

**TROJAN TROT MS INVITATIONAL**

Morgantown, WV

St. Francis Central Catholic School

Wednesday, October 9, 2024

**MEET OFFICIALS****Meet Director:**

Desiree Poach

**Meet Referee:**

Dave Hickman

**Timing:**

Michael Smith, mountaintiming.com

**OFFICIAL MEET REPORT**

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**Race #1**  
**Girls Varsity 3K****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Suncrest	46	6-8-9-11-12(13)(14)	1:19:40	15:56	1:06.4
2 St. Francis Central Catholic	50	2-4-7-17-20(22)(27)	1:19:59	16:00	2:30.3
3 Mountaineer (Morgantown)	55	1-5-15-16-18(21)(23)	1:21:02	16:13	2:12.1
4 West Fairmont	81	3-10-19-24-25(26)(28)	1:26:02	17:13	3:56.9
DNP Westwood					
DNP Trinity Christian					

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km
1 MAHLE, Kalli	7	411	Mountaineer (Morg)	1	14:51.4	---	7:59.2	4:57.1
2 TAGER, Mikayla	8	426	St. Francis Central	2	14:55.3	3.9	8:01.3	4:58.4
3 ZUCHELLI, Sienna	8	468	West Fairmont (1)	3	15:03.1	11.7	8:05.5	5:01.0
4 DUNN, Sophie	8	422	St. Francis Central	4	15:10.5	19.1	8:09.5	5:03.5
5 STRAGER, Ellery	7	418	Mountaineer (Morg)	5	15:22.4	31.0	8:15.9	5:07.4
6 YOUNG, Addison	7	456	Suncrest (1)	6	15:28.1	36.7	8:19.0	5:09.4
7 MUNDELL, Lillian	8	424	St. Francis Central	7	15:28.5	37.1	8:19.2	5:09.5
8 DENES, Hajnalka	6	436	Suncrest (2)	8	15:31.1	39.7	8:20.6	5:10.4
9 HALEY, Lyla	8	441	Suncrest (3)	9	15:31.7	40.3	8:20.9	5:10.5
10 VALENTINE, Daniela	6	465	West Fairmont (2)	10	16:08.0	1:15.6	8:40.4	5:22.6
11 MCGOUGH, Morgan	8	449	Suncrest (4)	11	16:34.5	1:43.1	8:54.6	5:31.5
12 DU, Laura	7	437	Suncrest (5)	12	16:34.5	1:43.1	8:54.7	5:31.5
13 XU, Xinin	6	454	Suncrest (6)	(13)	16:40.4	1:49.0	8:57.8	5:33.5
14 CHEN, Rebecca	6	430	Suncrest (7)	(14)	16:49.4	1:58.0	9:02.7	5:36.5
15 ROBERTS, Arin	7	415	Mountaineer (Morg)	15	16:50.9	1:59.5	9:03.4	5:36.9
16 DENNE, Maggie	6	409	Mountaineer (Morg)	16	16:53.4	2:02.0	9:04.8	5:37.8
17 CLARK, Rory	6	434	Suncrest	-	16:55.0	2:02.6	9:05.6	5:38.3
18 BIUNDO, Ava	7	419	St. Francis Central	17	16:59.0	2:06.6	9:07.8	5:39.7
19 GU, Emily	8	440	Suncrest	-	17:00.7	2:09.3	9:08.7	5:40.2
20 ROBERTS, Ali	7	414	Mountaineer (Morg)	18	17:03.4	2:12.0	9:10.2	5:41.1
21 FOUT, Zoey	8	460	West Fairmont (3)	19	17:07.6	2:16.2	9:12.4	5:42.5
22 ZINN, Riya	7	457	Suncrest	-	17:08.0	2:15.6	9:12.7	5:42.7
23 ROGERS, Kera	8	425	St. Francis Central	20	17:25.6	2:34.2	9:22.1	5:48.5
24 GUILFOOSE, Fiona	7	410	Mountaineer (Morg)	(21)	17:38.0	2:45.6	9:28.8	5:52.7
25 FRASER, Mary	6	458	Trinity Christian	-	17:41.7	2:50.3	9:30.8	5:53.9
26 CORLEY, Brooke	8	435	Suncrest	-	17:49.9	2:58.5	9:35.2	5:56.6
27 BOZEK, Caroline	7	420	St. Francis Central	(22)	17:54.4	3:03.0	9:37.6	5:58.1
28 STEWART, Isabelle	7	417	Mountaineer (Morg)	(23)	18:41.2	3:49.8	10:02.8	6:13.7
29 STILES, Marleigh	7	463	West Fairmont (4)	24	18:43.2	3:51.8	10:03.9	6:14.4
30 ARTIMEZ, Avery	7	408	Mountaineer (Morg)	-	18:55.0	4:02.6	10:10.2	6:18.3
31 RUTH, Ayslynn	6	470	Westwood	-	18:57.8	4:06.4	10:11.7	6:19.3
32 WATSON, Jenna	8	466	West Fairmont (5)	25	18:59.9	4:08.5	10:12.8	6:20.0
33 STIVERS, Risha	8	464	West Fairmont (6)	(26)	19:00.3	4:08.9	10:13.0	6:20.1
34 HALL, Halie	8	442	Suncrest	-	19:26.0	4:33.6	10:26.8	6:28.6
35 HU, Gloria	8	443	Suncrest	-	19:34.1	4:42.7	10:31.2	6:31.3
36 GOLDSMITH, Isabella	8	459	Trinity Christian	-	19:46.4	4:55.0	10:37.8	6:35.4

