Riverside High School's Cornfield Crawl Invitational

Hosted by Riverside High School

Saturday August 23rd 2025

You and your teams are invited to compete at Riverside's First Annual Cross Country Meet, The Cornfield Crawl Invitational. The meet is designed for runners to have a great time and a smooth first meet of the season. The course is designed with PR's in mind, so your athletes will be excited to know that there is only 44 feet of elevation change total on the course. We will have Scooby Snacks on site as well as a traditional concession stand.

Directions to Course: Go to 1 Warrior Way, Belle, WV 25015 (right outside of Charleston, just off I-64) and look Buses can drop off in the circle in the athlete entrance but will park offsite; all spectators need to park at Riverside and go through one of two entry gates to the course, both will be marked on a course map that will be posted soon.

Course Type/Surface: Very flat grass and packed dirt on the perimeter of a working farm, two lap course with very little elevation change. Shoe chip timing will be used and we ask that you return those.

Course Map (attached or linked): will provide course maps once finalized.

Schedule of Events

Race Events as Follows: (all times are subject to race finishes)

8 AM: Course Tour
10:00 AM: Boys High School 5k
10:50 AM: Girls' High School 5k
11:40 AM: High School Awards, Top 10 medals and 1st Place Team Trophy
12:00 AM: Middle School Boys 2 Mile
12:30 AM: Middle School Girls' 2 Mile
1:15 AM: Middle School Awards, Top 10 medals and 1st Place Team Trophy

Coaches Meeting (Time & Location): Starting Line at 9:15

Entry Information: \$150 per school (both genders) or \$80 for one male or female team. Individual Entries are \$15. Please bring your team's check to the meet and make it payable to "Riverside High School Boosters:" and on the memo line "Cross Country". Awards will be Top 10 Individuals and Team Champion for each race. Entry Deadline: August 20th, Online Registration is on <u>Athletic.net</u>, timing will be done courtesy of New River Timing, chips will be used.

Results will be posted on <u>Athletic.net</u> following the meet. Rules & Regulations will be according to NFHS guidelines

Spectator Information: Cost to get in for each individual is \$5 as you enter the circle before you park.

Spectator Areas & Restrictions: *Spectators cannot for any reason go into the course,* it is a working farm and we use the property at the farmers' discretion.

Concessions & Restroom Locations: Concessions will be at the Softball Field as well as the restrooms.

Contact Information: Meet Director is Paul Coon

Prior to the meet you can contact Coach Boggess at: <u>Ifboggess@gmail.com</u> or 304-348-1996 ext. 111.

T-Shirts will be for sale as well as Scooby's Icy Treats.

School Tent Location is in the Softball Outfield close to the start/finish line of the meet.

More information will be posted to keep you updated.