

# 5th Annual Coal River Classic

(Hosted by St. Albans High School)

**Location:** Meadowood Park - 292 Pettigrew Lane, Tornado, WV 25177

**Schedule:** **Middle School.....Tuesday, September 22nd, 2026**

Girls 3K - 4:30pm

Boys 3K - 5:00pm

Awards - 5:30pm

**High School.....Wednesday, September 23rd, 2026**

Girls 5K - 4:30pm

Boys 5K - 5:15pm

Awards - 6:00pm

*\*Since this is a AAAA and AAA regional site and there is limited space, additional HS races may be added if team interest is high.*



**Entry Fees:** \$60 per team **OR**  
\$110 for both a boys and a girls team **OR**  
\$15 per individual (for incomplete teams)

Checks should be made payable to **St. Albans High School - Cross Country** and can be turned in at check-in or mailed ahead of time to:  
St. Albans High School  
2100 Kanawha Terrace  
St. Albans, WV 25177

**Entries:** If you are interested in attending, please email [jmccclung@mail.kana.k12.wv.us](mailto:jmccclung@mail.kana.k12.wv.us) to reserve a spot for your team. Final entries should be submitted on Athletic.net by **Sunday, September 20th**. There is no limit on the amount of entries per team, but understand that your team (regardless of size) will be limited to one assigned starting box.

**Timing & Results:** Appalachian Timing Group will be providing chip-timing for the meet. Results and photos will be posted at [APTiming.com](http://APTiming.com) after the meet.