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**Race #1**  
**Girls Varsity 3K****Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>#</b>	<b>Team (Team Place)</b>	<b>Score</b>	<b>Time</b>	<b>Gap</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
37 GALVEZ-TOLIA, Ana	8	423	St. Francis Central	(27)	20:18.1	5:26.7	10:54.9	6:46.0
38 FRIEMAN, Margo	7	438	Suncrest	-	21:34.0	6:41.6	11:35.7	7:11.3
39 CARR, Allison	8	429	Suncrest	-	21:37.6	6:46.2	11:37.6	7:12.5
40 KUPEC, Claire	7	447	Suncrest	-	21:46.2	6:54.8	11:42.2	7:15.4
41 PRICE, Emma	8	453	Suncrest	-	21:48.1	6:56.7	11:43.3	7:16.0
42 SHEPLER, Eva	6	416	Mountaineer (Morg)	-	22:04.4	7:13.0	11:52.0	7:21.4
43 AGKADI, Asisrara	7	428	Suncrest	-	22:19.0	7:26.6	11:59.9	7:26.3
44 CHOE, Skye	6	432	Suncrest	-	22:53.8	8:02.4	12:18.6	7:37.9
45 CHESSLO, Evelyn	7	431	Suncrest	-	23:15.6	8:24.2	12:30.3	7:45.2
46 ZIMMERMAN, Nadia	6	467	West Fairmont (7)	(28)	23:20.6	8:29.2	12:33.0	7:46.8
47 NICHOLSON, Aubree	8	462	West Fairmont	-	23:23.8	8:32.4	12:34.7	7:47.9
48 MYERS, Andelyn	5	451	Suncrest	-	23:28.0	8:35.6	12:37.0	7:49.3
49 JONES, Adalyn	8	444	Suncrest	-	23:58.4	9:07.0	12:53.3	7:59.5
50 ABBAS, Zahra	7	427	Suncrest	-	23:59.2	9:07.8	12:53.7	7:59.7
51 LEWIS, Allana	7	448	Suncrest	-	23:59.3	9:07.9	12:53.8	7:59.7
52 GRIFFIN, Olivia	8	439	Suncrest	-	24:19.3	9:27.9	13:04.5	8:06.4
53 CHRONISTER, Netia	7	433	Suncrest	-	24:38.1	9:46.7	13:14.7	8:12.7
54 WEST, Layla	6	471	Westwood	-	25:45.4	10:54.0	13:50.9	8:35.1
55 YAKOVENKO, Sophia	6	455	Suncrest	-	28:44.4	13:53.0	15:27.1	9:34.8

