

**BGS, Inc.
HB Thomas Invitational
Track Meet Results
Shady Spring High School**

Boys

Shady Spring (SS)	-----	162
Liberty (L)	-----	106
Independence (I)	-----	64
Oak Hill (OH)	-----	54
Summers Co. (SC)	-----	32
Greenbrier West (GW)	-----	28
Blufield (B)	-----	20
Pikeview (PV)	-----	20
Williamson (W)	-----	8
Shady Spring "B" (S)	-----	1

Girls

Shady Spring (SS)	-----	157
Independence (I)	-----	116
Oak Hill (OH)	-----	76
Bluefield (B)	-----	45
Liberty (L)	-----	36
Pikeview (P)	-----	18
Greenbrier West (GW)	-----	18
Williamson (W)	-----	6
Summers Co. (SC)	-----	1
Shady "B" (S)	-----	1

High Point

Boys – Dustin Syvertson 30 ½ points Shady Spring
Girls – Deja Jones 24 points Oak Hill

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Boys

4x800 ----	Shady Spring (SS)	9:07
	Independence (I)	9:21
	Greenbrier West (GW)	10:24
	Oak Hill (OH)	10:49
110 High ----	Okes (SS)	17.26
	Adkins (SC)	18.72
	Rownad (GW)	19.31
	Campbell (SS)	20.60
	Patton (SS)	20.65
	Castro (OH)	20.70
100M ----	Lawson (OH)	11.42
	Syvertson (SS)	11.65
	Hodge (L)	11.78
	Flack (B)	11.84
	Ellis (L)	11.90
	Baker (B)	11.91
4x200 ----	Shady Spring (SS)	1:38.83
	Liberty (L)	1:40.2
	Bluefield (B)	1:40.21
	Independence (I)	1:42.3
	Williamson (W)	1:43
	Greenbrier West (GW)	2:01
1600M ----	Lucento (SS)	5:14
	Smith (I)	5:16
	Wood (I)	5:28
	Adkins (L)	5:31
	Smith (OH)	5:32.12
	Cantley (SS)	5:32.20
Long Jump -	Adkins (SC)	17'11 1/2"
	Hilton (L)	17' 8 1/2"
	Waters (I)	17' 6 1/4"
	Armandariz (SC)	17'6"
	Okes (SS)	17'2"
	Lucas (SS)	16'7"

400M ----	Syvertson(SS)	53.89
	Thornberg (L)	55.6
	Wright (I)	57.07
	Lawson (OH)	58.0
	Patterson (OH)	59.26
	Davis (B)	60.0
Shot ----	J. May (I)	41' 3 1/4"
	Cangemi (L)	40' 5"
	Carpenter (L)	36'4"
	Fox(L)	35' 10 1/4"
	Albright (SS)	35' 4 1/2"
	Kidd (I)	34' 1"
High Jump --	Philogene (L)	5'4"
	Lambert (P)	5' 2"
	Neal (P)	5' 0"
	Traybor (SS)	5'0"
	Legg (SS)	5'0"
	Patton (SS)	4'10"
Shuttle ----	Shady Spring (SS)	1:07.45
	Liberty (L)	1:13
	Oak Hill (OH)	1:20
	Pikeview (P)	1:28
4x100 ----	Liberty (L)	46.76
	Shady Spring (SS)	47.1
	Bluefield (B)	48.2
	Williamson (W)	50.43
	Summers Co. (SC)	50.93
	Pikeview (P)	55.04
800M ----	Peters (GW)	2:11.26
	Wood (I)	2:14.56
	Lucento (SS)	2:14.6
	Traybor (SS)	2:23.52
	Wojahn (B)	2:28
	Ratcliff (P)	2:29.9
200M ----	Syvertson (SS)	23.42
	Armandariz (SC)	24.15
	Ellis (L)	24.29

