



CHARLESTON CATHOLIC HIGH SCHOOL
1033 VIRGINIA ST. EAST
CHARLESTON, WV 25301

FAX COVER SHEET

THE FOLLOWING CONTAINS 4 PAGES
(include cover sheet in page count)

DATE: 5-8-06

FROM: Scott Welch

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RE: _____

MESSAGE:

23 0
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SHUTTLES

5-5-06 GIRL'S FAYETTEVILLE LIONS CLUB
HIGH POINT -

EVENT	FIRST	SECOND	THIRD	FOURTH	FIFTH	SIXTH
LONG JUMP	J COTTEN FAYETTEVILLE 16' 10"	M BRYANT INDY 15' 4"	D MORRISON SHADY 14' 5 3/4"	M HOLSTINE POCOHONTAS 14' 1"	J BOSTIC JAMES MONROE 14'	K CARPENTER WEBSTER 13' 10"
DISCUS	K BACHMAN WEBSTER 103' 9"	M FEDEM CHARLESTON CATH 97' 5"	RUMBERG PIKEVIEW 97' 3"	E THOMAS OAK HILL 92' 5"	L DAVIS CHARLESTON CATH 87' 6"	M MURPHY INDY 86' 9"
3200M RUN	M SHERIDAN CHARLESTON CATH 1253.93	G MAJESTO CHARLESTON CATH 1301	L WHITE WEBSTER 1321	L ROLLINS CHARLESTON CATH 1325	K WOLFORD WEBSTER 1353	H SMITH SHADY 1407
400M DASH	J COTTEN FAYETTEVILLE 58.2	S HUDAK BLUEFIELD 61.13	L SASLEN CHARLESTON CATH 64.99	K SHINABERRY POCOHONTAS 65.2	A WARDEN SHADY 66.89	J ZETO SHADY 66.3
4X800M RELAY	SHADY 1118.73	CHARLESTON CATH 1139	WEBSTER 1155	POCOHONTAS 1159	INDY 1229	JAMES MONROE 1231
100M DASH	COTTEN FAYETTEVILLE 12.49	THAYER WEBSTER 13.44	S HUDAK BLUEFIELD 13.81	HENSLEY INDY 13.61	BILLINGS INDY 13.66	PETTITT SHADY 13.69
SHOT PUT	RUMBERG PIKEVIEW 41' 2 1/2"	C HILLBERRY MT HOPE 35' 4"	M FEDEM CHARLESTON CATH 32' 3 1/2"	M MURPHY INDY 30' 5"	STETOE BLUEFIELD 30'	L DAVIS CHARLESTON CATH 29' 1"
HIGH JUMP	K BACHMAN WEBSTER 4' 3"	A WARDEN SHADY 4' 8"	K SHINABERRY POCOHONTAS 4' 4"	K RANSOM WEST 4' 2"	K COLEMAN INDY 4'	E JACK JAMES MONROE 4'
110M HIGH HURDLES	BRYANT INDY 16.49	STOVEN SHADY 16.84	BOYD SHADY 17.83	TAYLOR SHADY 18.07	BOSTIC JAMES MONROE 18.15	WINTER JAMES MONROE 18.49
4X200M RELAY	SHADY 156.81	WEBSTER 158.63	POCOHONTAS 201.2	JAMES MONROE 202.10	INDY 202.72	WEST 210.6
1600 RUN	K ABEOWEN CHARLESTON CATH 601.83	WHITE WEBSTER 606.8	NEWBERRY JAMES MONROE 607.7	G MAJESTRO CHARLESTON CATH 619.86	E UPTON JAMES MONROE 626.89	WOLFORD WEBSTER 631
4X100M RELAY	WEBSTER 54.9	SHADY 55.06	JAMES MONROE 56.43	CHARLESTON CATH 57.8	INDY 58.44	WEST 61.8
800M RUN	K ABEOWEN CHARLESTON CATH 232.78	MILLER CHARLESTON CATH 241.93	WHITE WEBSTER 245.6	WOLFORD WEBSTER 249	WILLIAM SHADY 251	UPTON JAMES MONROE 262
200M DASH	S HUDAK BLUEFIELD 27.52	HENSLEY JAMES MONROE 28.37	BILLINGS INDY 28.88	S HUDAK BLUEFIELD 29.3	MORRISON SHADY 29.82	BRUMFIELD CHARLESTON CATH 29.84
300M HURDLES	M BRYANT INDY 51.41	C CALLAWAY SHADY 54.69	A LYED CHARLESTON CATH 55.71	L HARDMAN WEBSTER 55.97	E BOYD SHADY 56.44	E WILLIAMS SHADY 56.76
4X400M RELAY	CHARLESTON CATH 439	SHADY 436	JAMES MONROE 447	POCOHONTAS 451	INDY 502	WEBSTER 504
SHUTTLE HURDLES	INDY 111.07	SHADY 112.3	JAMES MONROE 116.91	CHARLESTON CATH 122.07	POCOHONTAS 122.3	WEBSTER 125.57
POLE VAULT	L HARDMAN WEBSTER 4' 6"	K LOVEDOTR WEBSTER 4' 1"				

PLACE	TEAM	PTS	
1	CHARLESTON CATHOLIC	110	4X100M RELAY
2	WEBSTER	104	
3	SHADY	98	
4	INDY	64.5	
5	JAMES MONROE	46.5	
6	FAYETTEVILLE	30	
7	POCOHONTAS	30	4X200M RELAY
8	BLUEFIELD	30	
9	PIKEVIEW	16	
10	MT HOPE	8	
11	WEST	6	
12	OAK HILL	4	
13	LIBERTY	0	4X400M RELAY
		0	
		0	

