

53rd Annual “Patty Forgey”

University of Rio Grande

High School Cross Country Invitational

Meet Information

September 21, 2024

ENTRY FEES:

Individual Entry Fee (schools without teams) \$10 per person

All teams are \$25 per team per gender max \$100 per district for MS Girls, MS Boys, HS Girls, and HS Boys (4 teams x \$25 = \$100)

1. If you have not paid your entry fee please do so today at the registration tent.
2. Teams should be at the starting line 10 minutes prior to the start of the race.
3. Please make sure your runners' chip is attached to their shoe. No chip = no time!
4. Make sure the correct chip goes with the correct athlete.
5. Please tell your runners that once they cross the finish line that they need to keep moving through the chute.
6. Terry Young is here to take care of our timing today. Make sure to return all the chips at the end of the race to make sure that you are not charged for the cost of chips.
7. There will be an awards ceremony after each race. The top 15 runners in each race will receive trophies. Team trophies will be awarded to the top 3 teams in each race.
8. Results will be posted near the registration tent. The results will be available on <https://seotiming.com/>
9. Have a great race!!





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Race Schedule

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10:00am	High School Girls	5000m
10:40am	High School Boys	5000m
11:20am	Middle School Girls	3200m
11:55am	Middle School Boys	3200m
12:30	Elementary Race Coed.	1600m