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St. Francis Central Catholic School

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**Meet Referee:**

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**Timing:**

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**Race #2**  
**Boys Varsity 3K****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 St. Francis Central Catholic	31	1-3-6-9-12(14)(15)	1:05:02	13:01	1:44.2
2 Mountaineer (Morgantown)	37	4-5-7-8-13(21)(28)	1:06:10	13:14	0:58.5
3 Suncrest	62	2-10-11-19-20(22)(23)	1:08:44	13:45	2:32.9
4 West Fairmont	100	16-17-18-24-25(26)(27)	1:14:34	14:55	1:00.9
DNP Trinity Christian					
DNP Westwood					

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. km
1 BALDWIN, Channing	8	539	Trinity Christian	-	11:51.0	---	6:22.2	3:57.0
2 BARTLETT, Reed	8	492	St. Francis Central	1	12:03.5	13.5	6:28.9	4:01.1
3 MONTORO, Hank	7	526	Suncrest (1)	2	12:10.4	20.4	6:32.7	4:03.5
4 HANCOX, Benjamin	8	543	Trinity Christian	-	12:20.7	30.7	6:38.2	4:06.9
5 KERZAK, Trent	8	506	St. Francis Central	3	12:47.5	57.5	6:52.6	4:15.8
6 CLEMMER, Trevor	8	474	Mountaineer (Morg)	4	12:51.3	1:01.3	6:54.6	4:17.1
7 FORST, Devin	7	476	Mountaineer (Morg)	5	12:58.7	1:08.7	6:58.6	4:19.5
8 GAINER, Grayson	6	503	St. Francis Central	6	13:04.0	1:13.0	7:01.5	4:21.3
9 WANNEMACHER, Blake	7	488	Mountaineer (Morg)	7	13:13.6	1:23.6	7:06.6	4:24.5
10 GRANT, Matthew	7	477	Mountaineer (Morg)	8	13:16.7	1:26.7	7:08.3	4:25.5
11 CASTILLO, Conner	8	498	St. Francis Central	9	13:19.7	1:29.7	7:09.9	4:26.5
12 WHOOLERY, Philip	8	535	Suncrest (2)	10	13:34.9	1:44.9	7:18.1	4:31.6
13 YOON, Eric	8	537	Suncrest (3)	11	13:35.2	1:45.2	7:18.3	4:31.7
14 GRIGSBY, Andrew	6	505	St. Francis Central	12	13:47.6	1:57.6	7:24.9	4:35.9
15 MODECKI, Aaron	8	485	Mountaineer (Morg)	13	13:49.7	1:59.7	7:26.1	4:36.6
16 MAJOR, Timmy	8	510	St. Francis Central (14)		14:00.3	2:10.3	7:31.7	4:40.1
17 LEMLEY, Camden	6	507	St. Francis Central (15)		14:06.1	2:16.1	7:34.9	4:42.0
18 RANSON, Thomas	8	557	West Fairmont (1)	16	14:27.9	2:37.9	7:46.6	4:49.3
19 CURRY, Mason	8	549	West Fairmont (2)	17	14:33.3	2:43.3	7:49.5	4:51.1
20 GILLESPIE, Kento	8	552	West Fairmont (3)	18	14:38.8	2:48.8	7:52.4	4:52.9
21 PORTER, Chase	8	529	Suncrest (4)	19	14:40.3	2:50.3	7:53.3	4:53.4
22 TOLKA, Shepard	8	534	Suncrest (5)	20	14:43.3	2:53.3	7:54.9	4:54.4
23 DAVIS, Miles	8	475	Mountaineer (Morg) (21)		15:02.3	3:12.3	8:05.1	5:00.8
24 WRIGHT, Jimmy	6	536	Suncrest (6)	(22)	15:03.5	3:13.5	8:05.7	5:01.2
25 KIJIMOTO, Akiya	8	522	Suncrest (7)	(23)	15:04.3	3:14.3	8:06.2	5:01.4
26 DAVIS, Parker	6	550	West Fairmont (4)	24	15:25.5	3:35.5	8:17.5	5:08.5
27 CURRY, Colin	7	548	West Fairmont (5)	25	15:28.7	3:38.7	8:19.3	5:09.6
28 ROHALY, Rio	7	558	West Fairmont (6)	(26)	15:30.1	3:40.1	8:20.0	5:10.0
29 CHILDERS, Nate	7	546	West Fairmont (7)	(27)	16:26.5	4:36.5	8:50.4	5:28.8
30 KELLER, Kase	8	479	Mountaineer (Morg) (28)		17:30.4	5:40.4	9:24.7	5:50.1
31 ELLIOTT, Noah	6	542	Trinity Christian	-	18:58.7	7:08.7	10:12.2	6:19.6
32 HENDERSON, Brayden	8	564	Westwood	-	19:35.9	7:45.9	10:32.2	6:32.0
33 HILLING, Braylon	8	565	Westwood	-	19:40.1	7:50.1	10:34.4	6:33.3
34 GRAMMAR, Leo	8	563	Westwood	-	19:44.2	7:54.2	10:36.6	6:34.7
35 BROWN, Ty	7	540	Trinity Christian	-	19:57.2	8:07.2	10:43.7	6:39.1

