



2025 Schedule

| <u>Date</u> | <u>Time</u> | <u>Name of Meet</u> | <u>Location</u> |
|-------------------|-------------|---|-------------------------------------|
| Sat. August 23 | 8:30 pm | Knight Night Relays | Preston HS, Kingwood WV |
| Sat. August 30 | 7:20 pm | Midland XC Festival | Cabell Midland HS, Ona WV |
| Sat. Sept 6 | 9:30 am | Red, White & Blue Invitational | White Oak Park, White Oak PA |
| Sat. Sept 13 | 11:00 am | Apple Valley Invitational | Apple Valley GC, Fairmont WV |
| Sat. Sept 27 | 10:00 am | MSFF Jack & Jill Relays (Co-ed) | Camp Pioneer, Beverly WV |
| Sat. Oct 4 | 10:00 am | OVAC Championships | Cambridge HS, Cambridge OH |
| * Sat. Oct. 11 | 11:30 am | Manhattan XC Invite (Varsity + 7 JV) | Van Cortlandt Park, The Bronx NY |
| # Sat. Oct 25 | 11:00 am | AAAA North Region Championship | Preston HS, Kingwood WV |
| * # Sat. Nov 1 | 9:00 am | WVSSAC State Championships | Cabell Midland HS, Ona WV |
| PS - Sat. Nov. 15 | 5:00 pm | Night of 3200's Hosted by MHS | Mylan Park Track, Morgantown WV |
| PS - Sat. Nov 22 | 8:25 am | Nike Cross Regionals (NXRSE) | WakeMed Park, Cary NC |
| PS - Sat. Dec 6 | 10:05 am | Nike Cross Nationals (NXN) (Must qualify at NXRSE) | Glendoveer Golf Course, Portland OR |

* Overnight Trip

Varsity Only

PS - Post Season Meets are optional, not WVSSAC-stationed events or official MHS competitions. All post-season meets will be MHS Cross Country FLEX days, and coaches will be present.