

**TRI-STATE A.C. & HUNTINGTON H.S  
ALL-COMERS MEET #1  
ORDER OF EVENTS**

**\*EVENTS BEGIN AT 6:00PM AND WILL FOLLOW A ROLLING TIME SCHEDULE**

**\*WE WILL REQUIRE A MINIMUM OF 3 COMPETITORS**

**IN ORDER TO RUN THE 100/110H & 300H**

**\*WOMEN/GIRLS FOLLOWED BY MEN/BOYS**

**\*ALL RUNNING EVENTS ARE RUN AS TIMED FINALS**

**\*LONG JUMP AND SHOT PUT WILL HAVE FOUR ATTEMPTS**

**\*HIGH JUMP WILL BE CONTESTED AS A SINGLE COMPETITION, BUT BE SCORED  
SEPERATELY MALE/FEMALE**

6:00PM

4X800M

100H

110H

100M

1600M

4X100M

400M

300H

800M

200M

3200M

4X400M

6:30PM

HIGH JUMP

LONG JUMP

SHOT PUT