction with the Huntington High School track & field programs began a series of All-Comers meets which allowed athletes of all ages from as far away as Bath County, KY and Sissonville, WV to enjoy fun, relaxed competition while our concessions raised hundreds of dollars that helped provide a Christmas for over 500 tri-state area children who otherwise might not have had one. As we look forward toward this season our goal is the same: helping to serve the needs of athletes in the West Virginia – Kentucky – Ohio region who wish to become more involved in the sport of track & field by opening up opportunities not readily accessible in the past.

This season we plan on expanding our meet schedule and hope to field more relays than last year. Last year our athletes worked very hard training during both summer and winter and the response we received both from parents and other coaches was beyond what we had hoped for.

We are very much looking forward to an even better year this year and hope you will choose to be a part of what we are building. Below you will find some additional information to help answer any questions you may have. Please feel free to contact me with any additional questions. See you around the track,

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## 1) What is the Tri-State Athletic Club?

The Tri-State Athletic Club is a **non-profit, volunteer** track & field club created to help athletes in the West Virginia-Kentucky-Ohio area. The TSAC is a member of USA Track & Field.

## 2) What is the purpose of the TSAC?

The purpose of the TSAC is to provide and enhance opportunities for members to further develop their abilities and be exposed to additional competitive venues including, Indoor

Track, the Nike Indoor Classic, the Adidas National Scholastic Outdoor Championships, and USATF competition.

**3) Who can join the Tri-State Athletic Club?**

Anyone old enough to compete in USATF competition can join. There is no upper age limit for membership and since track & field is a lifelong sport, individuals wishing to compete in open and Master's competition are welcome. Please note that the main emphasis, especially during indoor, will be on scholastic and youth athletes.

**4) What will it cost to join the TSAC?**

The cost of membership for youth and scholastic athletes for one year will be \$100.00 for the first family member + \$50 (approximate cost of uniform and USATF membership) for each additional member.

**5) What will I get for my membership?**

The membership fee will cover the cost of uniform (must be purchased) registration fees for USATF, meet entry fees, and equipment costs. Our hope is to be able to have successful enough fundraising to assist with transportation and lodgings when possible. However, it may at times be necessary for club members to cover additional travel related expenses. We hope to avoid a situation of a parent or athlete having to constantly pay more and more money out over the course of a season; we want this to be a quality, affordable experience. **Neither myself nor anyone associated with the club will receive any payment. All funds go directly towards the club.**

**6) Will there be practices?**

Yes. Again this year we will use Huntington High School as our main practice location with practices being held Monday through Thursday at approximately 5:30pm. If there is enough desire we will practice on Fridays. However, weather and the day's workout will also dictate if practice is held at Marshall University, Ritter Park or some other location.

**7) How many meets must some one compete in?**

Athletes can compete in as many or as few as they would like with the exception of meets where there are entry standards in which case the athlete must qualify according to the standard (this only occurs at a few meets)