	23.52	23.96	24.0	24.24	24.25	24.81
	KELLEY	LAWSON	SILSEY	MCCOY	CRADDOCK	GLSWION PMS
300M HURDLES	POCONONTAS	OAK HILL	SHADY SPRING	WEBSTER	MT HOPE	BARBER SS
	42.14	43.43	43.62	44.24	45.02	45.3
4X100M RELAY	CHARLESTON CATN	WEST	POCONONTAS	INDY	LIBERTY	SHADY SPRING
	3.42.73	3.44.00	3.47.82	3.48.80	3.59.67	4.00.79
POLE VAULT	CRADDOCK	COTTLE	BLIND	SANSON	CASTRO	ZICKSPOOSE
	MT HOPE	MT HOPE	WEBSTER	WEBSTER	OAK HILL	OAK HILL
	12	12	10.6	10	9	8.6
500M HURDLES	SHADY SPRING	WEBSTER	MT HOPE	POCONONTAS	WEST	SUMMERS
	1.02.31	1.02.50	1.04.21	1.06.01	1.06.75	1.07.16

PLACE	TEAM	PTS	
1	MT HOPE	61	4X100M RELAY
2	CHARLESTON CATHOLIC	73	
3	POCONONTAS	66.5	
4	WEBSTER	65	
5	LIBERTY	50	
6	INDY	45	
7	OAK HILL	44	4X200M RELAY
8	SHADY SPRING	39.5	
9	JAMES MONROE	33	
10	WEST	32	
11	SUMMERS	21	
12	FAYETTEVILLE	4	
13	PIKE VIEW	2	4X400M RELAY
14	BLUEFIELD	2	
15	BARBER SS	1	
16	REGIONAL CHRISTIAN	0	
17		0	
18		0	
19		0	4X800M RELAY
20		0	
21		0	
22		0	
23		0	
24		0	
25		0	500M HURDLES
26		0	
27		0	
28		0	
29		0	

5-9-06 BOY'S FAYETTEVILLE LIONS CLUB

HIGH POINT -

EVENT	FIRST	SECOND	THIRD	FOURTH	FIFTH	SIXTH
LONG JUMP	MARION MT HOPE 18.10	HYLTON LIBERTY 18.4.25	GLAWION POCOHONTAS 18.0	ADKINS SUMMERS 17.10.5	BOXTER POCOHONTAS 17.9.5	WENDLING CHARLESTON CATH 17.9
DISCUS	J MAY INDY 146	CANGEMI LIBERTY 132.3	UNDERWOOD MT HOPE 129.3	CULP MT HOPE 128.3	POGH POCOHONTAS 126.4	C MAY INDY 119
3200M RUN	MCCOY WEBSTER 10.15.69	NALEY INDY 10.29	SHERIDAN CHARLESTON CATH 10.40	SANSON WEBSTER 10.55.08	ROARK PIKE VIEW 10.55.65	BLAIR CHARLESTON CATH 10.59
400M DASH	SBERRARO CHARLESTON CATH 51.96	SYARTSON SHADY SPRING 53.06	MARTIN WEST 53.82	SHEETS POCOHONTAS 54.48	FERRILL WEST 54.60	MCCOY WEBSTER 54.86
4X800M RELAY	CHARLESTON CATH 8.51	WEST 8.53	POCOHONTAS 9.04	SHADY SPRING 9.08	INDY 9.15	JAMES MONROE 9.35
100M DASH	LAWSON OAK HILL 11.31	TINCHER JAMES MONROE 11.35	WALSH JAMES MONROE 11.39	ELLIS LIBERTY 11.48	BURDETTE POCOHONTAS 12.09	KINCAID WEBSTER 12.10
SHOT PUT	CULP MT HOPE 44.5.50	NEWSON MT HOPE 42.10	J MAY INDY 42.5.50	UNDERWOOD MT HOPE 41.10.5	CANGEMI LIBERTY 39.7	LEWIS FAYETTEVILLE 38.10
HIGH JUMP	GRANT MT HOPE 5.8	TIE2-MCCOY WEBSTER 5.6	TIE2-LAWSON OAK HILL 5.6	TIE4-TWITTY FAYETTEVILLE 5.4	TIE4-SMITH WEBSTER 5.4	CARR POCOHONTAS 5.4
110M HIGH HURDLES	CRISHOLM SUMMERS 16.37	STOVER JAMES MONROE 16.57	ADKINS SUMMERS 16.57	SILUSKY SHADY SPRING 17.14	SMITH WEBSTER 17.18	BARBER SHADY SPRING 17.69
4X200M RELAY	LIBERTY 1.37.11	POCOHONTAS 1.37.81	OAK HILL 1.38.11	CHARLESTON CATH 1.38.75	MT HOPE 1.39.25	SHADY SPRING 1.39.29
1600M RUN	SKYLER WEBSTER 4.41.09	MAYLEY INDY 4.55.59	SHERIDAN CHARLESTON CATH 4.58	SANSON WEBSTER 5.04.34	LUCENTO SHADY SPRING 5.07	BLAIR CHARLESTON CATH 5.09
4X100M RELAY	POCOHONTAS 46.80	LIBERTY 47.08	CHARLESTON CATH 47.20	OAK HILL 47.54	SHADY SPRING 48.50	WEBSTER 48.60
800M RUN	SHERARD CHARLESTON CATH 2.04.83	MAYNBERLY CHARLESTON CATH 2.07.33	PETERS WEST 2.07.48	ROLES INDY 2.08.08	BISHOP INDY 2.18.99	REBINSKI POCOHONTAS 2.12.3
200M DASH	TINCHER JAMES MONROE	ELLIS LIBERTY	LAWSON OAK HILL	ROSE POCOHONTAS	FLACK BLUEFIELD	MARION MT HOPE