**Awards:** Medals for the Top-20 individuals in each race  
Plaques for the Top 3 teams in each race

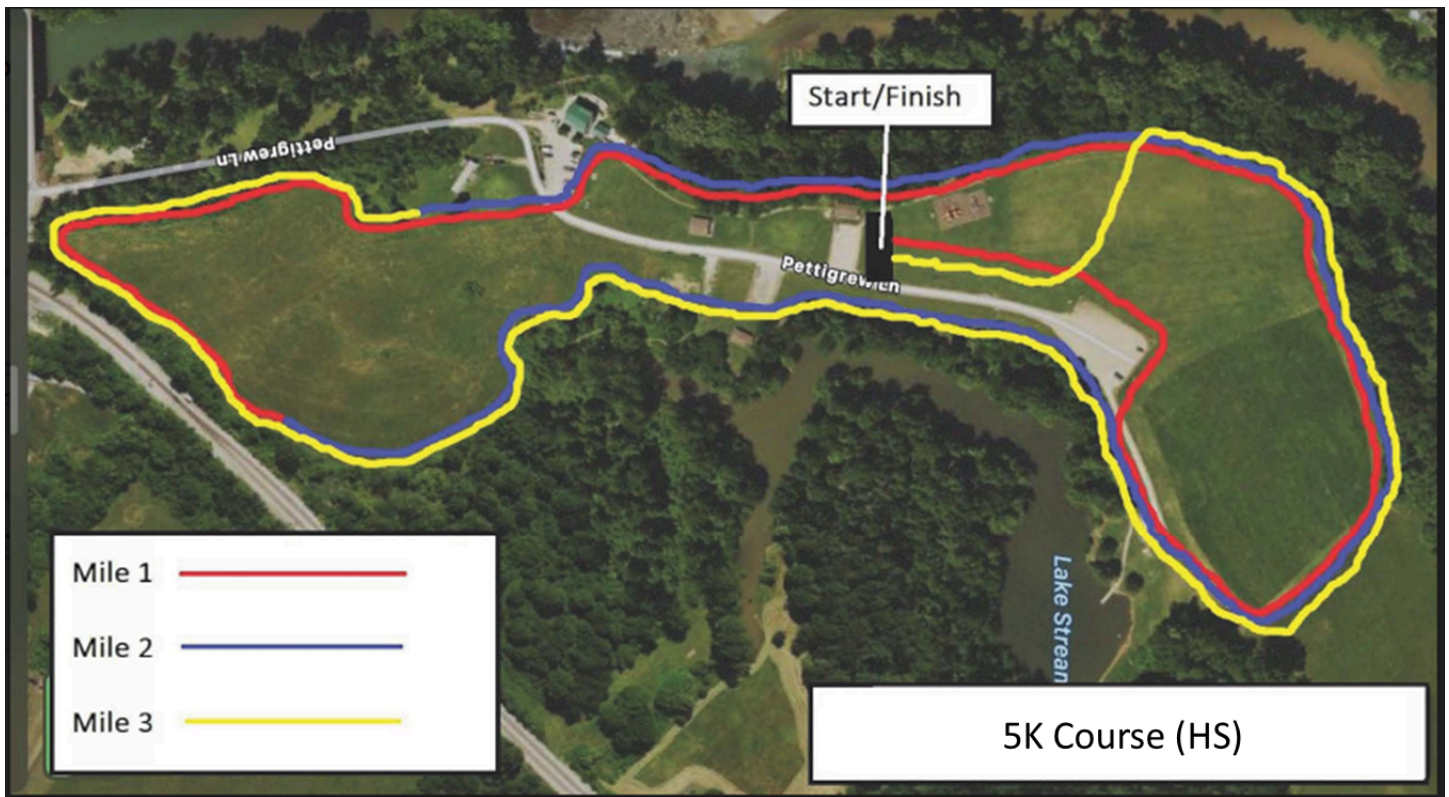
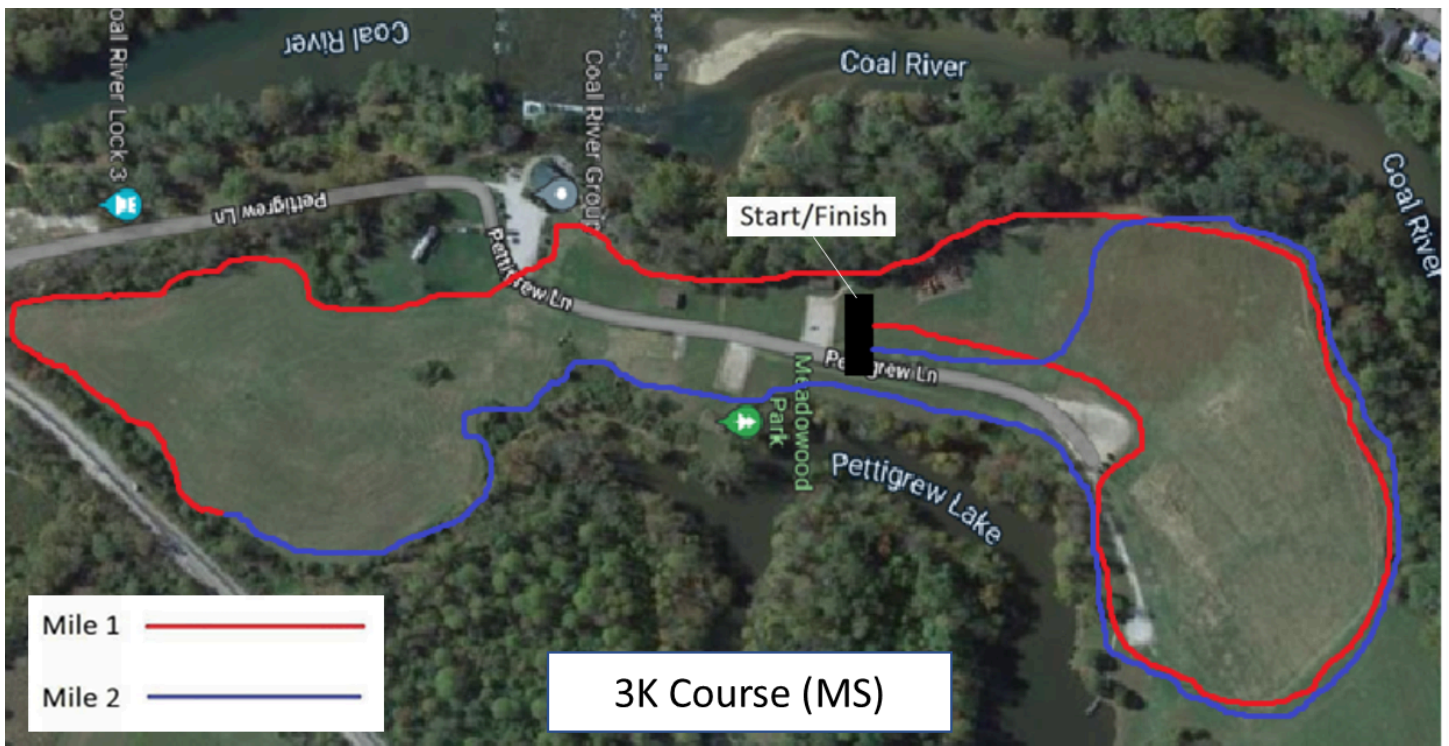
**Parking:** There will be a \$5 admission fee per car for spectators. **Carpooling is encouraged.** Volunteers will be assisting with parking. There will also be a designated area for handicap and coaches parking. Refer to the parking map that will be included in the pre-meet notes for more information.

**Team Tents:** There will be a designated area behind the starting line where teams can set up their tents.

**Check-In:** Coaches can pick up their team packets containing bib numbers and course maps upon arrival at the red check-in tent near the starting line. **Please return any unused bibs back to this tent.** Athletes should report to the starting line at least 10 minutes prior to the start of their race to check-in with the official.

**Course:** This is a looped course, run almost entirely on grass, with a very brief road crossing. There is a ~300m gradual hill about  $\frac{3}{4}$  mile into the race, which runners will climb once on the middle school course and twice on the high school course. Outside of that, this is a relatively flat and fast course. It's very spectator and coaching friendly!

**Course Records:** MS Girls 3K - **10:35.5** (set by Maysen Fletcher of Elkview on 10/10/23)  
MS Boys 3K - **10:12.8** (set by Trace Marshall of Winfield on 9/21/22)  
HS Girls 5K - **17:32.8** (set by Maysen Fletcher of Herbert Hoover on 10/16/25)  
HS Boys 5K - **16:06.3** (set by Peter Basdekis of Charleston Catholic on 10/16/25)



We look forward to welcoming you back to Meadowood Park! Please reach out to St. Albans Head Coach, Josh McClung at **304-993-9329** or [jmcclung@mail.kana.k12.wv.us](mailto:jmcclung@mail.kana.k12.wv.us) with any questions.