	Lawson (OH)	24.34
	Patterson (OH)	24.60
	Martin (GW)	25.10
3200M ---	Lucento (SS)	11:21
	Smith (OH)	12:17
	Cantley (SS)	12:39
	Lake (SS)	13:22
	Stewart (OH)	14:03
	Price (OH)	14:05
300 Int ---	Thornberg (L)	45.21
	Stepkowski (SS)	46.91
	Adkins (L)	47.23
	Okes (SS)	47.57
	Drafton (L)	49.44
	Showalter (I)	50.72
4x400 ----	Shady Spring (SS)	3:49.72
	Liberty (L)	3:59.21
	Indy (I)	4:01.18
	Greenbrier West (GW)	4:05
	Williamson (W)	4:58

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Girls

4x800 ----	Shady Spring (SS)	10.54
	Independence (I)	12.14
	Pikeview (P)	12.24
	Greenbrier West (GW)	14.58
	Oak Hill (OH)	16.37
Long Jump ----	Billings (I)	14' 7"
	Morrison (SS)	13' 11 1/2"
	Jones (OH)	13' 7"
	Jerrell (L)	12' 8"
	Fink (I)	12' 1 1/2"
	Sloan (P)	12' 1/2"
100M High ---	Bryant (I)	17.04
	Boyd (SS)	18.12
	Cangemi (L)	18.20
	Taylor (SS)	18.30
	McQueen (MB)	18.33
	Albright (SS)	19.00
100M ---	Jones (OH)	13.17
	Hudak (B)	13.40
	Rogers (B)	13.45
	Hatfield (W)	14.15
	Via (SS)	14.39
	Moye (SS)	14.42
4x200 ----	Oak Hill (OH)	1:58.73
	Independence (I)	2:00.12
	Shady Spring (SS)	2:05.00
	Greenbrier West (GW)	2:12.73
	Liberty (L)	2:22.13
Shot ----	Thomas (OH)	26' 11 1/2"
	Belcher (L)	26' 10"
	Murphy (I)	25' 4 1/2"
	Shamblin (SS)	25' 1 1/2"
	Steptoe (B)	24' 9"
	Flanagan (B)	23'

Girls (Cont)

1600m	----	Backus (SS)	6:13
		Calloway (SS)	6:14
		Miller (OH)	6:36
		Wiley (P)	7:04
		Williams (SS)	7:05
		Hamb (P)	7:37
High Jump	----	Coleman (I)	4'4"
		Williams (SS)	4'4"
		Cangemi (L)	4'0"
		Jarrell (L)	4'0"
		Honaker (SS)	4'0"
		K.Jarrell (L)	4'0"
400m	----	Hudak (B)	1:03.99
		Blackburn (I)	1:04.00
		Rogers (B)	1:04.6
		Paine (SS)	1:06.0
		Cosby (OH)	1:06.2
		Psyz (I)	1:09
Shuttles	----	Shady Spring (SS)	1:14.83
		Independence (I)	1:15
		Greenbrier West (GW)	1:19
4x100	----	Shady Spring (SS)	56.68
		Independence (I)	56.99
		Pikeview (P)	1:02.69
		Liberty (L)	1:04
		Oak Hill (OH)	1:04.83
		Summers Co. (SC)	1:11
800 M	----	Calloway (SS)	2:46.94
		Honaker (SS)	2:48.61
		Osborne (SS)	2:48.76
		Psyz (I)	2:49
		Miller (OH)	2:52
		Dacal (S)	2:59
200M	----	Cosby (OH)	27.54
		Hudak (B)	27.80
		Jones (OH)	28.0

	Rogers (B)	28.19
	Hatfield (W)	29.71
	Rose (I)	30.5
3200M ----	Backus (SS)	13:24
	Osborne (SS)	14.22
	Massey (I)	15:06
	Busby (SS)	15.07
	Holliday (GW)	15:56
300 L ----	Bryant (I)	52.87
	Billings (I)	54.27
	Cangemi (L)	56.50
	Dennler (OH)	56.86
	Williams (SS)	58.6
	Culicerto (SS)	59.77
4x400 ----	Shady Spring (SS)	4:44
	Independence (I)	4:46
	Oak Hill (OH)	4:52