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**Meet Director:**  
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**Meet Referee:**  
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**Timing:**  
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**Race #4**  
**Boys Junior Varsity 3K**

**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 St. Francis Central Catholic	22	1-2-3-6-10(11)(13)	1:16:00	15:12	1:31.2
2 Suncrest	52	5-8-9-14-16(17)(20)	1:19:39	15:56	1:05.5
3 Mountaineer (Morgantown)	74	4-12-15-21-22(25)(26)	1:21:46	16:22	1:54.5
4 West Fairmont	91	7-18-19-23-24(27)(28)	1:24:00	16:48	1:54.8

**INDIVIDUAL RESULTS**

Athlete	YR	#	Team (Team Place)	Score	Time	Gap	Avg. Mile	Avg. kM
1 BIANCO, Clay	8	493	St. Francis Central	1	14:20.0	---	7:42.4	4:46.7
2 WALLACE, Landon	8	513	St. Francis Central	2	15:06.1	47.1	8:07.1	5:02.0
3 COVICH, Keenan	7	501	St. Francis Central	3	15:09.4	50.4	8:08.9	5:03.1
4 ARROYO-TREJOS, Anthony	8	472	Mountaineer (Morg)	4	15:16.8	57.8	8:12.9	5:05.6
5 HUFF, Belian	7	520	Suncrest (1)	5	15:26.5	1:07.5	8:18.1	5:08.8
6 GEIST, Carter	8	504	St. Francis Central	6	15:32.6	1:13.6	8:21.4	5:10.9
7 TEMRKAN, Yerlay	8	560	West Fairmont (1)	7	15:33.8	1:14.8	8:22.0	5:11.2
8 HOUDE, Aidan	8	518	Suncrest (2)	8	15:44.4	1:25.4	8:27.7	5:14.8
9 LOWE, Jesse	6	523	Suncrest (3)	9	15:50.9	1:31.9	8:31.2	5:16.9
10 BRAMER, Lucas	6	496	St. Francis Central	10	15:51.2	1:32.2	8:31.4	5:17.0
11 COLLIGAN, Eli	6	499	St. Francis Central	(11)	15:54.8	1:35.8	8:33.3	5:18.2
12 BARKHURST, Caleb	7	473	Mountaineer (Morg)	12	15:56.5	1:37.5	8:34.2	5:18.8
13 MAJOR, Greg	7	509	St. Francis Central	(13)	16:04.0	1:44.0	8:38.3	5:21.3
14 STREET, Austin	7	533	Suncrest (4)	14	16:05.2	1:46.2	8:38.9	5:21.7
15 KINDER, Sutton	7	481	Mountaineer (Morg)	15	16:12.9	1:53.9	8:43.0	5:24.3
16 HEADY, Milo	8	517	Suncrest (5)	16	16:32.0	2:12.0	8:53.3	5:30.6
17 STOVER, John	6	532	Suncrest (6)	(17)	16:37.2	2:18.2	8:56.1	5:32.4
18 NICHOLSON, Bryant	6	556	West Fairmont (2)	18	16:48.7	2:29.7	9:02.3	5:36.2
19 WELLS, Jacob	8	561	West Fairmont (3)	19	16:49.9	2:30.9	9:03.0	5:36.6
20 MILLER, Luke	8	525	Suncrest (7)	(20)	16:51.1	2:32.1	9:03.6	5:37.0
