

WEST VIRGINIA ATHLETES

“CLINIC OF CHAMPIONS”

THE CAPERTON CENTER 501 W. MAIN ST. CLARKSBURG WV.
SATURDAY, FEBRUARY 28TH, 2004 9AM TO 3:30PM

MISSION/PURPOSE

Promote good health and confidence through athletic success among West Virginians by providing coaches, parents, and athletes with knowledge and skills needed to enhance performance in the following:

- ANY SPORT WHERE SPEED IS CRITICAL • DISTANCE RUNNING
 - TRACK & FIELD EVENTS • MENTAL PREPARATION
 - COACHING EFFICIENCY
- PLUS... DOOR PRIZES & SCHOLARSHIP INFO

SPEAKERS

MIKE MOSSER – 4 time All-American, National NCAA indoor champion @ 1000 yds. pro-track veteran member of the WV sports hall of fame.

ROD O'DONNELL – successful cross-country & track coach at both high school and college levels 2001 Ohio state champion team was ranked 4th in the nation.

KEITH KELLY – Top master sprinter 20 years coaching experience worked with many elite sprinters in Fla. And Ga.

ANDY PINTUS – WVU pole vault coach former Arkansas State star.

Special guests: **UNDRA JOHNSON AND CARL HATFIELD**

MAIL ENTRY TO: On The Run (clinic) 3207½ Emerson Ave., Parkersburg WV 26104

DIRECTIONS: Route 50 through Clarksburg to Chestnut Ave. Exit 2 lights South to Main.

IMPORTANT: Due to space . Entries will be limited to the first 150.

-----registration form-----

MAKE CHECK PAYABLE TO: RM Production

FEES: \$ 35 for Adults (coaching packet included) \$15 for students

NAME _____ e-mail _____

SCHOOL or CITY _____ phone _____