21 HEIS, Nick	7	478	Mountaineer (Morg)	21	17:08.3	2:49.3	9:12.8	5:42.7
22 MONSEAU, Mason	7	486	Mountaineer (Morg)	22	17:11.2	2:52.2	9:14.4	5:43.7
23 MOORE, Grant	6	527	Suncrest	-	17:15.6	2:56.6	9:16.8	5:45.2
24 MCMILLIAN, Connor	6	524	Suncrest	-	17:18.1	2:59.1	9:18.1	5:46.0
25 LUPTON, Braxton	6	555	West Fairmont (4)	23	17:19.2	3:00.2	9:18.7	5:46.4
26 JORDAN, Dexter	6	521	Suncrest	-	17:25.1	3:06.1	9:21.9	5:48.4
27 DYSON, Max	6	551	West Fairmont (5)	24	17:28.5	3:09.5	9:23.7	5:49.5
28 FULLER, Silas	7	502	St. Francis Central	-	17:33.2	3:14.2	9:26.2	5:51.0
29 HAYES, Grant	7	516	Suncrest	-	17:41.7	3:22.7	9:30.8	5:53.9
30 ROTA, Isaac	6	530	Suncrest	-	18:23.3	4:04.3	9:53.1	6:07.7
31 LISLE, Emory	6	483	Mountaineer (Morg)	(25)	18:42.6	4:23.6	10:03.5	6:14.2
32 CASSIM, Nadal	6	497	St. Francis Central	-	18:51.4	4:32.4	10:08.2	6:17.1
33 HOUDE, Asher	6	519	Suncrest	-	19:12.6	4:53.6	10:19.6	6:24.2
34 WILLIAM, Joseph	7	491	Mountaineer (Morg)	(26)	19:13.2	4:54.2	10:20.0	6:24.4
35 STOVER, James	8	531	Suncrest	-	19:14.4	4:55.4	10:20.6	6:24.8
36 LEMASTERS, Isaac	7	482	Mountaineer (Morg)	-	19:15.9	4:56.9	10:21.4	6:25.3
37 NOLAN, Evan	7	511	St. Francis Central	-	19:17.7	4:58.7	10:22.4	6:25.9
38 KNISLEY, Trevor	7	553	West Fairmont (6)	(27)	19:19.8	5:00.8	10:23.5	6:26.6
39 GARCIA, Jack	6	515	Suncrest	-	19:34.0	5:14.0	10:31.2	6:31.3

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**Race #4**  
**Boys Junior Varsity 3K****Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>YR</b>	<b>#</b>	<b>Team (Team Place)</b>	<b>Score</b>	<b>Time</b>	<b>Gap</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
40 WHITE, Luke	7	489	Mountaineer (Morg)	-	20:30.9	6:11.9	11:01.8	6:50.3
41 BOZEK, John	6	494	St. Francis Central	-	20:58.0	6:38.0	11:16.3	6:59.3
42 BRAMMER, Mars	6	544	West Fairmont (7)	(28)	21:19.3	7:00.3	11:27.8	7:06.4
43 LUCAS, Jackson		484	Mountaineer (Morg)	-	21:22.3	7:03.3	11:29.4	7:07.4
44 COOK, Ben	6	500	St. Francis Central	-	22:34.4	8:15.4	12:08.2	7:31.5
45 WILLIAM, Andrew	6	490	Mountaineer (Morg)	-	22:34.8	8:15.8	12:08.4	7:31.6
46 KENNEDY, Anderson	6	480	Mountaineer (Morg)	-	25:11.0	10:51.0	13:32.3	8:23.6